

School Health Advisory Council Meeting Minutes October 1, 2026

Members in Attendance

Facilitator:

- Chris Hecker

Community Members:

- Elizabeth Bosquez
- Cindy Carver
- Anjali Gupta
- Sarah Hoglund
- Ramona Kelley
- Ronnie Nespeca
- Drizanna Sandoval
- Austin Strozier
- Karen Thomas
- Radele Walker
- Alejandra Wang
- Scott Ward
- Felicia Hayes
- Maggie Wiley
- Susan Brenz
- Angela Williams-Thomas

Guests:

- Liana Flord
- Paulina Avila-Martinez
- Noelia Cantu
- Julie Hinaman
- Gonzalo Murillo
- Christine Kalmbach

District Committee Members:

- Emmy Durand
- Suzy Hunter
- Darin Crawford
- Deborah Bartholomew
- Celia Weaver
- Franklin Sampson
- Melinda Hood
- Luis Villareal

Call to Order

Chris Hecker called the meeting to order at 9:42AM.

- Motion to call the meeting to order: Scott Ward
- Second: Karen Thomas

SHAC Orientation

Led by Chris Hecker. He asked SHAC members along with guests and district committee members to introduce themselves.

Handouts of current By-Laws, Roberts Rules of Order, and SHAC Meeting Minutes from 02.04.26 and 04.02.26 were provided to the voting members.

Review and Approval of SHAC By-Laws

The SHAC By-Laws must be reviewed on a yearly basis and require a By-Laws subcommittee to be formed consisting of three voting members and 2 non-voting members.

Because a quorum was not present at the final meeting of the 2025-2026 school year, the previously proposed changes made to the By-Laws could not be formally voted upon. Chris Hecker reviewed the proposed changes, and a motion to approve the By-Laws was called for.

- Motion to approve: Scott Ward
- Second: Sarah Hoglund
- Approval passed with a 16:2 vote.

Voting member volunteers of the By-Laws subcommittee:

- Elizabeth Bosquez
- Sarah Hoglund
- Maggie Wiley

Non-voting member volunteers of the By-Laws subcommittee:

- Leanna Board
- Darin Crawford

Review and Approval of Minutes

- Led by Chris Hecker
- Motion to approve: Maggie Wiley
- Second: Karen Thomas

- Unanimous vote in favor of Karen Thomas serving as secretary.

Health Services Department

Presented by Melinda Hood, Director of Health Services.

Melinda presented an overview of the CFISD Health Services department. CFISD currently has (96) Registered Nurses - RNs, (4) Licensed Vocational Nurses – LVNs and (52) Clinical Assistants (CAs).

CFISD Health Services staff are responsible for managing acute to chronic health conditions affecting CFISD students. The department handled 714,751 clinic visits and dispensed over 182,000 medication doses for the 2025-2026 school year.

The department also leads district-wide health screenings which are required by law. An annual “See to Succeed” event is held in February in partnership with the Houston Health department to provide comprehensive eye exams and glasses at no cost for CFISD students who fail their vision screenings.

CFISD provides a Nurse Precepting program which hosts students from various colleges and universities to obtain experience in the unique setting of school nursing.

Guidance & Counseling Department

Presented by Franklin Sampson, Director of Guidance and Counseling.

Franklin presented an overview of the CFISD Guidance and Counseling Department. He reviewed the make-up of the department, including:

- 110 HS Counselors
- 60 MS Counselors
- 92 ES Counselors
- 1 Itinerant Counselor
- 4 Mental Health Interventionalists
- 1 Substance Abuse Counselor
- 17 Youth Service Specialists

CFISD had 9,400 graduates in June 2026 and 143 in July 2026.

The Youth Service Specialists (YSS) are all social workers whose salaries are paid by CFISD and Harris County.

The district has a food pantry which can now provide perishable items due to a donation of refrigerator. CFISD also has a clothing closet and a prom boutique.

CFISD hosts two development programs called the Counselor Leadership Institute and the Aspiring Counselor Institute.

CFISD's Mental Health Intervention Team tackles mental health concerns and promotes mental health awareness. They support campuses and counselors ensuring everyone understands mental health is part of health.

The department provides a mock bedroom display called “Hidden in Plain Sight,” shown to the SHAC in the past, which helps to educate parents on various warning signs of possible substance abuse.

The department also support staff through the Employee Assistance Program.

Election of Parent Co-Chair

Christ Hecker reviewed the roles and responsibilities associated with the co-chair position. Following the overview, a call to elect a new parent co-chair was initiated.

- Karen Thomas volunteered
- Motion to Elect: Scott Ward
- Second: Elizabeth Bosquez
- Unanimous vote in favor of Karen Thomas serving as parent co-chair.

Election of Secretary

Chris Hecker reviewed the roles and responsibilities associated with the secretary position. Following the overview, a call to elect a new secretary was initiated.

- Drizanna Sandoval volunteered
- Motion to Elect: Scott Ward
- Second: Elizabeth Bosquez
- Unanimous vote in favor of Drizanna Sandoval serving as secretary

Physical Education Subcommittee

Debbie Bartholomew filled in for Elaine Waier, who leads this subcommittee required by SHAC. Its purpose is to create recommendations to SHAC that would enhance



student physical activity and fitness to be offered outside of a PE class.

Wellness Subcommittee Update

Emmy Durand leads this committee, not required by SHAC, but is offered as an opportunity for community input.

Adjournment

Meeting called for adjournment at 10:48AM.

Motion: Scott Ward

Second: Angela Williams-Thomas

All in favor