

November 2026 High School Lunch

EVERYDAY ALTERNATE MEAL CHOICES

Available daily

- Garden Salad
- Deli Sandwich
- International Line
- Alternate Hot Lunch Line

TREATS & DRINKS

À la carte line available daily

Students can purchase additional items to enjoy with their lunch, including healthy bagged snacks, Frazil 100% juice slushies, whole grain chips, ice cream, and more! All options are CT Smart Snack compliant.

STAFF MEALS

- Hot Lunch - \$5.25
- Slice of Pizza Only - \$3.00

STUDENT LUNCH

High School - \$4.25
Free/Reduced - \$0.00

This institution is an equal opportunity provider. Menu subject to change based on product availability.

Questions? Contact Food Services at
(860) 449-7208



Monday	Tuesday	Wednesday	Thursday	Friday
11/2 Turkey & Cheese Grinder w/ Lettuce, Doritos Assorted Veggies, Fruit, Milk	11/3 No School!	11/4 Pasta Day! Buttered pasta or pasta with meat sauce, Parmesan Cheese, Garlic Bread, Veggie, Fruit, Milk	11/5 Breaded Chicken Patty on a Soft Bun, Pasta Salad, Assorted Veggies, Fruit, Milk	11/6 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
11/9 Mozzarella Sticks w/ Marinara, Dinner Roll Assorted Veggies, Fruit, Milk	11/10 Creamy Mac & Cheese, Baked Ham, Roasted Broccoli Cornbread Assorted Fruit, Milk	11/11 No School!	11/12 Popcorn Chicken Sweet Potato Fries, Garlic Bread, Assorted Fruit, Milk	11/13 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
11/16 All Beef Hot Dog on Bun, Baked Beans, Chips, Assorted Veggies, Fruit, Milk	11/17 Grilled Cheese Spiral Fries Assorted Veggies, Fruit, Milk	11/18 Nacho Day! Seasoned Beef, Warm Cheese Sauce, Tortilla Chips, Fiesta Rice, Salsa, SC, Lettuce, Tomato, Fruit, Milk	11/19 Chicken Tenders Mashed Potatoes w/ Gravy Cranberry Sauce Dinner Roll, Fruit, Milk	11/20 Assorted Pizza, Assorted Fruit, Caesar Salad, Milk
11/23 Hamburger or Cheeseburger French Fries, Assorted Veggies, Fruit, Milk	11/24 French Toast Sticks, Sausage Patty, Hash Brown Assorted Veggies, Fruit, Milk	11/25 No School!	11/26 No School!	11/27 No School!
11/30 Cheese Stuffed Bosco Sticks, Marinara, Salad, Fruit, Milk	12/1 Chicken & Cheese Quesadilla Salsa & Sour Cream, Lettuce, Tomato, Assorted Fruit, Milk	12/2 Pasta Day! Buttered pasta or pasta with meat sauce, Parmesan Cheese, Garlic Bread, Veggie, Fruit, Milk	Students are offered the five meal components: protein, grain, fruit, vegetable, and milk. Students must select at least three components, and one must be a fruit or vegetable, to make a complete meal.	