

NORTH ALLEGHENY SCHOOL DISTRICT ELEMENTARY LUNCH MENU November 2026



MAKE IT A MEAL!

Choose at least 3 of 5 meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Daily Fruit & Vegetable Choices

Choices May Include:

Apples, Grapes, Oranges, Strawberries, Apple Slices, Apple Sauces, Mixed Fruit, Peaches, Pears, 100% Fruit Juice

Baby Carrots, Broccoli, Cucumbers, Tomatoes, Celery, Salad Mix, Green Peppers

Students may choose three ½ cup servings of fruits/vegetables.

Additional Choices Available in Season

Milk Selection

Choices May Include:

Skim, 1% White, Fat Free White, Fat Free Chocolate, Fat Free Vanilla, Fat Free Strawberry

****All Grain Options are Whole Grain****

(V) Vegetarian

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

Lunch Prices

Student	\$2.45
Premium+	\$3.45
Adult	\$5.25
Adult+	\$6.25



schoolcafe.com

MONDAY

Professional Learning Day

NO SCHOOL!

TUESDAY

Professional Learning Day

NO SCHOOL!

WEDNESDAY

Ham & Cheese on a Pretzel Bun
or
Soft Pretzel Craveable (V) +

Featured Vegetable:
Tomato Soup

THURSDAY

Orange Chicken with Brown Rice
or
Soft Pretzel Craveable (V) +

Featured Vegetable:
Steamed Broccoli

FRIDAY

Big Daddy Pizza (V) +
or
Soft Pretzel Craveable (V) +

Featured Vegetable:
Steamed Green Beans

Daily Offerings: Garden Salad (V) | Chef Salad | Chicken Patty | Baked Potato (V) | PB&J (V)

Breaded Chicken Tenders with Mini Waffles +

or
Breadstick Dipper Craveable (V) +

Featured Vegetable:
Hash Brown Potatoes

Beef & Cheese Quesadilla Featuring Nutritious Friend Quirky Quinoa!
or
Breadstick Dipper Craveable (V) +

Featured Vegetable:
Black Beans

Toasted Cheese Sandwich (V)
or
Breadstick Dipper Craveable (V) +

Featured Vegetable:
Tomato Soup

Pasta with Meatballs & Breadstick +

or
Breadstick Dipper Craveable (V) +

Featured Vegetable:
Steamed Broccoli

Mozzarella Pizza Sticks with Pizza Sauce (V)
or
Breadstick Dipper Craveable (V) +

Featured Vegetable:
Steamed Green Peas

Daily Offerings: Garden Salad (V) | Chef Salad | Chicken Patty | Baked Potato (V) | PB&J (V)

Ham, Egg & Cheese on Maple Waffle Flatbread +

or
Yogurt Craveable (V) +

Featured Vegetable:
Roasted Carrots

Beef Nachos Grande Featuring Nutritious Friend Quirky Quinoa!
or
Yogurt Craveable (V) +

Featured Vegetable:
Black Beans

Hamburger or Cheeseburger
or
Yogurt Craveable (V) +

Featured Vegetable:
Steamed Broccoli

Thanksgiving Feast! +
All Meals Served with a Cookie!
or
Yogurt Craveable (V) +

Featured Vegetable:
Steamed Corn

Big Daddy Pizza (V) +
or
Yogurt Craveable (V) +

Featured Vegetable:
Steamed Green Beans

Daily Offerings: Garden Salad (V) | Chef Salad | Chicken Patty | Baked Potato (V) | PB&J (V)

French Toast Sticks with Sausage
or
Walking Taco Craveable +

Featured Vegetable:
Hash Brown Potatoes

Chicken & Cheese Quesadilla Featuring Nutritious Friend Quirky Quinoa!
or
Walking Taco Craveable +

Featured Vegetable:
Black Beans

Mini Corn Dogs
or
Walking Taco Craveable +

Featured Vegetable:
Roasted Carrots

Thanksgiving Break

NO SCHOOL!

Thanksgiving Break

NO SCHOOL!

Daily Offerings: Garden Salad (V) | Chef Salad | Chicken Patty | Baked Potato (V) | PB&J (V)

Chicken & Mashed Potato Bowl with Roll
or
Bagel Craveable (V) +

Featured Vegetable:
Steamed Corn

Thanksgiving Feast on 11/19 includes Turkey Roast, Mashed Potatoes, Corn, Turkey Gravy, and a Cookie.

Now Hiring Part Time & Substitute Cafeteria Workers

Email:
jenna.ossler@metzcorp.com

Visit SchoolCafe for Menu:

-Nutritionals
-Allergens
-Ingredients

Daily Offerings: Garden Salad (V) | Chef Salad | Chicken Patty | Baked Potato (V) | PB&J (V)

YOUR DINING SERVICES TEAM

Jenna Ossler, Food Service Director
(724) 934-7202 ext. 35053 |
jenna.ossler@metzcorp.com

Lily Mejia, Assistant Food Service Director

(724) 934-7279 ext. 35050 |
lily.mejia@metzcorp.com



Metz
CULINARY MANAGEMENT
ENVIRONMENTAL SERVICES



MILK IS MIGHTY

Non-fat and low fat options. Flavors like chocolate and strawberry. Calcium builds bones and teeth!



GNAW ON RAW

Veggie Patch, salad, and cooked. Veggies have fiber for digestion



POWER UP WITH PROTEIN

Meat, cheese, eggs, yogurt, and peanut butter. Protein helps us grow!



WHOLE GRAINS = WHOLE PACKAGE

Bread, cereal, and crackers. Grains give us energy!



PURSUIT FOR FRUIT

Fresh, cupped, or 100% juice, fruit is nutrient-packed!

Meet Your nutritious friends



Quirky Quinoa Featured on Tuesday's Throughout November!

schoolcafé

View menus on the go! SchoolCafe provides an easy way to view our menus and manage your account.



MAKE IT A MEAL!

Choose at least **3 of 5** meal components for the school lunch price:

Meat/Meat Alternative, Whole Grain, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit or vegetable must accompany a school lunch.

DAILY OFFERINGS

Garden Salad (V): Romaine Lettuce with Mozzarella Cheese, Carrots, & Cucumber. Served with Goldfish Crackers and a Roll.

Chef Salad: Romaine Lettuce with Turkey, Mozzarella Cheese, Tomatoes, Cucumber, & Croutons. Served with a Roll.

Chicken Patty: Chicken Patty on a Whole Grain Bun

Baked Potato (V): Topped with Shredded Cheddar Cheese. Served with a Roll.

PB&J (V): Smucker's Uncrustables® Peanut Butter & Jelly Sandwich. Served with a Cheese Stick & Roll.

CRAVEABLES ♦

Soft Pretzel Craveable (V):

Soft Pretzel served with Yogurt and a Cheese Stick

Breadstick Dipper Craveable (V): Breadsticks served with Pizza Dipping Sauce and a Cheese Stick.

Yogurt Craveable (V):

Yogurt served with a Cheese Stick and Goldfish.

Walking Taco Craveable:

Nacho Cheese Chips topped with Beef and Shredded Cheese.

Bagel Craveable (V):

Bagel with Cream Cheese. Served with Yogurt and a Cheese Stick.

LUNCH PRICES

Student Lunch:	\$2.45
Student Premium: ♦	\$3.45
Adult Lunch:	\$5.25
Adult Premium: ♦	\$6.25

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