

Community Services & Resources



The following

services and resources are not affiliated with the St. Tammany Parish Public School System.

Revised 01.18.2023

Crisis Resources

Dial or text 988 or chat 988lifeline.org Suicide & Crisis Lifeline 24/7

<u>Disaster Distress Helpline</u> The Disaster Distress Helpline (DDH) provides crisis counseling and support for anyone in the U.S. experiencing distress or other behavioral health concerns related to any natural or human-caused disaster, including public health emergencies.	Call 1-800-985-5990 or text TalkWithUs to 66746
<u>Crisis Text Line</u> Crisis Text Line provides free, text-based support 24/7. You'll be connected to a trained Crisis Counselor.	Text HOME to 741741

Community Action Agency (CAA) Programs

Community Resource Guide found at: www.stpgov.org/caa

Financial Hardship - When financial hardship occurs, due to unforeseen circumstances, there are agencies and services that may be able to help. Listed below are programs offered by the Community Action Agency. All programs are subject to eligibility requirements and funding availability. Income guidelines are set annually by

the Federal Government.

Covington Slidell

1301 North Florida Street 520 Old Spanish Trail – 3C

Phone: 985-893-3923 Phone: 985-646-2090

Fax: 985-875-3025 Fax: 985-643-5843

ATMOS Share the Warmth – Energy assistance for ATMOS customers in danger of service disconnection. Customers needing solutions to keep up with their monthly natural gas expenses are encouraged to contact ATMOS Energy’s customer service team at 888.286.6700 or visit the account center at <https://www.atmosenergy.com/accountcenter/login/login.html>.

CLECO Care – 25% (fuel portion only) discount for CLECO customers for the months of June, July and August. Must apply annually between October and May.
Contact local CAA offices – Covington (985-893-3923) or Slidell (985-646-2090)

Weatherization Assistance Program (WAP) – Assistance to improve the energy efficiency of homes of income eligible families. Typical work may include air sealing, attic insulation and weather-stripping. Priority is given to households with members who are:

- Elderly
- Disabled
- Have children under the age of 5

Weatherization Assistance for residents of St. Tammany Parish is administered through Quad Area Community Action Agency.

To apply for Weatherization, please call Quad Area CAA at 225-209-0780 or visit

<http://www.quadarea.org/QuadWeatherization>

Rapid Re-Housing

Caring Center- Emergency shelter for women & children only. 985-649-5237

Emergency Solutions Grant - Provides rental assistance to stabilize families who are homeless or at risk of homelessness through the Northlake Homeless Coalition referral process.

committed to helping homeless families with children in need.
Slidell: 985-646-2090 Covington: 985-893-3923
985-201-7221

Family Promise – Faith-based community

Freedom Worship - Offers transitional housing for men. 985-326-5622

Housing and Homeless Assistance Program – Assist homeless families and individuals to become stably housed. Clients must be within CDBG income limits to qualify. Program has eligibility requirements and is subject to funding availability.

self- sufficiency and independence. The program gives the men an opportunity to begin anew, offering hope in rebuilding their lives from life’s circumstances. Residents are sponsored by local churches and organizations, and are working on individual goals.

Miramonte Center - Houses a maximum of 12 men in the transitional men’s housing program. It allows men to save their earnings and transition into permanent housing with a life of

Northlake Homeless Coalition – Directory of services for shelter, housing and resources that may be of assistance to persons experiencing homelessness.

Safe Harbor - Crisis intervention, safety planning, emergency shelter, empowerment advocacy, and other supportive services to survivors of domestic, family, and dating violence.

Supportive Housing Program Grant – 985-326-8312
Provides rental assistance to stabilize families who are homeless or at risk of homelessness through the Northlake Homeless Coalition referral process. 985-626-5740
Slidell: 985-646-2090 Covington: 985-893-3923

Slidell: 985-646-2090 Covington: 985-893-3923

985-649-6233

U.S. Department of Housing and Urban Development

Covington Housing Authority
985-898-0345

Services
Slidell Housing Authority 985-726-9000

Department of Children & Family

Child Care Assistance Program (CCAP) – Provides assistance to families to help pay for the child care needed in order to work, or attend school or training.	1-877-453-2721 LD Eccap@la.gov
Family Independence Temporary Assistance Program (FITAP) – Provides temporary cash assistance to eligible low-income families who need assistance for children.	1-888-524-3578
Kinship Care Subsidy Program (KCSP) – Provides cash assistance for eligible children who reside with qualified relatives other than parents.	1-888-524-3578

Supplemental Nutrition Assistance Program (SNAP) – food stamps

Contact Information (888) 524-3578

How do I Apply? Choose one of the following:

1. Online Application

Step One: Fill out an online application.

