

# ST. TAMMANY PARISH PUBLIC SCHOOL SYSTEM

## Community Mental Health & Family Resource Guide | 2026-2027

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Updated 8/2/2025, 1/14/26, 4/29/26; 8/10/26

### Additional resources:

- Insurance plan providers
- VIA Link Resource Data Bank [VIA LINK](#)
- Find a Therapist [Psychology Today](#)
- Medicaid Plan Providers [Provider Locator](#)

| Children & Adolescents   Outpatient Counseling & Behavioral Health |      |            |              |                                       |                                                                         |
|--------------------------------------------------------------------|------|------------|--------------|---------------------------------------|-------------------------------------------------------------------------|
| Provider/Agency                                                    | Ages | Location   | Phone #      | Insurance & Payment Options           | Providers/Services/Specialties                                          |
| A New Beginning Counseling Center                                  | 4+   | Mandeville | 985-200-3382 | insurance, sliding scale              | Play therapy,, Casey Mapp, LPC                                          |
| 5 Hearts                                                           | 4+   | Slidell    | 985-445-1800 | Medicaid, verify                      | Alicia Franklin, LMSW                                                   |
| Counseling Solutions                                               | 4+   | Slidell    | 985-785-2113 |                                       |                                                                         |
| Joan Scanlan                                                       | 4+   | Slidell    | 985-710-7777 |                                       |                                                                         |
| Loving Hearts                                                      | 4+   | Slidell    | 504-821-5220 |                                       |                                                                         |
| Northshore Family Counseling                                       | 4+   | Slidell    | 985-661-0560 | Verify, sliding scale                 | Ilsa Araki, LPC, Steve Pruitt LPC, Asiyah DeGruy LCSW, Kim Marsolan LPC |
| Coastline Counseling and Partners, LLC                             | 4+   | Slidell    | 985-257-4090 |                                       |                                                                         |
| Uptown Counseling                                                  | 4+   | Mandeville | 504-442-5128 | Insurance, private pay, sliding scale |                                                                         |
| Bloom and Bliss                                                    | 4+   | Mandeville | 985-200-0799 | private pay                           | Amanda Monroe, LPC Play therapist                                       |
| Center for ADHD                                                    | 4+   | Mandeville | 985-624-5305 |                                       | Dr. Brown, Stacey Boudoin APRN                                          |
| Center for ADHD                                                    | 4+   | Slidell    | 985-649-6475 |                                       | Dr. Brown, Stacey Boudoin APRN                                          |
| Healing Paths & Wellness,                                          | 4+   | Mandeville | 985-259-7869 |                                       | Rebecca Gill, LPC                                                       |
| Elizabeth Esthay, LPC                                              | 4+   | Mandeville | 985-273-5643 | private pay                           | LPC registered play therapist                                           |
| Kelly Rende, LCSW                                                  | 5+   | Mandeville | 985-205-3215 | Private pay only                      |                                                                         |
| Lakeshore Counseling VOA                                           | 4+   | Mandeville | 985-674-5475 | Insurance, call to verify             | Amy Schmidt, LCSW                                                       |
| Northshore Counseling & Consulting                                 | 4+   | Mandeville | 985-869-9901 | private pay only                      | Ashley Wall, LPC                                                        |
| Shield of Hope Counseling                                          | 4+   | Covington  | 985-205-1441 |                                       | faith based Taylor Reitz, LCSW D'Janero Christian LPC                   |
| The Giving Tree                                                    | 4+   | Covington  | 985-373-3634 |                                       | Tele play therapy Melissa Desforges Registered play therapist           |

