UPPER + MIDDLE SCHOOL

KNIGHTS TABLE PRICING

Upper School Entree	$8.00
Middle School Entree	$7.50
Salad Bar	$4.00
Small Salad Bar	$8.00
Freshpoint Flatbread	$7.00
Freshpoint Wrap	$6.50
Freshpoint Sandwich	$6.50
Snack Tray	$4.50
Veggie Pack	$4.50
Mango	$6.50
Mixed Fruits	$5.00
Wildflower Bakery	$6.00
Soup of the Day	$3.50
Large Sandwich	$6.00
Small Sandwich	$5.00
Wraps	$6.00
Large Chips	$1.50
Pickles	$2.50
Yogurt Parfait	$3.50
Veggie Side	$1.50
Fruit Cup	$1.50
Fruit	$1.25
Nutrigrain Bar	$1.25
Pizza Slice	$2.50
Cereal	$2.50
Extra Protein	$2.50
Extra Bread	$1.00

BEVERAGES

Small Water	$0.75
Large Water	$1.50
Smart Water	$4.00
Body Armour	$3.00
Core Power	$3.50
Juice Box	$0.75
Horizon Milk	$3.00
Powerade	$2.75
Tea	$2.75
Vitamin H20	$2.75
Fresca	$2.75

MORNING BREAK

Biscuit	$2.00
Chicken Biscuit	$3.75
Sausage Biscuit	$3.75
Chicken and Waffles	$3.75
French Toast	$1.75
Muffins	$1.75
Bagel	$2.20
Pancakes / Waffles	$2.00
Sausage / Bacon	$2.00
Full Breakfast Bar (3 or more items)	$6.00
Medium Breakfast Bar	$4.50
Small Breakfast Bar	$3.50
Wildflower Bakery	$6.00

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