<https://cafe-cp.dcfs.la.gov/selfservice/>

Step Two: Gather the documents you will need to verify the information in your application. The items that need to be verified and examples of proof are listed below.

Step Three: As a result of COVID-19, caseworkers are not conducting formal interviews. However, after receiving your application, a DCFS employee may contact you with questions if additional information is

required.

2. Print Application

Step One: Print an application from <http://www.dcfs.louisiana.gov/page/snap-how-to-apply> and fill it out by hand.

If you need an application to be sent to your mailing address, contact DCFS Customer Service by emailing LAHelpU.dcfs@la.gov or calling 1-888-LAHELP-U (888-524-3578).

Step Two: Gather the documents you will need to verify the information in your application. The items that need to be verified and examples of proof are listed below.

Step Three: Choose one of the following options:

Mail completed form to: or Fax the completed form to:
DCFS Economic Stability (225) 663-3164
P.O. Box 260031
Baton Rouge, LA 70826

Step Four: As a result of COVID-19, caseworkers are not conducting formal interviews. However, after receiving your application, a DCFS employee may contact you with questions if additional information is required.

What must be verified and examples of proof.

Identity – driver’s license, work or school ID, ID for health benefits or another social services program, voter’s registration card, check stub, or birth certificate.

Alien status - if not a U.S. citizen, forms or cards from USCIS that prove the person is a legal alien (unless you choose not to apply for this person)

Wages - last 4 pay check stubs or employer’s statement for each person who works.

Self-employment - income tax returns, sales records, quarterly tax records, personal wage record **Other**

income - such as contributions, child support, alimony, Social Security, SSI, VA, retirement checks, Unemployment Compensation (UCB) - award letters, court orders, statements from contributors **Income**

that stopped within the last 3 months – pink slip, termination notice, or statement from former employer, termination notice or statement from source of any income that ended

Medical expenses - receipts, pharmacy printouts for last 3 months, doctor bills or other papers that show medical expenses for household members who are disabled or over age 59.

Child support payments made to someone outside your home - court order or other legal papers and proof that you are making payments such as cancelled checks or wage withholding statements.

Basic Needs – Food, Shelter, Other

Clothes and/or Household Items	
	Habitat For Humanity ReStore Mandeville 985-898-0642
	Janet’s Kornor Slidell 985-646-0357
	Samaritan Center Mandeville 985-626-4457
	The Resale Shop Covington 985-892-5282
Dental	
	All Saint’s Clinic Covington 985-871-3939
	Good Samaritans Slidell 985-643-6124

	Louisiana Dental Covington 985-892-5282
English as a second Language	
	<u>ESL Classes 985-626-9779</u> Northshore Community College 985-247-9375
Food Pantries/Soup Kitchen	
	Church of Nazarene Pearl River 985-863-5378
	Community Christian Concern Slidell 985-646-0357
	Food Bank of Covington Covington 985-893-3003
	<u>Good Samaritan Ministry Slidell 985-641-6429</u> Greater Northshore Full Gospel Church Slidell 985-649-8009
	<u>Mount Olive Feeding Ministry Slidell 985-641-6026</u> Northshore Food Bank Covington 985-892-5282

Samaritan Center Mandeville 985-626-4457

High School Equivalency Test (HiSet) Test Prep

Northshore Community College Bogalusa

Immunizations -

985-545-1500 985-545-1268 985-545-1601

Lacombe

Slidell

	<u>Louisiana Department of Health Mandeville 985-893-6296</u> St. Tammany Community Health Center Slidell 985-607-0400
	St. Tammany Community Wellness Covington 985-871-6030
Job Help -	
	<u>Catholic Charities of Northshore 985-605-5840</u> <u>Labor Finders (temporary jobs) 985-892-2545</u> <u>Louisiana Workforce Commission 985-646-6410</u> TREO Staffing (temporary jobs) 985-845-3339
Legal – Evictions, Price Gouging, & Landlord Issues	
	Attorney General's Office 225-326-6079
Transportation -	
	<u>Medicaid Transportation (Dr. visits only) 800-259-1944</u> STAR Transit (small fee) 985-635-6064
Other Services -	
Northshore Families Helping Families (children w/disabilities 985-875-0511	
Restoration House (resources for pregnant women) 985-542-0492	

