SMS Lunch

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School Nutrition Director: Brandie Wooten, 706-859-3054

NOVEMBER 2026

The Harvest of the Month for November is Sweet Potatoes. Do you know the difference in sweet potatoes and yams? Sweet potatoes have a smooth skin and soft, sweet flesh. Yams are drier, and are native to Africa and Asia. Most "yams" sold in grocery stores in the U.S. are actually sweet potatoes.

Tue	Wed	Thu	Fri
3 Philly Cheesesteak Sub (1, 4, 5) Chips (1, 4) Carrots Baked Beans Fruit & Choice of Milk (1)	4 Hotdog (4, 5) Slaw (2) & Onions Fries Fruit Choice of Milk (1)	5 Beefy Nachos (4) Lettuce/Tomato Cheese/Sour Cream (1) Refried Beans Fruit & Choice of Milk (1)	6 Grilled Chicken Sandwich (1, 5) OR Crispy Chicken Sandwich (1, 5) Chips (1, 4) Snack Pack Carrots California Blend Veggies Fruit & Choice of Milk (1)
10 Pizza (1, 4, 5) Corn Salad w/ Dressing (1, 2) Fruit Choice of Milk (1)	11 Ham & Turkey Sandwich (1, 5) Chips (1, 4) Carrots Broccoli w/ Cheese (1) Fruit & Choice of Milk (1)	12 Chicken Bites (1, 5) Green Beans Roasted Vegetables Roll (2, 4, 5) Fruit & Choice of Milk (1)	13 Burrito (1, 5) OR Chicken Fajita (1, 5) Salsa/Queso (1) & Corn Lettuce/Tomato Fruit & Choice of Milk (1)
17 Chili (4) w/ Crackers (5) Cinnamon Roll (1, 4, 5) Baby Carrots & Corn Fruit & Choice of Milk (1)	18 Wild Mike's Pizza Bites (1, 2, 4, 5) Salad w/ Dressing (1, 2) Roasted Veggies Fruit Choice of Milk (1)	19 Chicken Casserole (1, 2, 5) Roll (2, 4, 5) Mashed Potatoes (1) Green Beans Dessert Fruit & Choice of Milk (1)	20 Hamburger (5) Chips (1, 4) Carrots w/ Ranch (1, 2) Baked Beans Fruit & Choice of Milk (1)
24 THANKSGIVING BREAK	25 THANKSGIVING BREAK	26 THANKSGIVING BREAK	27 THANKSGIVING BREAK

Notes



Harvest of the Month:
Sweet Potatoes



Some menu items may contain allergens. The following will be used to indicate the presence of allergens in foods:
(1) Milk (2) Egg (3) Peanut (4) Soy (5) Wheat (6) Tree Nut (7) Shellfish (8) Fish (9) Sesame

Chattooga County School District is participating in CEP (Community Eligibility Provision). All students eat at no charge to families. However, there *is* a charge for extra items and snack items. To add money to your student's account, visit www.linqconnect.com

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