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| Children & Adolescents   Outpatient Counseling & Behavioral Health |    |             |              |                                             |                                                                                                                                                                                                                                                    |
|--------------------------------------------------------------------|----|-------------|--------------|---------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Rebecca Graham, PhD Psychologist                                   | 5+ | Mandeville  | 985-778-3654 |                                             | Comprehensive assessments, child-parent psychotherapy, parent consultations, child & adolescent therapy.                                                                                                                                           |
| Abundant Health (7yrs and up)                                      | 6+ | Slidell     | 985-649-1001 |                                             |                                                                                                                                                                                                                                                    |
| Ascending Integrated Care                                          | 6+ | Covington   | 225-409-2409 | Medicaid, insurance                         |                                                                                                                                                                                                                                                    |
| Ekems                                                              | 6+ | Slidell     | 504-248-1581 |                                             |                                                                                                                                                                                                                                                    |
| Northshore Children's Counseling Corner                            | 6+ | Slidell     | 985-259-7902 |                                             | Margo Helaire-Conner, LPC                                                                                                                                                                                                                          |
| Path Behavioral Healthcare                                         | 6+ | Slidell     | 985-707-1410 |                                             |                                                                                                                                                                                                                                                    |
| Impact Counseling & Support Services                               | 6+ | Slidell     | 504-301-6330 |                                             | Tyshica Lofton, LCSW,BACS                                                                                                                                                                                                                          |
| FPHSA Slidell Behavioral Health (7 yrs)                            | 6+ | Slidell     | 985-643-5746 |                                             |                                                                                                                                                                                                                                                    |
| FPHSA Mandeville Behavioral Health (7yrs)                          | 6+ | Mandeville  | 985-624-4450 |                                             |                                                                                                                                                                                                                                                    |
| Family ties Counseling                                             | 6+ | Slidell     | 985-640-0773 |                                             | Jennifer Larman, LPC                                                                                                                                                                                                                               |
| Pierce Counseling                                                  | 6+ | Mandeville  | 985-276-0915 |                                             | Lauren Brignac, LPC, Dani Tardo LCSW                                                                                                                                                                                                               |
| Family Behavioral Health                                           | 6+ | Mandeville  | 985-246-2600 |                                             | Matthew Holcomb, PhD                                                                                                                                                                                                                               |
| Lifenet Psychiatry                                                 | 6+ | Mandeville  | 985-246-1250 |                                             | Scott St. Amant, PMHNP                                                                                                                                                                                                                             |
| The Gray Couch                                                     | 6+ | Mandeville  | 985-205-1030 |                                             | Jennifer Bacile, LPC Trauma specialist                                                                                                                                                                                                             |
| Start Community Health (ages 5 and up)                             | 6+ | Covington   | 985-900-1626 |                                             |                                                                                                                                                                                                                                                    |
| Leavell Counseling                                                 | 6+ | Covington   | 985-351-0085 |                                             | Mary Emily Leavell, LPC play therapist                                                                                                                                                                                                             |
| Granberry Counseling Center                                        | 6+ | Covington   | 225-223-1497 |                                             | Faith based Baptist ministry EMDR                                                                                                                                                                                                                  |
| Patchwork Grove Counseling & Wellness                              | 6+ | Folsom      | 985-205-9454 | insurance and private pay                   | Adrienne Brown, LPC TBRI Equine facilitated psychotherapy certified,.                                                                                                                                                                              |
| New Heights Therapeutic Riding Center                              | 6+ | Folsom      | 985-796-4600 |                                             | Therapists and equines are trained to work with a variety of special needs including but not limited to developmental delays, ADD/ADHD, autism, cerebral palsy, visual and hearing impaired, multiple sclerosis, traumatic brain injury, and more. |
| Therapeutic Thoroughbreds                                          | 6+ | Slidell     | 504-292-2498 |                                             | Jennifer Larmann, LPC                                                                                                                                                                                                                              |
| Journey Counseling & Community Services, LLC                       | 6+ | Ponchatoula | 985-467-0730 | Medicaid only                               | Functional Family Therapy (10+), Medication management, CPST, PSR                                                                                                                                                                                  |
| Open Minds Psychiatric Services                                    | 7+ | Slidell     | 985-201-7033 | Private Pay, insurance and medicaid pending | Stephanie Dearman, LCSW                                                                                                                                                                                                                            |

