

TechNewsletter

Technology plays an important role in how our students learn, create, and stay connected each day. Through this newsletter, we'll share helpful tips, safety reminders, and important updates to keep families informed and confident about the tools students use at school. Our goal is simple: safe, responsible, and effective technology that supports learning while protecting both students and school resources.

October is Cybersecurity Awareness Month



Password Safety

Stop Online Crime with Strong Passwords Video

KEEP YOUR ACCOUNTS SAFE WITH
STRONG PASSWORDS
AND PASSWORD MANAGERS

First line of defense against attackers:

- Never share your passwords.
- Be careful when speaking passwords aloud.
- Try to avoid writing passwords down.
- Use different passwords for your bank account and your email or social networking accounts.
- A strong password incorporates a combination of letters (lowercase and uppercase), numbers, symbols, and punctuation marks.
- Use at least 8 characters.

A good way to make a strong password is to put 3 words together, and change some of the letters in the words to symbols and/or numbers to make non-real words. You can also capitalize the first letter in some or all of the words.

Password Example

pizzacatblue could become Plzz@C@tBlue. A password such as this becomes much stronger and one that can be remembered by the user.

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Practical Tips & District Goals from BTS EdTech & AI Committee

Parent Access

Parents can monitor assignments and grades through our district's parent portal

Genesis Parent Portal



Payschools

Parents can use payschools to pay for athletics, clubs, and to manage lunch accounts

Friday Folders

The Friday Folder is BTS's centralized weekly hub for school updates & community events!
Make sure to Subscribe to receive the updates

Subscribe



ChromeBook Care

Simple care helps us reduce repair costs and keeps devices available for learning

Please Remind Students to:

- Always carry your Chromebook with the lid closed and both hands supporting the base, never by the open screen
- Charge their device every night
- Carry their chromebook in a protective case
- Avoid having food and drinks around the chromebook
- Do not leave your chromebook in hot cars, direct sunlight, or freezing conditions
- Turn off your chromebook completely before starting any cleaning routine



Need Help?

For device issues or login problems, students should report concerns to their teacher first or submit a Tech Ticket Form

Take time to explore our District Goals.



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Healthy Tech Habits

Healthy Tech Habits: How to Find Balance in the Digital Age



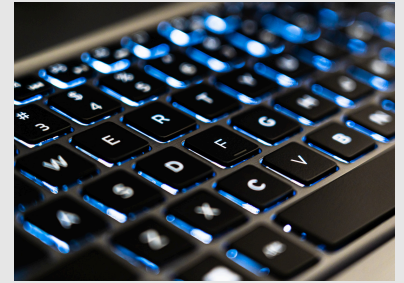
As technology continues to be an integral part of young people's lives, teaching kids healthy digital habits is crucial.

- Encourage offline hobbies and activities to balance screen time
- Set device curfews, (no phones at the dinner table or after a set time to use)
- Designate tech-free zones at home
- Turn off distracting notifications and apps
- Remind them to take regular screen breaks



Unplugging from technology and achieving digital wellness often starts with implementing practical strategies to limit daily screen time.

- Use time limits
- Try An App Blocker
- Do A Social Media Fast
- Digital Detox
- No screens before bed
- Charge phone outside bedroom
- Schedule do-not-disturb hours
- Take hourly movement breaks
- Practice mindful usage



Being more mindful and intentional with technology use is key to digital wellness. This involves developing awareness around habits and reflecting on how device usage makes you feel.

- Be Present
- Practice One-Tasking
- Turn Off Notifications
- Avoid Doomscrolling