East Stroudsburg Area School District

Breakfast & Lunch Menu ~ NOVEMBER 2026

FREE Breakfast & Lunch

***ALA CARTE OPEN & AVAILABLE* - Please see ala carte list via our website; esasd.net - foodservices link**

Monday	Tuesday	Wednesday	Thursday	Friday
11/2 **BREAKFAST:** Mini Cinnis **LUNCH:** Cheesy Max Stuffed Breadsticks w/ Side of Marinara Sauce Pizza and Deli Alternates Chic Pea Salad & Mixed Fruit Cups Juice & Milk	11/3 *NO SCHOOL FOR STUDENTS*	11/4 **BREAKFAST:** Dutch Waffle **LUNCH:** Chicken Nuggets Pizza and Deli Alternates Diced Parsley Potatoes & Assorted Fruits Juice & Milk	11/5 **BREAKFAST:** Sausage, Egg & Cheese Breakfast Sandwich **LUNCH:** Homemade Mac & Cheese Pizza and Deli Alternates Stewed Tomatoes & Assorted Fruits Juice & Milk	11/6 **BREAKFAST:** Warm Bagel with or w/o Cream Cheese **LUNCH:** *National NACHO Day!* Walking Nachos Pizza and Deli Alternates Golden Corn & Assorted Fruits Juice & Milk
11/9 **BREAKFAST:** Chocolate Muffins w/ Crackers **LUNCH:** Bacon & Cheese Steak Burger on a Bun Pizza and Deli Alternates Assorted Fruits & Vegetables Juice & Milk	11/10 **BREAKFAST:** Egg & Cheese Breakfast Wrap **LUNCH:** Meatball Sub Sandwich Pizza and Deli Alternates Ranch Seasoned Fries & Assorted Fruits Juice & Milk	11/11 **BREAKFAST:** Mini Maple Pancakes **LUNCH:** Breaded Mozzarella Sticks w/ Dipping Sauce Pizza and Deli Alternates Roasted Seasoned Chic Peas & Assorted Fruits Juice & Milk	11/12 **BREAKFAST:** Ham, Egg & Cheese on a Croissant **LUNCH:** Mini Twin Beef Sliders Pizza and Deli Alternates Assorted Fruits & Vegetables Juice & Milk	11/13 **BREAKFAST:** Belgium Waffle **LUNCH:** *National Pickle Day!* Lightly Breaded Chicken Tenders Pizza and Deli Alternates Pickle Chips Assorted Fruits & Vegetables Juice & Milk
11/16 **BREAKFAST:** WG Donut Sticks **LUNCH:** Walking Taco Pizza and Deli Alternates Lettuce & Tomato Cup & Assorted Fruits Juice & Milk	11/17 **BREAKFAST:** Sausage & Cheese Breakfast Sandwich **LUNCH:** Buttered Pierogies Pizza and Deli Alternates Assorted Fruits & Vegetables Juice & Milk	11/18 **BREAKFAST:** Dutch Waffle **LUNCH:** Pepperoni & Cheese Calzone Pizza and Deli Alternates Assorted Fruits & Vegetables Juice & Milk	11/19 **BREAKFAST:** Bacon, Egg & Cheese on a Bagel **LUNCH:** *Thanksgiving Feast* Roast Turkey with Gravy, Stuffing and Mashed Potatoes Pizza and Deli Alternates Golden Corn Cranberry Sauce Juice & Milk Pumpkin Pie Square	11/20 **BREAKFAST:** Pancake & Sausage on a Stick **LUNCH:** Chicken & Cheese Quesadillas Pizza and Deli Alternates Assorted Fruits & Vegetables Juice & Milk
11/23 *NO SCHOOL FOR STUDENTS*	11/24 *NO SCHOOL FOR STUDENTS*	11/25 *Thanksgiving Holiday* *NO SCHOOL FOR STUDENTS*	11/26 *Thanksgiving Holiday* *NO SCHOOL FOR STUDENTS*	11/27 *Thanksgiving Holiday* *NO SCHOOL FOR STUDENTS*
11/30 **BREAKFAST:** Banana Chocolate Chunk Oatmeal Bar **LUNCH:** General Tso's Chicken Pizza and Deli Alternates Steamed Rice Assorted Fruits & Vegetables Juice & Milk				

Available Daily for Lunch: Peanut Butter & Jelly Sandwich; Deli Sandwiches; Selected Pizza; Yogurt Meal; Assorted Fruits & Vegetables. All Meals Include: ½ Cup Fruit and/or 100% Fruit Juice, ½ Cup Vegetables; Choice of ½ pint fat free or 1% white milk, or no fat chocolate milk or Lactaid.

Suggestions/Comments: Please contact Food Services: melissa-collevechio@esasd.net; 570-424-8500 Ext 10530

Check out the web page: www.esasd.net **Pay for your meals in advance through www.schoolcafe.com** **Now online: Information about Birthday Baskets** **Thank you for your support of the cafeteria**

MENU SUBJECT TO CHANGE BASED ON PRODUCT AVAILABILITY

"This institution is an equal opportunity provider" *10/21/26*

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