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| Children & Adolescents   Outpatient Counseling & Behavioral Health |     |             |              |                             |                                                                                                                      |
|--------------------------------------------------------------------|-----|-------------|--------------|-----------------------------|----------------------------------------------------------------------------------------------------------------------|
| Impact Counseling & Support Services                               | 12+ | Slidell     | 504-301-6330 |                             | Tyshica Lofton, LCSW,BACS                                                                                            |
| Milestone Counseling & Consulting                                  | 12+ | Slidell     | 985-807-1399 |                             |                                                                                                                      |
| Enhanced Destiny                                                   | 12+ | Slidell     | 985-246-3194 |                             |                                                                                                                      |
| Biltmore                                                           | 12+ | Slidell     | 985-707-1410 |                             |                                                                                                                      |
| Canopy                                                             | 12+ | Slidell     | 985-707-9051 |                             | Staci Whiteside, LPC-S Private pay and insurance                                                                     |
| Center for Hope                                                    | 12+ | Slidell     | 504-241-6006 |                             |                                                                                                                      |
| David Dolese, M.ED, LPC, NCC, NCSC                                 | 12+ | New Orleans | 504-414-5467 |                             | Virtual available                                                                                                    |
| Mercy Family Center                                                | 12+ | Mandeville  | 985-727-7993 |                             | Lisa Donze Jacob LCSW                                                                                                |
| Trinity Counseling Center                                          | 12+ | Mandeville  | 985-674-5155 |                             |                                                                                                                      |
| Northshore Counseling & Wellness                                   | 12+ | Mandeville  | 985-624-2942 |                             |                                                                                                                      |
| Genesis Outpatient                                                 | 12+ | Covington   | 225-623-4993 |                             | Medication management, individual therapy                                                                            |
| INSTAR counseling of Northshore                                    | 12+ | Mandeville  | 985-705-7736 |                             | Christine Howell, LPC, Kelly Matherne LCSW, Andrew Cowan, LPC, April Montalabano, LPC, Shannon Klapatch Francis, LPC |
| Lakeshore Counseling VOA                                           | 12+ | Mandeville  | 985-674-5475 |                             | Amy Schmidt, LCSW                                                                                                    |
| Mercy Family Center                                                | 12+ | Mandeville  | 985-727-7993 |                             |                                                                                                                      |
| Hallila Counseling & Consulting                                    | 12+ | Mandeville  | 504-235-3974 | verify                      | Faith based Scott Hallila, LPC, Chase Damare, PLPC, Stephen Montelepre, PLPC, Haley Saweikis, PLPC                   |
| Rich Resources, LLC                                                | 12+ | Mandeville  | 985-900-2550 | verify                      |                                                                                                                      |
| Louisiana Family Counseling                                        | 12+ | Covington   | 985-222-2174 | verify                      | Karen Kirk, LCSW                                                                                                     |
| No Heart Left Behind                                               | 12+ | Covington   | 985-264-8808 | sliding scale               | Faith Based-Katy Pitarro, LMSW                                                                                       |
| Paragon Wellness                                                   | 12+ | Covington   | 985-276-9816 | verify                      | Ken Knight, PhD, LPC Desi Knight LPC                                                                                 |
| Pegasus Behavioral Services LLC                                    | 10+ | Mandeville  | 985-224-0412 | verify                      |                                                                                                                      |
| Paradigm Counseling                                                | 12+ | Covington   | 985-276-9089 | verify                      | Chelsea Cooper LCSW                                                                                                  |
| Peace of Mind Counseling & Wellness                                | 12+ | Covington   | 985-551-7708 | verify                      |                                                                                                                      |
| The Wellness Studio                                                | 12+ | Covington   | 985-276-4585 | verify                      | Mary Kathryn Gastinel PhD, LPC Katie Fetzer PhD, LPC Mallory McCann LPC                                              |
| Therapeutic Partners                                               | 12+ | Covington   | 985-327-5427 | Medicaid, insurance, verify | Tricia Greer, LMSW                                                                                                   |
| Youth Service Bureau                                               | 12+ | Covington   | 985-893-6113 | verify                      |                                                                                                                      |
| Wes Errington Counseling                                           | 12+ | Slidell     | 985-265-7468 | Private Pay                 | Wes Errington, LPC                                                                                                   |

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**Mental Health Assessments** | Many of the providers listed under Individual & Family Counseling also offer mental health assessments. Families should contact the provider directly to determine whether the provider offers the specific type of assessment needed and to verify availability, insurance coverage, and any referral requirements.

