Silsbee Independent School District
School Health Advisory Council (SHAC) Meeting Minutes
Date: October 5, 2026
Time: 12:00 PM – 12:25 PM
Location: Silsbee High School Library

Attendees

- **Tricia Brooks** (Director of Business & Finance, Child Nutrition Director)
- **Litesha Limbrick** (Child Nutrition Coordinator)
- **Bernardo Koreblum** (General Manager, SFE)
- **Tanya Avery** (State & Federal Program Coordinator)
- **Jeff Fisher** (Director of Safety and Administration)
- **Kelly Drake** (Retired PE Teacher/Coach, Community Member)
- **Greg Garrett** (SHAC President / Chair)
- **Gail Douglas** (Orange County / Hardin County Health Department)
- **Sky Thomas** (Legacy Community Health/ Co-Chair)
- **Student Representatives (Seniors):** Addison Durant, Sadiey Rodriguez, Brenna Seal, Jacob Welch, Sarah Parker, Lana Rivas, and Braden Seal

1. Welcome and Purpose of SHAC

- Tricia Brooks officially opened the first meeting of the 2026–2027 school year at 12:00 PM. A light lunch was provided by Bernardo Koreblum from SFE.
- The council welcomed district student representatives to the SHAC meetings in accordance with updated guidelines.
- The core purpose of SHAC was outlined: to serve as an advisory board to the school district regarding local values and health concerns affecting student health education and wellness programs.
- SHAC activities are reported directly to the school board. In years requiring a health curriculum adoption, the committee is responsible for reviewing the curriculum options and providing an official recommendation to the board on which one to choose.

2. District Wellness Policy and Plan Review

- Copies of the current local District Wellness Policy and the Wellness Plan were made available to everyone in attendance.

- It was clarified that the district governs this local policy and can make changes to it. The *Wellness Policy* establishes the core guidelines, whereas the *Wellness Plan* outlines the specific administrative actions the district takes to implement those guidelines.
- All committee members were requested to thoroughly review the 11-page Wellness Plan and bring feedback, notes, or suggestions on what may need to be changed to the next meeting.

3. Appointment of Officers

- **Greg Garrett** agreed to continue serving as the ongoing SHAC Chair.
- **Skye Thomas** from Legacy Community Health volunteered and was appointed as the Co-Chair.
- Following the appointments, formal introductions were made by everyone attending the meeting.

4. Health Department Coordination & Immunization Clinic

- Gail Douglas from the Hardin County Health Department presented details regarding a proposed immunization clinic ahead of the upcoming school year.
- Flu Vaccines: Available for students qualifying under the TVFC program (including those on Medicaid, CHIP, native/Indian heritage, or uninsured/underinsured). Vaccines are free for Medicaid, CHIP, or Indian-qualified students, and $10 for all other eligible tiers. There are currently no flu vaccines available for adults through this program.
- Reporting: The Health Department noted that campus nurses continue to successfully submit vital weekly communicable disease reports.

Food Service & Child Nutrition Updates

- **Roving Chef Event:** Bernardo Koreblum reported on last month's highly successful event at the elementary school honoring New York's "Momofuku Milk Bar". A group of students were able to bake specialized corn cookies to align with the "Harvest of the Month" (corn). The child nutrition department plans to hold a Roving Chef event at a different school every month, with the recipes based on the Harvest of the Month. The next event will be at the middle school to make apple dumplings.
- **Second-Chance Grab-and-Go:** Designed to capture middle and high school students who do not usually eat breakfast, mobile breakfast stations have been

deployed. Breakfast participation numbers have successfully gone up by 30 more students at the middle school.

- **National School Lunch Week (NSLW):**
  Set for the week of October 14th. Bernardo announced a tray raffle program for middle and high school students. Some lunch trays will have a surprise marker or sticker underneath; whoever finds the marker under their tray wins a chance to spin a prize wheel for a prize (including snacks, Amazon gift cards, cafeteria snack account funds, or a grand prize Pokémon box). Student representatives advised that morning announcements and having the Assistant Principals announce it physically during lunch would be the most effective ways to inform everyone.
- **Texas Farm Fresh Challenge:** Taking place throughout October, the district is incorporating local Texas fruits and vegetables into the daily menus and promoting our local food offerings on social media. There are different tiers to the challenge, and in the past, Silsbee has been awarded for reaching the highest tier.

6. Summer and Emergency Meals

- Summer feeding operations are open to district students and other area children who are under the age of 18. The site operates under strict congregate feeding guidelines, meaning all meals must be consumed on-site; they cannot take it and go.
- School buses run during the summer exclusively for students attending academic summer school, not for standalone transit to summer feeding.
- Emergency feeding successfully provided 173 lunches and 78 breakfasts to district students on the single day schools were shut down due to recent severe weather power outages.

7. Menu Advisory Board

- The district maintains an active Menu Advisory Board that meets in the evenings (typically around 6:00 PM) in the Administration Building Board Room.
- **Purpose & Function:** The board serves as a platform for students, parents, and staff to directly influence district menus. Attendees review nutritional options, pitch flavor ideas, and actively evaluate what items should be added or removed from rotation based on changing student palettes.
- **Recipe Testing & Innovation:** Bernardo highlighted that the SFE menu database is highly customizable, and he can build entirely new recipes based on student

demand. The board facilitates tasting sessions where Bernardo brings out live food samples for members to try. Past concepts have included custom baked potato bars (featuring specialized proteins like pulled pork or pulled chicken alongside setups of jalapeños, sour cream, and coleslaw) and experimental options like sushi.
- **Next Steps:** The first official meeting will be scheduled for late October. Anyone interested in participating is instructed to email Litesha Limbrick to be added to the calendar invite.

Next Scheduled Meetings

All upcoming meetings will take place in the Silsbee High School Library:

- **December 7, 2026**
- **January 11, 2027**
- **March 1, 2027**

The meeting was officially adjourned by Tricia Brooks at 12:25 PM.