SHAC Meeting Summary

Date: 10-6-2026

Location: BISD Administration Building

Meeting Notes

- SHAC meeting kickoff and participant introductions
    - Meeting identified as SHAC (School Health Advisory Council) on October 6, 2026, starting at 4:06.
    - Roles shared: co-chair/facilitator, secretary, superintendent, counselors, nurses, parents, coach, bus driver, program director.
    - SHAC holds four meetings yearly; agendas posted 72 hours in advance. Meetings are recorded; minutes and recordings posted within 10 days.
    - Membership requirements: minimum 11 members; majority must be parents.
- Overview of SHAC scope and compliance topics
    - SHAC addresses health education, PE minutes, nutrition services, physical activity, employee wellness, and policy implementation.
    - Reference materials provided: state laws (expanded), district bylaws, and topic sheets outlining areas SHAC can influence.
- WellSAT wellness policy assessment process and scores
    - Principals completed practice questionnaires with 0/1/2/NA scoring.
    - District practice example: elementary exceeds Texas minimum 135 minutes with 150 minutes of physical activity weekly.
    - Scores cover policy and practice; “2” is the highest. Federal items marked “F” must be in policy.
    - Members can review questions and scorecards; submit questions over the next weeks.
- Planned policy adjustments to improve WellSAT scores
    - Add direct web link for Smart Snacks standards (NES 8) on district website to achieve a “2” for score.
    - Update wellness policy to reflect 150 minutes of weekly physical activity at elementary (change from 135).
    - Transportation and safe routes (PEPA 16): district will pick up students within two miles in high-traffic/limited-sidewalk areas such as Saylors in Brownsboro; bus runs through downtown and nursing home areas in Chandler even though it is within 2 miles of the school.
    - Legislative update: recess cannot be taken away as punishment unless students have met required weekly physical activity minutes; district policy will state recess cannot be taken if requirements are not met.
- School-sponsored fundraiser exceptions and Smart Snacks compliance

    - District retains six exception days per campus when non–Smart Snack foods may be sold/served.
    - Examples: homecoming barbecue (FFA), holiday parties at elementary, etc.
    - A “2” score would require all served items to meet Smart Snacks every day; district opts to keep six exceptions.
- Procedure for adopting wellness policy changes
    - Recommendation to circulate proposed changes to the committee for review before voting.
    - Action item to place acceptance of the updated wellness policy on the next meeting’s agenda after feedback.
- Free meals exploration and data collection
    - District is collecting a second year of data to apply for universal free breakfast and lunch with the anticipation of qualifying next year.
    - Emphasis on parents completing free/reduced lunch forms; benefits include fee waivers for dual credit tuition, ACT, SAT, and college application fees.
    - Partnering with food service management company to analyze data; goal to offer free meals next year under a five-year qualification without financial risk to the district.
- Student involvement and food services updates
    - New food services lead, Codye Facio, replacing Mr. Gene; aims to attend next meeting and engage via email.
    - Desire to involve students in SHAC; prior activities included tastings and student surveys.
    - Recent cafeteria enhancements were noted including: “walking tacos,” sour cream popularity; positive student and staff reactions to the changes.
- Stillwater Farms partnership for weekly fruit
    - Donation provides an orange or apple weekly to any student, staff, or visitor.
    - Program restarting next week; counselors assist in the distribution.
    - Fruit available before/after school or evening activities; widely appreciated by students.
- Health and wellness graduation cord promotion
    - Senior parent night included promoting the health/wellness coordination
    - Five seniors earned it last year; challenge issued to increase participation among 180 seniors.

Next Arrangements

- Policy updates and compliance
    - Circulate proposed wellness policy changes to SHAC members for review and feedback
    - Place “Vote to accept updated wellness policy” on next meeting agenda
    - Add Smart Snacks standards web link (NES 8) to district website
    - Update online wellness policy to reflect 150 minutes of weekly physical activity at elementary

- Free meals and data collection
    - Continue data collection and parent outreach for free/reduced lunch forms
    - Partner with food service management company to analyze eligibility data for universal free meals
- Food services and student engagement
    - Invite new food services lead to next SHAC meeting
    - Recruit student representatives to participate in SHAC (e.g., tastings, surveys)
    - Restart weekly fruit distribution with Stillwater Farms next week (counselor-assisted)
- Attendance of meeting; Diana Williams, Cheryl Chambers, Karah Coker, Candreas Jones, Diana Herrington, Sarah Berry, rebecca Garlington, Melanie Schmitz, Lauren Rhinehart, Floretta Dean, Keri Hampton, Brad Robertson

Meeting adjourned at 4:30pm

RECORDING OF MEETING: