

NORTH ALLEGHENY SCHOOL DISTRICT HIGH SCHOOL BREAKFAST MENU

November 2026

MAKE IT A MEAL!

Choose at least 3 of 4 meal components for the school breakfast price:

Whole Grain, Meat/Meat Alternative, Fruit/Vegetable, Milk
A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast.

Available Daily

Assorted Cereals & Bars w/ Graham Cracker (V)
May Include Cheerios (GF), Cinnamon Toast Crunch, Cocoa Puffs, Lucky Charms (GF), Trix, Benefit Bars, & Nutri Grain Bars

Whole Grain Pop Tarts (V)
Fudge, Cinnamon, Strawberry

Whole Grain Muffins w/ Graham Cracker (V)
Apple, Blueberry, Banana, Chocolate

Whole Grain Donuts (V)
Chocolate & Powdered Sugar

Bagel w/ Cream Cheese (V)

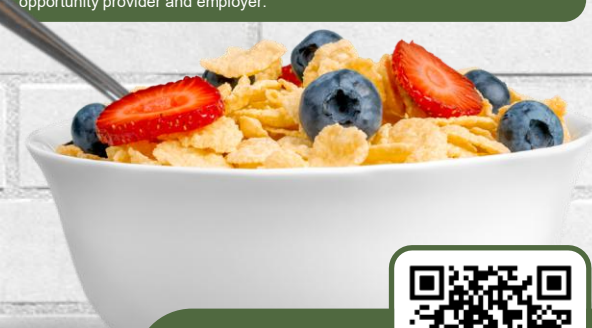
Fruit Selection

Apple Slices, Apple Sauce, Apples, Oranges
Assorted Juice
Students may choose two ½ cup servings.
Local Choices Available in Season

Milk Selection

May Include:
Skim, 1% White, Fat Free White, Fat Free Chocolate,
Fat Free Vanilla, Fat Free Strawberry
(V) Vegetarian (GF) Gluten Free

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



Breakfast Prices

Student \$0.00
Adult \$2.75



schoolcafe.com

MONDAY

2

Professional Learning Day

NO SCHOOL!

TUESDAY

3

Professional Learning Day

NO SCHOOL!

WEDNESDAY

4

Egg & Cheese Croissant (V)

Bacon, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

THURSDAY

5

French Toast Sticks with Syrup (V)

Sausage, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

FRIDAY

6

Breakfast Banana Split (V)

Egg & Cheese Wrap (V)

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

9

Mini Maple Pancakes (V)

Egg & Cheese Wrap (V)

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

10

Breakfast Pizza with Pork Sausage

Sausage, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

11

Egg, Sausage & Cheese Maple Flatbread

Bacon, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

12

Chocolate Chip French Toast (V)

Sausage, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

13

Apple Strudel (V)

Egg & Cheese Wrap (V)

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

16

Mini Cinni Rolls (V)

Egg & Cheese Wrap (V)

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

17

Breakfast Pizza with Pork Sausage

Sausage, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

18

Pancake on a Stick

Bacon, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

19

French Toast Sticks with Syrup (V)

Sausage, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

20

Breakfast Banana Split (V)

Egg & Cheese Wrap (V)

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

23

Mini Blueberry Donut Holes (V)

Egg & Cheese Wrap (V)

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

24

Breakfast Pizza with Pork Sausage

Sausage, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

25

Egg & Cheese Croissant (V)

Bacon, Egg, & Cheese Wrap

Assorted Cereals or Cereal Bar w/ Graham Cracker (V)

26

Thanksgiving Break

NO SCHOOL!

**Now Hiring
Part Time & Substitute
Cafeteria Workers**

Email:
jenna.ossler@metzcorp.com

27

Thanksgiving Break

NO SCHOOL!

Visit SchoolCafe for Menu:

-Nutritionals
-Allergens
-Ingredients

YOUR DINING SERVICES TEAM

Jenna Ossler, Food Service Director
(724) 934-7202 ext. 35053 |
jenna.ossler@metzcorp.com

Lily Mejia, Assistant Food Service Director

(724) 934-7279 ext. 35050 |
lily.mejia@metzcorp.com

