

Theresa Watkins



Theresa Watkins exemplifies what it means to be a Lady Bulldog. Her outstanding athletic achievements, professional success, and unwavering commitment to excellence have earned her a place among the finest student-athletes in Millsap High School history.

During her years at Millsap High School from 1986 to 1990, Theresa distinguished herself as one of the school's premier multi-sport athletes. She competed at the varsity level in basketball, volleyball, track, and cross country, earning All-State honors in cross country and All-District recognition in both volleyball and basketball.

Her versatility, determination, and competitive spirit made her a leader on every team she represented. While Theresa excelled in every sport she played, it was on the cross country course where she truly left her mark as she was the first girl in MHS history to qualify for the state meet. During this breakout season, she finished an outstanding 15th in the state with a time of 13:18.

As a senior, she won the district title. Theresa qualified for the regional meet where she placed 2nd and set a school record with a time of 12:56. With hard work and dedication, Theresa once again returned to the state championships and improved upon her previous performance by placing 10th in the state with a time of 13:20.

Although her record has since been broken, Theresa's relentless work ethic, discipline, and passion for competition helped elevate Millsap's newly formed cross country program as one to be reckoned with as she established herself as the #1 runner for MHS during her high school career. Due to her remarkable success, she will always be considered as one of Millsap's all-time top cross country runners.

Following graduation, Theresa built a successful 20-year career in ophthalmology while simultaneously working part-time with Levy Restaurants. Through that experience, she developed expertise in hospitality, catering, and event management, ultimately making the decision to transition into the hospitality industry full-time. That decision led to opportunities to travel across the country while managing operations at some of America's premier entertainment and sporting venues.

Today, Theresa serves as the General Manager of both the Las Vegas Motor Speedway and Sonoma Raceway, where she oversees operations at two of the nation's most recognized motorsports facilities. Her professional accomplishments reflect the same leadership, determination, and excellence that defined her athletic career.

Theresa currently resides in Henderson, Nevada. She is the proud mother of two children, Morgan Coe and Trace Coe.