Applied Behavior Analysis

Northlake Autism Center Chad Favre 985-231-7612	Spears Learning Center 985-871-0689	Butterfly Effects 888-880-9270
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CARD
985-272-1824

Autism Spectrum Therapies 985-317-3598

Sunny Days 800-891-3444

Substance Abuse

YSB Options Program	Covington 985-893-6113
ACER– (18 years & older)	Slidell 985-690-6622
Covington Behavioral Health Adolescent Inpatient contact Kristie Rorex	Covington 985-302-9090
Covington Behavioral Health Adolescent Intensive Outpatient contact Maria Hebrock	Covington 985-222-0630
AL-ANON - Help for families of alcoholics	1-888-425-2666
TRUTH 180	Covington 985-809-9900
New Beginnings Hospital- (12 years & older)	Opelousas 888-706-1870

Cada Hospital – (12 years to 17 years) Shreveport 318-226-2890

Domestic Violence/Sexual Assault

Domestic Violence occurs in every community regardless of age, race, ethnicity, socioeconomic status, sexual orientation/identity, mental or physical ability, and religious background.

<u>LA Domestic Violence Hotline</u>	888-411-1333
<u>Safe Harbor</u>	985-626-5740
YWCA Slidell Covington/Mandeville	985-643-9922 985-624-4939
St. Tammany Parish Sheriff/ Domestic Violence Division Slidell Covington/Mandeville	985-726-8000 985-898-2352

Family Services

If you're unable to speak safely, you

Boys & Girls Club

Covington
Since 1965, Boys & Girls Clubs have provided children and teens with access to
985-327-7634
life-enriching programs that support academic success, healthy lifestyles and
Slidell
good citizenship.
985-643-3464

Covington Family Service

985-893-0053
Child Care Center, Day Care Center, In-Home/Family Day Care
Early Childhood Support Services (ECSS)
985-624-4140
A State program managed by the Department of Health and Hospital, Office of Behavioral Health. ECSS provides a coordinated system of screening, evaluation and referral services and treatment for children ages 0 through 5 years and their families. Essentially a prevention and intervention program, its

elements include local, integrated and comprehensive systems of care for young children and healthy development along with school readiness.

Early Intervention Program/Noah's Arc Child Centers

Mandeville
Early Intervention/Early Steps services are available to children birth to age 3
985-674-1998
who have a developmental delay.
Slidell
985-643-6227

The Parenting Center of STP Hospital

985-898-4435
The purpose of this program is to provide a center where parents, through the help of professionally trained staff, can develop parenting skills, thereby maximizing their child's intellectual, physical, social, emotional, and educational development.

Children's Advocacy Center Hope House

985-892-3885
Child Abuse Prevention, forensic interviews, TF-CBT counseling
no charge

Louisiana Choices (Coordinated System of Care)

985-318-3242
985-415-0500

Comprehensive Wrap Around Services for at risk youth eligible for Medicaid

Parent Child Interaction Training-PCIT

A combination of coaching, play and behavioral therapy. Builds positive parent child relationships while focusing on decreasing challenging behaviors.

Therapeutic Partners
ages 2 to 6

985-327-5427

Slidell Behavioral Health

ages 3 to 5
985-646-6406

Nurse-Family Partnership

Eligibility: Less than 29 weeks

Eligible for one of the following: WIC,SNAP,TANF,SSI, Medicaid
First-Time Pregnant mother

Covington
985-871-0210

auren.franklin@la.gov

Cribs for Kids

Classes are offered free of charge every 2nd Thursday at 10:30am OR 4th Thursday at 6:30pm. The 2nd Tuesday of each month at 10:30am is set aside for those not needing a crib but still needing/wanting information on safe sleep like babysitters, grandparents, etc.

Contact: Mr. Knoblauch
cknoblauch@stpcoroner.org

Head Start Programs

Head Start promotes the school readiness of young children from low-income families through agencies in their local community. Head Start and Early Head Start programs support the comprehensive development of children from birth to age 5, in centers, child care partner locations, and in their own homes. Head Start services include early learning, health, and family well-being.

