

***MUST choose one
fruit or juice
For a no cost meal***

**2026 — 2027 School Year
Daily Breakfast Menu
SLSD High School & Middle School**

Gluten Free or Protein Meal:
1 cereal bowl or 1 cheese stick/cubes and 1 yogurt cup or 2 hard-boiled eggs or 2 yogurt cups or 2 cheese sticks/cubes or pick 2 (1 egg & 1 yogurt or 1 cheese stick/cubes & 1 egg, etc.); plus, fruit or fruit juice, and choice of milk.
Available each day.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHOICE OF DAILY ITEM OR ENTRÉE Mini Cinnis (WG Cinnamon Buns) or Cereal Bowl (Gluten Free)	CHOICE OF DAILY ITEM OR ENTRÉE Breakfast Sandwich/Burrito or WG Muffin & Yogurt	CHOICE OF DAILY ITEM OR ENTRÉE French Toast Sticks or Yogurt Parfait	CHOICE OF DAILY ITEM OR ENTRÉE Mini Pancakes or Bagel with Cream Cheese	CHOICE OF DAILY ITEM OR ENTRÉE Breakfast Sandwich/Burrito or Cereal Bowl (Gluten Free)
CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit	CHOICE OF FRUIT/ JUICE Select (1 or 2) Assorted 4 oz. Juice Fresh or Canned Fruit
CHOICE OF MILK Select (1) 1% White, Fat Free Chocolate, Lactose Free, or Silk	CHOICE OF MILK Select (1) 1% White, Fat Free Chocolate, Lactose Free, or Silk	CHOICE OF MILK Select (1) 1% White, Fat Free Chocolate, Lactose Free, or Silk	CHOICE OF MILK Select (1) 1% White, Fat Free Chocolate, Lactose Free, or Silk	CHOICE OF MILK Select (1) 1% White, Fat Free Chocolate, Lactose Free, or Silk

August/September 2026					October 2026					November 2026					December 2026					January 2027				
24	25	26	27	28				1	2	2	3	4	5	6		1	2	3	4					H
31	1	2	3	H	5	6	7	8	9	9	10	11	12	13	7	8	9	10	11	4	5	6	7	8
H	8	9	10	11	*	13	14	15	16	16	17	18	19	20	14	15	16	17	18	11	12	13	14	*
14	15	16	17	18	19	20	21	22	23	*	*	*	H	H	H	H	H	H	H	H	19	20	21	22
*	22	23	24	25	26	27	28	29	30	H					H	H	H	H		25	26	27	28	29
28	29	30																						
February 2027					March 2027					April 2027					May 2027					June 2027				
					1	2	3	4	5				1	2	3	4	5	6	7		1	2	3	*
1	2	3	4	5	8	9	10	11	12	5	6	7	8	9	10	11	12	13	14					
8	9	10	11	*	15	16	17	18	*	12	13	14	15	*	17	18	19	20	21					
H	16	17	18	19	22	23	24	H	H	19	20	21	22	23	24	25	26	27	28					
22	23	24	25	26	H	30	31			26	27	28	29	30	H									

H = Holiday (School Closed) * = Professional Development / In Service (School Closed); **Menu Subject to Change** – More breakfast information at www.slsd.org under Food Services; **Non-Discrimination Statement:** This institution is an equal opportunity provider

~THERE IS NO COST FOR 1 BREAKFAST MEAL PER DAY FOR ALL STUDENTS IN THE 26-27 SCHOOL YEAR~