|                                                   |     |                      |                              |                                |                                                             |
|---------------------------------------------------|-----|----------------------|------------------------------|--------------------------------|-------------------------------------------------------------|
| FPHSA Mandeville Behavioral Health                | 6+  | Mandeville           | 985-624-4450                 | Medicaid, call to verify       | **New patients walk in appointments available in Mandeville |
| START Community Health Center                     | 5+  | Covington            | 985-900-1626                 | Medicaid, call to verify       | Same day walk in hours 8-2:30 M-TH and 8-11 Friday          |
| PATH Behavioral Health                            | 6+  | Slidell              | 985-707-1410                 |                                |                                                             |
| Access Health Acadian Care                        | 5+  | Mandeville & Slidell | 985-214-4045<br>985-218-8323 | Medicaid and sliding fee scale | 7am to 7pm                                                  |
| Abundant Health                                   | 5+  | Slidell              | 985-718-4421                 | Medicaid                       |                                                             |
| Canopy                                            | 5+  | Slidell              | 985-707-9051                 |                                |                                                             |
| St. Tammany Community Health Center-Access Health | 5+  | Slidell              | 985-607-0400                 | Medicaid and sliding fee scale |                                                             |
| Therapeutic Partners                              | 12+ | Covington            | 985-327-5427                 |                                |                                                             |
| Trinity Counseling Center                         | 12+ | Mandeville           | 985-674-5155                 |                                |                                                             |

### Trauma

Children's Advocacy Center-Hope House Covington 985-892-3885

TBRI Practitioners who can provide therapy and TBRI informed parenting sessions

- Ellen Michel, Licensed Professional Counselor, Covington, LA, 70433 | Psychology Today
- TBRI Fridays | Crossroads crossroadsnola.org
- Leavell Counseling | Covington, LA

Therapeutic Partners Parent Child Interaction Therapy 985-327-5427

**CSoC/Wraparound** | The Coordinated System of Care (CSoC) provides coordinated, community-based services for Medicaid-eligible children with significant behavioral or emotional needs who may be at risk for out-of-home or out-of-school placement.

|                   |    |             |              |                   |                                                                |
|-------------------|----|-------------|--------------|-------------------|----------------------------------------------------------------|
| Louisiana Choices | 5+ | St. Tammany | 985-318-3250 | Medicaid eligible | Parent/guardian participation and <b>consent are required.</b> |
|-------------------|----|-------------|--------------|-------------------|----------------------------------------------------------------|

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### Providers Serving Individuals Facing Barriers to Healthcare Access

The following practices were vetted as of April 2026 to confirm that they can service individuals who are uninsured and do not have a social security number. They have all confirmed that a passport from a country of origin is acceptable identification. All offer counseling except as otherwise noted. Payment must be made upfront except where otherwise noted.

**Family Healthcare and Wellness** Hammond 985-543-6800 \$105 per visit, payment plan possible, *no counseling*

**Total Family Medical, LLC** Robert 985-542-2466 \$110 new patient/\$75 established patient, **Spanish-speaking NP**

**DCS Family Health Clinic** Hammond 985-247-4567 \$145 new patient/\$130 established patient

**Strawberry Patch Pediatrics and Family Clinic** Pontchatoula 855-869-9898 \$120 new pediatric patient/\$100 established patient

**Kentwood Family Clinic** Kentwood 985-229-0202 \$100 new patient/\$75 established, social worker sees ages 6+

**In & Out Urgent Care** Mandeville 985-400-5028 \*\*urgent services **only** (e.g. flu, COVID)/*no counseling*

### Higher Levels of Care |Intensive Outpatient

|                             |     |                       |              |  |                                     |
|-----------------------------|-----|-----------------------|--------------|--|-------------------------------------|
| Covington Behavioral Health | 12+ | Covington             | 985-222-0630 |  | Email sharon.hebert@covingtonBH.com |
| The Ness Center             | 12+ | Mandeville            | 985-334-4040 |  |                                     |
| Oceans                      | 10+ | Hammond               | 985-351-2065 |  |                                     |
| Genesis                     | 13+ | Metairie, Baton Rouge | 225-771-9980 |  | Virtual is available                |

### Higher Levels of Care |Psychiatric Inpatient

|                                     |     |             |                |  |  |
|-------------------------------------|-----|-------------|----------------|--|--|
| Children's Behavioral Health Center | 7+  | New Orleans | 1-855-246-6521 |  |  |
| Covington Behavioral Health         | 6+  | Covington   | 985-893-2970   |  |  |
| Northlake Behavioral Health         | 12+ | Mandeville  | 985-626-6300   |  |  |

### Higher Levels of Care |Psychiatric Residential Treatment Facilities (PRTF)

|                           |    |          |              |  |  |
|---------------------------|----|----------|--------------|--|--|
| Methodist Children's Home | 7+ | Loranger | 985-606-9965 |  |  |
|---------------------------|----|----------|--------------|--|--|

