

SAUCON VALLEY SHS

Breakfast (Regular), October - 2026 - Grade: 09

			1 Thursday	2 Friday
			ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz
5 Monday	6 Tuesday	7 Wednesday	8 Thursday	9 Friday
ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz
12 Monday	13 Tuesday	14 Wednesday	15 Thursday	16 Friday
	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Cinnamon Roll • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz	ENTREES • Gogurt • String Cheese • Yogurt, Classic Vanilla, 4 oz • Yogurt, Strawberry Banana, 4 oz

SAUCON VALLEY SHS

Lunch (Regular), October - 2026 - Grade: 09

			1 Thursday ENTREES - Dutch Waffle, Sausage w/ Syrup - MS/HS - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS	2 Friday ENTREES - Baked Ziti with beef crumbles - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS
5 Monday ENTREES - Chicken Nuggets - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS	6 Tuesday ENTREES - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Walking Taco - HS - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS	7 Wednesday ENTREES - French Toast Sticks & Sausage w/ Syrup - MS/HS - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS	8 Thursday ENTREES - Bacon Cheeseburger - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS	9 Friday ENTREES - Chicken Parm Sandwich - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich - Yogurt, Peach w/ Granola - HS - Yogurt, Strawberry Banana w/ Granola- HS
12 Monday	13 Tuesday ENTREES - Nacho Bar - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread	14 Wednesday ENTREES - General Tso's Chicken - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich	15 Thursday ENTREES - Lemon Herb chicken - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread - Popcorn Chicken, Dark w/ Cornbread - Spicy Chicken Patty Sandwich	16 Friday ENTREES - Grilled Cheese Sandwich on WG Bread - PC Chicken Salad Meal - Pepperoni Pizza, MMA, WG - Pizza, Big Daddy - Pizza, Buffalo Chicken - Popcorn Chicken W/D w/ Cornbread

	• Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	• Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	• Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	• Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS
19 Monday	20 Tuesday	21 Wednesday	22 Thursday	23 Friday
ENTREES • Hot Dog on Bun • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken Bowl, Dark Meat • Popcorn Chicken Bowl, White & Dark • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • Pasta, Spaghetti w/ Meat Sauce • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • Chicken Ranch Wrap w/Cheese, SV, MMA, WG • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Walking Taco - HS • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS
26 Monday	27 Tuesday	28 Wednesday	29 Thursday	30 Friday
ENTREES • Bosco Sticks w/ Meat Sauce • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • Corn Dogs, Mini • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • Breaded Chicken Patty Sandwich • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • Mac and Cheese, Homemade • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS	ENTREES • French Bread Pizza • PC Chicken Salad Meal • Pepperoni Pizza, MMA, WG • Pizza, Big Daddy • Pizza, Buffalo Chicken • Popcorn Chicken W/D w/ Cornbread • Popcorn Chicken, Dark w/ Cornbread • Spicy Chicken Patty Sandwich • Yogurt, Peach w/ Granola - HS • Yogurt, Strawberry Banana w/ Granola- HS