SANTA MARIA INDEPENDENT SCHOOL DISTRICT
SCHOOL HEALTH ADVISORY COMMITTEE
MEETING MINUTES

September 4, 2026 • 9:30 A.M.

I. CALL TO ORDER

The meeting was called to order by Ana Vega at 9:35 a.m.

II. ROLL CALL & ESTABLISH QUORUM

Present:
Camacho, Dr. Jacob, High School Assistant Principal
Cipriano, Juan, Athletic Director
Flores, Yadira, High School Principal
Garcia, Maria Ludivina, TG Elementary Teacher
Gonzalez, Katherine, District Registered Nurse
Martinez, Ida Cavazos, High School Counselor
Stenhouse, Elizabeth, Human Resource Specialist
Vega, Ana, Family Engagement Specialist
Yanez, Soraida, Elementary Attendance & Migrant Clerk
Montelongo, Paula, Parent
Reyna, Alejandra, Parent
Medrano, Melissa, Parent
Rodriguez, Rita, Parent
Ponce, Jr., Gerardo, Parent

III. PLEDGE OF ALLEGIANCE

Pledge of Allegiance & Texas was presented by Elizabeth Stenhouse

IV. PUBLIC COMMENT

Citizens are offered an opportunity to address the Committee without prior approval. Comments shall be informative only. No dialogue or discussion between the community member commenting and Committee members. *None*

V. CONSENT ITEMS

1. Approval of May 8, 2026 Meeting Minutes
   Motion was made by Yadira Flores, and seconded by Maria Ludivina Garcia

VI. ACTION ITEMS

1. None

VII. INFORMATION ITEMS

1. Family Engagement Department – Ana M. Vega, Family Engagement Specialist

a. Discussion on collaboration with Unidos Contra la Diabetes and Oral Health Education from Dentists Who Care

Information presented by Ana Vega

b. Discussion on strategies to increase parent involvement and availability and use of video conferencing for parent participation in school-related activities

Information presented by Ana Vega

c. Discussion on revising the district wellness policy

Information presented by Ana Vega

2. Health Services Department – Katherine L. Gonzalez, District Registered Nurse

a. Discussion regarding next steps following the district's decision not to approve the sale, distribution, or availability of energy drinks on district campuses

Information presented by Katherine Gonzalez and Ana Vega

3. Upcoming Events

a. Friday, September 18 – Teacher Workday

b. Monday, October 12 – Friday, October 16 – Fall Break

c. Friday, October 30 – Teacher Workday

Information presented by Ana Vega

VIII. CLOSED SESSION

Pursuant to Chapter 551 of the Texas Government Code, including but not limited to §§551.071, 551.073, 551.074, 551.075, 551.076, 551.082, and 551.083.

IX. OPEN SESSION

1. Reconvene from Closed Session for action(s) relative to item(s) considered during Closed Session

X. ANNOUNCEMENTS

1. Next meeting date – October 22, 2026

XI. ADJOURNMENT

Motion was made by Juan Cipriano and seconded by Yadira Flores. Motion passed unanimously at 10:06 a.m.

FOOTNOTE: If it is determined during the course of the meeting that any item on the agenda should be held in a closed meeting, the Committee may elect to conduct a closed meeting in accordance with the Texas Open Meetings Act, Government Code, Chapter 551, Subchapters D and E, or Texas Government Code Section 418.138(f). Before any closed meeting is convened, the presiding officer will publicly identify the section(s) of the Act authorizing the closed meeting. All final votes, actions, or decisions will be taken in open meeting. [See BEC (LEGAL)] The Committee may further elect to take items out of order as deemed necessary by the Presiding Officer.