What's on the Menu?

Chartwells Dining Serices: Rochester Community Schools

Elementary Lunch Menu November 2026

A full student lunch inlcudes a a choice of entrée supplying protein and grain, 3/4 cup of vegetable side dishes, 1/2 cup fruit side dishes, and a choice of 1% white, 1% chocolate, or 1% strawberry milk. A student must select a 1/2 cup serving of fruit or vegetable to make a complete meal or a la carte pricing will be applied.

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	**3** No School	**4** Meatball (Chicken) Sub **Cookie with Lunch!** Seasoned Green Beans **Eat Your Veggies Day!** Fruit & Veggie Bar	**5** Boneless Chicken Wings with Dinner Roll Honey Lime Buffalo Sauce (on the side) Seasoned Corn Fruit & Veggie Bar	**6** Pepperoni (Pork & Beef) Pizza Seasoned Carrots Fruit & Veggie Bar
9 French Toast Sticks Scrambled Eggs Peach Topping Potato Smiles Fruit & Veggie Bar	**10** Turkey TOTchos with Cheese Sauce Mexican Style Street Corn Seasoned Black Beans **Lucky Tray Day!** Fruit & Veggie Bar	**11** Meatballs (Chicken) with Seasoned Rotini **Cookie with Lunch!** Seasoned Broccoli Fruit & Veggie Bar	**12** Chicken & Vegetable Egg Rolls with Orange Sauce Brown Rice Fortune Cookie Seasoned Bok Choy Fruit & Veggie Bar	**13** Pepperoni (Pork & Beef) Pizza Seasoned Peas **World Kindness Day!** Fruit & Veggie Bar
16 Waffles Egg & Cheee Omelet Blueberry Topping Tater Tots Fruit & Veggie Bar	**17** Soft Turkey Tacos Cilantro Brown Rice Fresh Pico De Gallo Seasoned Pinto Beans **Taco Day!** Fruit & Veggie Bar	**18** Macaroni and Cheese with Breadstick Breaded Chicken Drumstick **Cookie with Lunch!** Seasoned Cauliflower Fruit & Veggie Bar	**19** Roast Turkey with Stuffing Mashed Potatoes & Gravy Seasoned Corn Cranberry Sauce **Pumpkin Bar with Lunch!** Fruit & Veggie Bar	**20** Pepperoni (Pork & Beef) Pizza Glazed Carrots Fruit & Veggie Bar
23 French Toast Sticks Scrambled Eggs Strawberry Topping Potato Smiles **Eat A Cranberry Day!** Fruit & Veggie Bar	**24** Beef Nachos with Cheese Sauce Fresh Pico De Gallo Seasoned Black Beans Fruit & Veggie Bar	**25** No School	**26** No School **Happy Thanksgiving!**	**27** No School
30 Pancakes Turkey Sausage Links Strawberry Topping Tater Tots Fruit & Veggie Bar				

Alternate Entrees *(available with daily hot vegetable offering, your choice[s] from our fruit/vegetable bar, and choice of milk)* **:**

Mondays	***Tuesdays***	***Wednesdays***	***Thursdays***	***Fridays***
B. Turkey, Cheese, Flatbread & Cucumber Coins Bento Box	B. Crispy Chicken Caesar Wrap	B. Turkey, Cheese, Flatbread & Cucumber Coins Bento Box	B. Crispy Chicken Cheddar and Ranch Wrap	B. Turkey, Cheese, Flatbread & Cucumber Coins Bento Box
C. WG Chicken Nuggets w/ Breadstick	C. Hot Dog (Beef) on WG Bun	C. Boscos with Pizza Dipping Sauce	C. Classic Cheeseburger on Bun	C. Classic Chicken Sandwich on Bun
D. Vegan Chic'n Nuggets with Breadstick	D. Grilled Cheese Sandwich (Vegetarian)	D. Mozzarella & Tomato Panini (Vegetarian)	D. Impossible Burger on Bun (Vegetarian)	D. Cheese Pizza (Vegetarian)

This institution is an equal opportunity employer.

Questions? Please call the Food Service Office 248-726-4602

Nutrtion Game On Focus This Month:

Please refer to Elementary Menus In Nutrislice which include top 9 allergens, carb counts, and nutritional information:

https://rochesterk12.nutrislice.com/menu

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This Month's Fruit and Vegetable Bar Featured Selections: ~Apples, Oranges, Celery and Carrots Available Every Day~

Monday	Tuesday	Wednesday	Thursday	Friday
November 2nd-November 6th				
		Spinach & Strawberry Salad	Fresh Cut Seasonal Fruit	Tossed Green Salad
		Craisins	Green Pepper Strips	Cinnamon Applesauce
		Red Pepper Strips	Fresh Grapes	Cucumber Coins
		Chilled Mandarin Oranges	Dressed Caesar Salad	Chilled Pineapple
November 9th-November 13th				
Orange Juice	Chopped Romaine	Chilled Mandarin Oranges	Fresh Grapes	Tossed Green Salad
Dark Green Salad	Sidekick (100% Fruit Juice)	Red Pepper Strips	Dressed Caesar Salad	Fresh Banana
Fresh Pears	Salsa	Spinach & Strawberry Salad	Fresh Cut Seasonal Fruit	Cucumber Coins
Broccoli Florets	Fresh Apple	Craisins	Sugar Snap Peas	Cinnamon Applesauce
Grape Tomatoes	Fresh Pears	Chilled Peaches	Red Pepper Strips	Baby Carrots
November 16th-November 20th				
Broccoli Florets	Sidekick (100% Fruit Juice)	Baby Carrots	Fresh Cut Seasonal Fruit	Cinnamon Applesauce
Cinnamon Bananas	Chopped Romaine	Red Pepper Strips	Dressed Caesar Salad	Chilled Pineapple
Grape Tomatoes	Fresh Pear	Craisins	Fresh Grapes	Tossed Green Salad
Grape Juice	Salsa	Chilled Mandarin Oranges	Fresh Apple	Sugar Snap Peas
Dark Green Salad	Green Pepper Strips	Spinach & Strawberry Salad	Cucumber Coins	Fresh Orange Wedges
November 23rd-November 27th				
Broccoli Florets	Fresh Pears			
Orange Juice	Chopped Romaine			
Grape Tomaotes	Chilled Power Peas			
Cinnamon Bananas	Salsa			
Dark Green Salad	Sidekick (100% Fruit Juice)			
Craisins				
November 30th				
Fresh Pears				
Grape Tomatoes				
Apple Juice				
Dark Green Salad				
Craisins				
Broccoli Florets				

