

10

OCTOBER

2026

S U N	M O N	T U E	W E D	T H U	F R I	S A T
				Conditioning: 1 2:30pm-3:30pm Weights: 3:45pm-4:45pm	No School No Workouts! 2	Open Gym: 3 4pm-6pm (LHS Main gym)
4	Conditioning: 5 2:30pm-3:30pm Weights: 3:45pm-4:45pm	Conditioning: 6 2:30pm-3:30pm Weights: 3:45pm-4:45pm	Conditioning: 7 2:30pm-3:30pm Open Gym: 6pm-7:30pm	Weights: 8 2:30pm-3:30pm Open Gym: 6pm-7:30pm	No Workouts! 9	Open Gym: 10 4pm-6pm (LHS Main gym)
11	Conditioning: 12 2:30pm-3:30pm Weights: 3:45pm-4:45pm	Weights: 13 2:30pm-3:30pm Open Gym: 6pm-7:30pm	Conditioning: 14 2:30pm-3:30pm	Weights: 15 2:30pm-3:30pm Open Gym: 6pm-7:30pm	No Workouts! 16	Open Gym: 17 4pm-6pm (LHS Main gym)
18	Weights: 19 2:30pm-3:30pm Open Gym: 6pm-7:30pm	Conditioning: 20 2:30pm-3:30pm Weights: 3:45pm-4:45pm	Conditioning: 21 2:30pm-3:30pm Open Gym: 6pm-7:30pm	Weights: 22 2:30pm-3:30pm Open Gym: 6pm-7:30pm	No Workouts! 23	No Workouts! 24
25	No Workouts! 26	Weights: 27 2:30pm-3:30pm Gym Workouts: 6pm-7:30pm	Weights: 28 2:30pm-3:30pm Gym Workouts: 6pm-7:30pm	Weights: 29 2:30pm-3:30pm Gym Workouts: 6pm-7:30pm	No Workouts! 30	No Workouts! 31

11

NOVEMBER

2026

S U N	M O N	T U E	W E D	T H U	F R I	S A T
No Workouts! 1	Aux Gym: 2:30pm-4:30pm Weights: 4:45pm-5:45pm 2	No School No Workouts! 3	Gym: 2:30pm-4:30pm Weights: 4:45pm-5:45pm 4	Gym: 2:30pm-4:30pm Weights: 4:45pm-5:45pm 5	No Workouts! 6	Open Gym: 10am-12pm (Main gym) 7
8	Gym: 2:30pm-4:30pm Weights: 4:45pm-5:45pm 9	Gym: 2:30pm-4:30pm Weights: 4:45pm-5:45pm 10	Gym: 2:30pm-4:30pm Weights: 4:45pm-5:45pm 11	Gym Workouts: 2:30pm-4:30pm 12	Basketball Tryouts: 6pm-8pm 13	Var Practice (Main): 10am-12pm 14
15	Var Practice (Main): 2:30pm-4:30pm Parent Meeting: (Library) 6:30pm-7pm 16	17 Var Practice (Main): 2:30pm-4:30pm	18 Var Practice (Main): 2:30pm-4:30pm	19 Var Practice (Main): 2:30pm-4:30pm	Leading Edge Fundraiser: 1pm Var Practice (Main): 10am-12pm 20	Defense: 10am-12pm Offense: 2pm-4pm 21
22	Defense: 10am-12pm Offense: 2pm-4pm 23	Defense: 10am-12pm Offense: 2pm-4pm 24	Var Practice: 10am-1pm Team Bonding Event: Coach's House (5pm) 25	26 Thanksgiving: No Practice	Game: @CDA vs Rogers & Medical Lake Times: 10:20am & 2:20pm 27	Var Practice: 10am-12pm 28
29	30 Var Practice (Main): 2:30pm-4:30pm					

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DECEMBER

2026

S U N	M O N	T U E	W E D	T H U	F R I	S A T
		Shoot Around: 1 2:30pm-3:30pm Game: @LHS vs Timberlake 7pm	Var Practice (Main): 2 2:30pm-4:30pm Film: 4:45pm- 5:30pm	3 Var Practice (Main): 2:30pm-4:30pm	Shoot Around: 4 2:30pm-3:30pm Game: @ Bonners Ferry 7pm	Film: TBD 5 Varsity Practice: 10am-12pm
6	Film: 3pm-3:45pm 7 Varsity Practice: 4:30pm-6:30pm	Shoot Around: 8 2:30pm-3:30pm Game: @ Kellogg 7pm	9 Practice: TBD due to Travel	10 Winter Classic Tournament	11 Winter Classic Tournament	12 Winter Classic Tournament
13	14 Varsity Practice: 2:30pm-4:30pm	15 Varsity Practice: 2:30pm-4:30pm	Shoot Around: 16 2:30pm-3:30pm Game: @LHS vs St Maries 7pm	17 Varsity Practice: 2:30pm-4:30pm	Shoot Around: 18 2:30pm-3:30pm Game: @LHS vs Priest River 7pm	19 No Practice
20	21 Film: TBD Practice: TBD	22 Varsity Practice: 10am-1pm	23 Varsity Practice: 10am-12pm	24 Christmas Eve: No Practice	25 Christmas Day: No Practice	26 Varsity Practice: 10am-12pm
27	28 Varsity Practice: 10am-12:30pm	29 Shoot Around: TBD Game: @CDA vs Meridian	30 No Practice	31 New Years Eve: No Practice	New Years Day: No Practice	Varsity Practice: 10am-12pm

12

JANUARY

2027

S U N	M O N	T U E	W E D	T H U	F R I	S A T
					1 New Years Day: No Practice	2 Varsity Practice: 10am-12pm
3	4 Varsity Practice: (Aux) 2:30pm-4:30pm	5 Varsity Practice: 2:30pm-4:30pm Film: 4:45pm-5:20pm	6 Varsity Practice: 2:30pm-4:30pm Film: 4:45pm-5:20pm	7 Varsity Practice: 2:30pm-4:30pm Film: 4:45pm-5:20pm	8 Shoot Around: 2:30pm-3:30pm Game: @LHS vs Moscow 7pm	9 Varsity Practice: 10am-12pm
10	11 Varsity Practice: (Main) 2:30pm-4:30pm	12 Film: 3pm-4pm Var Practice (Main): 2:30pm-4:30pm	13 Film: 3pm-4pm Varsity Practice: 4:30pm-6:30pm	14 Varsity Practice: 2:30pm-4:30pm	15 Shoot Around: 2:30pm-3:30pm Game: @ Sandpoint 6pm BFP	16 Film: 11am-12pm Varsity Practice: 12pm-2pm
17	18 No School Varsity Practice: 10am-12pm Film: 12:pm-1pm	19 Shoot Around: 2:30pm-3:30pm Game: @LHS vs Lewiston 7pm	20 Film: 3pm-4pm Varsity Practice: 4:30pm-6:30pm	21 Film: 3pm-4pm Varsity Practice: 4:30pm-6:30pm	22 Shoot Around: 2:30pm-3:30pm Game: @ Timberlake 7pm	23 Varsity Practice: 10am-12pm
24	25 Shoot Around: 2:30pm-3:30pm Game: @LHS vs Lake City 7pm	26 Film: TBD Var Practice (Main): 2:30pm-4:30pm	27 Film: 4:45pm-5:45pm Var Practice (Main): 2:30pm-4:30pm	28 Film: 4:45pm-5:45pm Var Practice (Main): 2:30pm-4:30pm	29 Shoot Around: TBD Game: @ Lewiston 7pm	30 Varsity Practice: 10am-12pm