

# November 2026 Gluten Free Lunch Menu

| Monday                                                                                                   | Tuesday                                                                                                                                                                    | Wednesday                                                                                                                                       | Thursday                                                                                 | Friday                                                                                    |
|----------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------|
| 2-Nov                                                                                                    | 3-Nov                                                                                                                                                                      | 4-Nov                                                                                                                                           | 5-Nov                                                                                    | 6-Nov                                                                                     |
| GF Mac n Cheese<br>Garden Salad<br>Crispy Tater Tots<br>Fresh Apple<br><b>MEATLESS Monday</b>            | Cheese Pizza on a GF Bagel<br>Garden Salad<br>Fresh Banana<br>Baby Carrots                                                                                                 | Sausage Egg and Cheese on a GF Bagel<br>Fresh Blueberries<br>Fresh Strawberries<br>Sweet Potato Fries<br><small>BRUNCH FOR LUNCH TODAY!</small> | Nacho Grande<br>Sour Cream<br>Corn & Black Bean<br>Salsa<br>Garden Salad<br>Apple Slices | Cheeseburger / Hamburger on a GF Bun<br>Sweet Potato Fries<br>Baked Beans<br>Apple Slices |
| 9-Nov                                                                                                    | 10-Nov                                                                                                                                                                     | 11-Nov                                                                                                                                          | 12-Nov                                                                                   | 13-Nov                                                                                    |
| GF Pasta with Tomato Sauce<br>Green Beans<br>Crispy Tater Tots<br>Fresh Orange<br><b>MEATLESS Monday</b> | GF Meatball Hero<br>Buttered Corn<br>Garden Salad<br>Fresh Orange<br>Sweet Potato Fries                                                                                    |                                                                | GF Chicken Tenders<br>Crispy Tater Tots<br>Baby Carrots<br>Fresh Orange                  | Cheese Pizza on a GF Bagel<br>Garden Salad<br>Fresh Banana<br>Baby Carrots                |
| 16-Nov                                                                                                   | 17-Nov                                                                                                                                                                     | 18-Nov                                                                                                                                          | 19-Nov                                                                                   | 20-Nov                                                                                    |
| GF Mac n Cheese<br>Garden Salad<br>Crispy Tater Tots<br>Fresh Apple<br><b>MEATLESS Monday</b>            | GF Chicken Tenders<br>Crispy Tater Tots<br>Baby Carrots<br>Fresh Orange                                                                                                    | Ham & Cheese Melt on a GF Bagel<br>Baby Carrots<br>Fresh Banana<br>Cherry Tomatoes<br><b>IT'S STUDENT APPRECIATION DAY</b>                      | Nacho Grande<br>Sour Cream<br>Corn & Black Bean<br>Salsa<br>Garden Salad<br>Apple Slices | GF Chicken Tenders<br>Crispy Tater Tots<br>Baby Carrots<br>Fresh Orange                   |
| 23-Nov                                                                                                   | 24-Nov                                                                                                                                                                     | 25-Nov                                                                                                                                          | 26-Nov                                                                                   | 27-Nov                                                                                    |
| Nacho with Cheese<br>Sour Cream<br>Corn & Black Bean<br>Salsa<br>Garden Salad<br><b>MEATLESS Monday</b>  | GF Mac n Cheese<br>Garden Salad<br>Crispy Tater Tots<br>Fresh Apple                                                                                                        | Egg and Cheese on a GF Bagel<br>Fresh Blueberries<br>Fresh Strawberries<br>Sweet Potato Fries<br><small>BRUNCH FOR LUNCH TODAY!</small>         |      | <b>SCHOOL CLOSED TODAY</b>                                                                |
| 30-Nov                                                                                                   |   |                                                                                                                                                 |                                                                                          |                                                                                           |
| GF Chicken Tenders<br>Crispy Tater Tots<br>Baby Carrots<br>Fresh Orange                                  |                                                                                                                                                                            |                                                                                                                                                 |                                                                                          |                                                                                           |

Available Daily: GF Bagel w/Cheesesticks or Vanilla Yogurt Cup w/Fruit or Turkey & Cheese Roll

All Meals Served with Vegetables, Fruit and/or Juice, Fat Free, 1% or FF Chocolate Milk

