# MES Breakfast

# NOVEMBER 2026

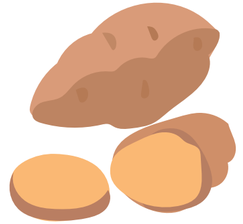
Cafeteria Manager: Ashley Thomas, 706-862-6036
School Nutrition Director: Brandie Wooten, 706-859-3054

| Tue | Wed | Thu | Fri |
|---|---|---|---|
| 3<br>Sausage Biscit (1, 4, 5)<br>OR PB&J w/ String Cheese (1, 3, 5)<br>Assorted Juice & Fruit<br>Choice of Milk (1) | 4<br>Chicken Biscuit (1, 2, 4, 5)<br>OR Cinna-Minis (5)<br>Assorted Juice<br>Assorted Fruit<br>Choice of Milk (1) | 5<br>Pancakes w/ Syrup (1, 2, 4, 5)<br>OR Cereal w/ Toast (4, 5)<br>Assorted Juice & Assorted Fruit<br>Choice of Milk (1) | 5<br>Gravy Biscuit w/ Sausage (1, 2, 4, 5)<br>OR Cereal w/ Toast (4, 5)<br>Assorted Juice & Fruit<br>Choice of Milk (1) |
| 10<br>Sausage Biscuit (1, 4, 5)<br>OR Apple Strudel (5)<br>Assorted Juice<br>Assorted Fruit<br>Choice of Milk (1) | 11<br>Chicken Biscuit (1, 4, 5)<br>OR Muffin w/ Yogurt (1, 2, 4, 5)<br>Assorted Juice<br>Assorted Fruit<br>Choice of Milk (1) | 12<br>French Toast w/ Syrup (1, 2, 4, 5)<br>OR Cereal w/ Toast (4, 5)<br>Assorted Juice & Assorted Fruit<br>Choice of Milk (1) | 13<br>Gravy Biscuit (1, 2, 4, 5)<br>OR Bacon, Egg, Chz Biscuit (1, 2, 4, 5)<br>Assorted Juice & Fruit<br>Choice of Milk (1) |
| 17<br>Sausage Biscit (1, 4, 5)<br>OR PB&J w/ String Cheese (1, 3, 5)<br>Assorted Juice & Fruit<br>Choice of Milk (1) | 18<br>Chicken Biscuit (1, 4, 5)<br>OR Muffin w/ Yogurt (1, 2, 4, 5)<br>Assorted Juice<br>Assorted Fruit<br>Choice of Milk (1) | 19<br>French Toast w/ Syrup (1, 2, 4, 5)<br>OR Cereal w/ Toast (4, 5)<br>Assorted Juice & Assorted Fruit<br>Choice of Milk (1) | 20<br>Gravy Biscuit (1, 2, 4, 5)<br>OR Bacon, Egg, Chz Biscuit (1, 2, 4, 5)<br>Assorted Juice & Fruit<br>Choice of Milk (1) |
| 24<br>THANKSGIVING BREAK | 25<br>THANKSGIVING BREAK | 26<br>THANKSGIVING BREAK | 27<br>THANKSGIVING BREAK |

## Notes




**Harvest of the Month:**
**Sweet Potatoes**



**Some menu items may contain allergens. The following will be used to indicate the presence of allergens in foods:**
**(1) Milk (2) Egg (3) Peanut (4) Soy (5) Wheat (6) Tree Nut (7) Shellfish (8) Fish (9) Sesame**

**Chattooga County School District is participating in CEP (Community Eligibility Provision). All students eat at no charge to families. However, there *is* a charge for extra items and snack items. To add money to your student's account, visit www.linqconnect.com**

This institution is an equal opportunity provider.