Covington Head Start/Early Head Start (985) 893-0053
(985) 892-8638

Slidell Head Start (985) 605-5070

(985) 605-5080

Lacombe/Mandeville Head Start
(985) 882-5610
(985) 882-7094

Pearl River Head Start (985)
863-3660

(985) 863-3681

Mental Health Services

Acute Inpatient Hospitalization

Children's Behavior Health Center (Ages 7-18) New Orleans ER Admissions Assessments 24/7 1-855-246-6521 Neuropsychology-Pediatric Psychology The Autism Center 504-896-7200 Medical Psychology 504-896-7200	Covington Behavioral Health (Ages 12- 17) Assessments 24/7 985-893-2970 <u>Contact: Kristi Rorex</u> 985-302-9090 <u>Business Development Representative</u> Rachael Bean 318-458-9375 Rachael.bean@covingtonbh.com
River Oaks Harahan 1-866-366-1740 <u>Intake Admissions Assessments</u> 24/7 Ages 12-18 <u>Eating Disorder</u> Ages 18 and up	Oceans Hospital (Ages 12-17) Hammond/Kentwood Rachael Gorgone 985-351-2065

Northlake Behavioral Health

(Ages 12-17)

Assessments

7am to 7pm

985-626-6300

The Maples Residential Program

Adolescent girls 13-18

Tanya Stuart, LCSW

Intensive Outpatient Mental Health/Substance Abuse

Genesis Behavioral Health Adolescent girls 13-18 225-771-9980	Covington Behavioral Health contact Maria Hebrock 985-222-0630 Ages 12-17
Oceans Hospital Hammond/Kentwood Ages 12-17 Rachael Gorgone 985-351-2065	Northlake Behavioral Health 985-626-6300 Ages 12-17

Outpatient Mental Health Therapy Services

Access Health Provides comprehensive psychological testing and mental health services to Children and Adults 7:00 am to 7:00 pm	Slidell 985-607-0400 Medicaid, Medicare, most commercial insurances, discount sliding fee scale.
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Canopy Counseling & Consulting-Staci K. Whiteside, MA, LPC-SA Currently Virtual Only Individual & Family Counseling, reunification recommendations, life skills, substance abuse assessments	Slidell 985-707-9051 Medicaid, private insurance, Cigna, TriCare, Human, BCBS
Center for ADHD Ages 3 and up, Med Mngt Individual/family therapy Dr. Brown/Stacey Boudoin	Mandeville 985-649-6475

Lakeshore Counseling VOA Therapy for adults and children (5 and up) Monday to Friday 8:30 am to 9:00 pm Saturday 9:00 am to 5:00 pm	Mandeville 985-674-5475 Beacon, BC/BS, Cigna, Curalinc, Gilsbar, Human, Medicare, Optum, Tricare, United and private pay.
Lifenet Psychiatry Psychiatric evaluations, medication management, individual, family and group therapy, psychological testing.	Mandeville 985-246-1250 Most commercial insurances
Mandeville Behavioral Health FPHSA Provides mental health and addictive disorders to children and adults open from 8:00 A.M. to 4:30 P.M., Monday through Friday. Medication Management First episode psychosis treatment. Walk in available for new clients	Mandeville 985-624-4450 No one denied access to services due to inability to pay. Discounted/sliding fee scale available.
Slidell Behavioral Health Clinic FPHSA Provides mental health and addictive disorders to children and adults open from 8:00 A.M. to 4:30 P.M., Monday through Friday. Medication Management. Start Community Health Comprehensive primary care, behavioral health, psychiatric evaluations, medication management. Transportation services to and from the clinic within 30 mile radius	Slidell 985-643-5746 No one denied access to services due to inability to pay. Discounted/sliding fee scale <u>available.</u> Covington 985-900-1626 Private insurance, Medicaid, Uninsured, Bring proof of income Mandeville

Therapeutic Partners Psychological assessments, infant and early childhood program (0-5), medication management, individual and family counseling, parenting workshops Children 6 to 12 and adolescents 13 to 20.	Covington	985-327-5427	Medicaid and most major commercial insurances. Also offers discounted services and sliding fee.
Counseling Solutions of Catholic Charities Individual/adolescents/family therapy	Covington	985-785-2113	Private pay, sliding scale
Functional Therapy Services Terri Groves, LCSW Individual/adolescents/family therapy	Mandeville	985-674-4020	Private pay only, will submit superbill for insurance
INSTAR counseling of Northshore Individual/adolescents/family therapy	Mandeville	985-705-7736	Private insurance
GRANBERRY COUNSELING CENTER La. Baptist Children's <u>Individual/adolescents/family therapy</u> Guided Healing Tiffany Oliver, LPC <u>Ages: 4+ Offering virtual and in office sessions</u> Hallila Counseling & Consulting, LLC <u>Individual/adolescents/family therapy</u> Louisiana Family Counseling Karen Kirk, LCSW <u>Individual/adolescents/family therapy</u> Leavell Counseling Mary Emily Leavell, LPC <u>Individual/adolescents/family therapy</u> Family Behavioral Health	Covingt on Covingt on Covingt on Covingt on Mandeville	225 223-1497 504-235-3974 504-831-8475 985-351-0085 985-246-2600	Cash/United Health Care/Medicaid

