



Barstow Acres
Children's Center

Parenting with *Confidence*

A FREE 3-SESSION **LIVE ONLINE** WEBINAR SERIES

Practical Tools for Raising Confident, Resilient,
and Responsible Children

FOR PARENTS AND CAREGIVERS OF CALVERT COUNTY PUBLIC SCHOOLS STUDENTS (PRE-K – 12)



Join us for a supportive and informative 3-part live online webinar series designed to give parents and caregivers practical strategies to strengthen family relationships, support positive behavior, and help children thrive at home and school.

1

 ONLINE

**TUESDAY,
NOVEMBER 3
7:30 – 9:00 PM (ET)**

Understanding Your Child's Behavior



- What may be behind challenging behaviors
- Developmental stages from early childhood to teens
- Strategies to set a positive foundation at home and school

2

 ONLINE

**TUESDAY,
NOVEMBER 10
7:30 – 9:00 PM (ET)**

Positive Discipline and Communication



- Setting clear expectations and boundaries
- Encouraging cooperation and responsibility
- Building trust and reducing parent-child conflict

3

 ONLINE

**TUESDAY,
NOVEMBER 17
7:30 – 9:00 PM (ET)**

Managing Emotions and Building Stronger Relationships



- Helping children and teens manage big feelings
- Supporting resilience and problem-solving skills
- Strengthening family connections and confidence



**LIVE ONLINE
VIA ZOOM**



**FREE
FOR CCPS FAMILIES**



**3 SESSIONS
NOV 3, NOV 10 & NOV 17
(TUESDAYS)**



**7:30 – 9:00 PM (ET)
EACH SESSION**



410-414-9901



www.childrencenter.net

SCAN TO REGISTER



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