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|---------------------------------|-----|-----------------------|--------------|--|--|
| The Maples Adolescent Girls     | 13+ | Baton Rouge & Hammond |              |  |  |
| The Maples Adolescent Boys      | 13+ | Hammond               |              |  |  |
| Acadiana Treatment Center Girls | 12+ | Sunset, La            | 844-273-8255 |  |  |

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| Specialized & Neurodevelopmental Services                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Florida Parishes Human Services Authority (FPHSA)</b> is the single point of entry for developmental disability services in <b>Livingston, St. Helena, St. Tammany, Tangipahoa, and Washington Parishes.</b></p> <p><b>To begin the eligibility process:</b></p> <p>Parents/guardians should call <b>985-543-4730</b>, Monday–Friday, 8:00 a.m.–4:30 p.m., and request an <b>Entry appointment for Developmental Disabilities</b>. The individual seeking eligibility must be present at the Entry appointment.</p> <p>Services may include:</p> <ul style="list-style-type: none"><li>• Support coordination</li><li>• Crisis diversion</li><li>• Vocational services</li><li>• Home- and community-based waiver services</li></ul>                                                                                                                                                                                                                                                           |
| <p><b>EarlySteps:</b> Children receiving EarlySteps services may begin the developmental disability Entry process through their Support Coordinator. The process may begin at <b>2 years, 6 months</b>. Families should contact FPHSA for specific requirements and timelines. <b>Best For:</b> Children and adults with intellectual and/or developmental disabilities who may need ongoing supports or assistance accessing developmental disability services.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |
| <p><b>Office for Citizens with Developmental Disabilities (OCDD) Resource Center</b> provides consultation and assistance related to services and supports for individuals with intellectual and/or developmental disabilities (I/DD).</p> <p>A referral may be appropriate when:</p> <ul style="list-style-type: none"><li>• An appropriate service or provider is not available to meet the individual's needs.</li><li>• The individual or family is unsure what type of support or treatment may be appropriate.</li><li>• A treating clinician would benefit from consultation with a clinician experienced in working with individuals with I/DD.</li></ul> <p><b>Website:</b> <a href="#">OCDD Resource Center</a></p> <p>For provider-to-provider consultation, use the referral form available through the OCDD Resource Center website. When completing the form, <b>STPSB information should be entered in the “Support Coordinator and Provider Agency” section</b> when applicable.</p> |
| <p><b>Children’s Hospital Outpatient Behavioral Health Services</b></p> <p><b>The Autism Center</b> Referral process: Referrals can be submitted via EPIC by selecting LCMC Ambulatory Referral to Pediatric Behavioral Health/Psychiatry/Psychology and selecting department “CHNO ST Autism” or via fax to 504.896.7273. Please include reasons for referral and provisional diagnosis.</p> <p><b>Medical Psychology Clinic</b>-short term assessment and treatment model for medication management of ADHD and new onset depression and/or anxiety of children ages 5 through 17<br/>504-896-7272</p> <p><b>Neuropsychology</b> 504-896-9484     <a href="#">Family Resources   Children's Hospital New Orleans</a></p>                                                                                                                                                                                                                                                                           |

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### **Michael R. Boh Center for Child Development** at Ochsner Health Center for Children

River Chase Covington La. 985-607-6476

- Autism Assessment Clinic Child psychology
- Occupational therapy, physical therapy and speech-language pathology
- Parent-focused applied behavioral analysis therapy

### **Eating Disorders**

Alexis Weilbaeher, RD, LDN Lifestyle Registered Dietitian Ochsner Fitness Center  
1200 S Clearview Parkway | Harahan, LA 70123  
office line at 504-736-4755 or email me at [aweilbaeher@ochsner.org](mailto:aweilbaeher@ochsner.org)  
877-889-2976 or email [nutrition@ochsner.org](mailto:nutrition@ochsner.org)

Haley Strickland, LCSW  
Covington Private Pay and insurance  
985-317-5035

### **Substance Use Services**

- YSB Options Program: Covington, 985-893-6113 Slidell 985-643-5746
- AL-ANON: 1-888-425-2666
- ACER Slidell: 18 yrs and older, 985-690-6622
- TRUTH 180: Covington, 985-809-9900
- New Beginnings Hospital: 12 yrs and older, Opelousas, 888-706-1870
- CADA Hospital: 12yrs to 17yrs, Shreveport, 318-226-289

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