Psychiatry Ind/family therapy			
Elizabeth Esthay, LPC Play Therapy		985-273-5643	
Mercy Family Center Lisa Donze Jacob, LCSW Medication Mngt. Individual/family Autism high - functioning adolescent groups	Mandeville	985-727-7993	
Northshore Counseling & Wellness	Mandeville	985-624-2942	

Individual/family therapy			
Ochsner Psychiatry Child and Adolescent Psychiatry Individual/family therapy	Mandeville	1-866-624-7637	
Paragon Wellness Ken Knight, LPC Desislava Atlazora-Knight, LPC Individual/group, fitness coaching	Covington	985-276-9816	
Peace of Mind Counseling & Wellness Jenise Aydell-Hontiveros Individual/family therapy	Covington	985-551-7708	
Rich Resources, LLC Individual/family therapy	Mandeville	985-900-2550	
The Giving Tree <u>Play Therapy, individual/family</u> The Wellness Studio <u>Individual/family therapy</u> Therapeutic Partners Psychiatry, Medication Management Individual/family therapy	Covingt on Covingt on Covingt on	985-796-2189 985-276-4585 985-327-5427	

Trinity Individual/Family Community Support	Mandeville	985-674-5155
Pathways Almie Cooper Individual/family therapy	Mandeville	985-807-4020
Abundant Psychiatry, Medication Management Individual/family therapy	Slidell	985-649-1001
Center for Healing Hearts Lynne Cuevas Individual/family therapy	Slidell	985-774-1696
Earth Angels Maggie Schuler, LCSW Ages 12 and older	Slidell	504-291-6704
Enhanced Destiny Individual/Family Community Support	Slidell	985-246-3194
5 Hearts Ages 4 and older	Slidell	985-445-1800
Biltmore Psychiatry, Medication Management	New Orleans	985-707-1410

Individual/family therapy		
Center for Hope Individual/Family Community Support	New Orleans	504- 241-6006

Ekems

New
Orleans 504-248-1581

Ages 6 and up Psychiatry, Medication
Management Individual/family therapy
St. Tammany Community Health

Slidell 985-607-0400

Primary care, Psychiatry, Medication Management
Northshore Family Counseling

Slidell

Individual/family counseling
Ages 5 and older

Teletherapy Services Virtual

www.betterhelp.com	private pay
www.talkspace.com	private pay and some insurance

Low Income Apartments in St. Tammany Parish

Prices/Availability change frequently; recommend families utilize waitlist if possible. Families need to have sustainable income.

Abita East Venture Apartments 22516 Hwy 36 Abita Springs, LA 70420 985-893-5263	Abita Gardens 70515 Fuchsia St. Abita Springs, LA 70420 985-875-1050	Groves at Mile Branch Apartments 424 Purslane Drive Covington, LA 70433 985-327-5751
Highland Apartments 220 Greenbriar Blvd. Covington, LA 70433 985-892-8801	Maple Ridge Apartments 20284 Highway 36 Covington, LA 70433 985-898-0225	Palmetto Greens 900 Emerald Forest Blvd Covington, LA 70433 985-867-5220
Park View Apartments 700 Parkview Blvd. Covington, LA 70433 985-892-0854	Pinecrest Apartment Homes 2000 Pine Crest Ave. Covington, LA 70433 985-875-9858	Audrey Heights 172 Audrey Lane Covington, LA 70435 985-871-8850
Cottonwood Apartments 13318 LA 40 Folsom, LA 70437 985-796-9447	Pine Cliff Apartments 1575 LA1088 Mandeville, LA 70448 985-626-4156	Canterbury House Apartments 301 Spartan Drive Slidell, LA 70458 985-690-7447

Meadow Brook Apartments
1 Meadows Blvd.
Slidell LA 70460
985-649-2663
Woodland Grove Apartments
61325 Airport Road
Slidell, LA 70460
985-646-1022
Slidell Village North

501 Beechwood Drive
Slidell, LA 70460
985-847-2258
Lakeside Apartments
301 Lakeshore Blvd. N.
Slidell, LA 70461
985-643-9307
Stone Throw Apartments
6133 Hwy 11

Slidell, LA 70460
985-643-6226
North Shore Apartments
200 Long Street
Slidell LA 70461
985-649-6651