

Owatonna High School

This institution is an equal opportunity provider

NOVEMBER 2026

LUNCH MENU

FREE MEALS FOR ALL STUDENTS
All students are eligible for 1 breakfast meal and 1 lunch meal at no cost.
An alternative entree or salad bar is also available for a reimbursable lunch.

COMPLETE MEAL
Students must choose at least 3 components, including ½ c fruit or vegetable, as part of a complete meal.

MILK

Milk Choices: Skim or 1% White, or Skim Chocolate
Single milk purchase is \$0.60 per carton.

EDUCATIONAL BENEFITS
Your student may qualify for additional Educational Benefits. For more information, please visit [Application for Educational Benefits](#) on the Nutrition Services webpage.

ADULT MEAL PRICES
Lunch: \$5.50

ALLERGY INFORMATION
This menu contains one or more of the following ingredients: milk, eggs, soybeans, fish, shellfish, sesame, and/or wheat. Please contact 507-444-8607 with special diet related inquiries.

MONDAY OCT 26	TUESDAY OCT 27	WEDNESDAY OCT 28	THURSDAY OCT 29	FRIDAY OCT 30
Pizza Caesar Salad Fresh Veggies Mandarin Oranges Fresh Fruit	Rotini Pasta w/ Meat Sauce & Garlic Toast Steamed Carrots Fresh Veggies Chilled Peaches Fresh Fruit	Boneless Chicken Wings w/ Dinner Roll Mashed Potatoes & Gravy Fresh Veggies Pineapple-Orange Mix Fresh Fruit	Baked Potato Bar w/ Pretzel Steamed Broccoli Fresh Veggies Applesauce Fresh Fruit	Meatball Sub Sandwich Baked Beans Coleslaw Chilled Pears Fresh Fruit Fresh Baked Cookie
NO SCHOOL	Bosco Sticks w/ Marinara Sauce Steamed Mixed Veggies Fresh Veggies Pineapple Tidbits Fresh Fruit	Mini Corn Dogs Crinkle Cut Fries Fresh Veggies Blueberries Fresh Fruit	Pulled Pork Sandwich Mac & Cheese Steamed Green Beans Fresh Veggies Applesauce Fresh Fruit	Original or Spicy Brd Chicken Sandwich Glazed Baby Carrots Fresh Veggies Chilled Pears Fresh Fruit
French Toast Sticks w/ Cheesy Omelet Breakfast Potatoes Fresh Veggies Mandarin Oranges Fresh Fruit	Penne Pasta w/ Chicken Alfredo & Garlic Breadstick Steamed Peas Fresh Veggies Chilled Peaches Fresh Fruit	Chicken Tenders w/ Dinner Roll California Blend Veggies Fresh Veggies Mixed Berries Fresh Fruit	Garlic Parmesan Crusted Chicken w/ Dinner Roll Steamed Corn Italian Lettuce Salad Cinnamon Applesauce Fresh Fruit	Gyro Flatbread Baked Beans Fresh Veggies Chilled Pears Fresh Fruit
Garlic Cheese Bread w/ Marinara Sauce Roasted Parmesan Green Beans Fresh Veggies Pineapple Tidbits Fresh Fruit	Walking Taco Cheesy Refried Beans Fresh Veggies Chilled Peaches Fresh Fruit	All-Beef Hot Dog Bag of Chips Baked Beans Fresh Veggies Orange-Strawberry Mix Fresh Fruit	Turkey & Gravy over Mashed Potatoes w/ Dinner Roll Glazed Baby Carrots Cranberries Fresh Fruit Pumpkin Bar	Hot Turkey-Ham & Cheese on Croissant Tater Tots Fresh Veggies Chilled Pears Fresh Fruit