

Allen Ellender School

4501 E. Ames Blvd.
Marrero, LA
70072

Our Vision Statement:

We envision Allen Ellender to be a high-performing school by nurturing students in a vibrant learning environment that will foster academic achievement.

DON'T FORGET!

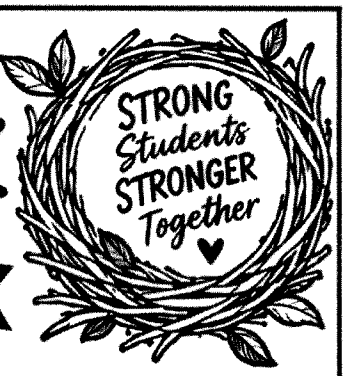
Interims went home September 9th!

Need access to the Student Progress Center? Please contact the front office for assistance.

Wings Up! Rise Together, Soar Higher!

Allen Ellender's Eagle Nest News!

Administrative Message • September 2026



Dear Ellender Families,

What an exciting start to the 2026–2027 school year! Our Eagles have settled into their routines, classrooms are buzzing with learning, and we are so proud of the positive energy our students and staff have brought to campus.

As we move further into the first nine weeks, our focus remains on providing every student with a safe, supportive, and academically challenging environment where they can grow and succeed. Our teachers have been working diligently to get to know their students, review beginning-of-year data, and identify the individual strengths and needs of each learner.

We know that our students are most successful when school and home work together. Thank you for supporting our expectations, communicating with teachers, and encouraging your child to come to school each day ready to learn. **Together, we can help every Eagle rise and soar higher!**

ACADEMIC PROGRESS & INTERIMS

We are already making our way through the first nine weeks! **Interims went home on September 9th.** Please take time to review your child's progress and celebrate successes while also identifying areas that may need additional attention.

Families can continue to monitor grades and academic progress through the **Student Progress Center.** If you need assistance accessing your account, please contact our front office. Stayine weeks gives us the opppntunity to work together and provide support before report cards are issued.

HOMEWORK & LEARNING AT HOME

Homework and practice at home reinforce skills and concepts introduced during the school day. Establishing a consistent homework routine can make a big difference in your child's success.

We encourage families to set aside a regular time and quiet place for homework and reading. Reading with your child, asking questions about what they have read, and simply asking **"What did you learn today?"** are great ways to stay connected to their learning.

WATER BOTTLES & JACKETS

- Only plastic or rubber water bottles are permitted at school.
- Please remember to clearly label your child's water bottle, jacket, sweatshirt, and other personal belongings with their **first and last name.**
- Our lost-and-found fills quickly, and a name makes it much easier for us to return items to their owners!

ARRIVAL & DISMISSAL

The safety of our Eagles remains our highest priority. **Please do not park across the street to drop off or pick up students.** Families should use the designated car rider line for both morning arrival and afternoon dismissal.

Following our established procedures helps us keep students safe while allowing arrival and dismissal to move as efficiently as possible. Thank you for your patience and cooperation.

ATTENDANCE MATTERS!

Regular attendance gives our students the best opportunity to learn, grow, and succeed. Please make every effort to have your child at school on time and ready to learn each day.

When students are here, they can learn.
When they are engaged, they can grow.
And when we work together, our Eagles can soar!

Thank you for your continued support, trust, and partnership. We are excited about what this school year holds for Allen Ellender and look forward to celebrating the growth and accomplishments of our students throughout the year.

Sincerely,
Ms. Varisco, Ms. Boudreaux & Ms. Reed
504-341-9469

Once an Eagle Always an Eagle!

BE SAFE • BE RESPECTFUL • BE RESPONSIBLE

September 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4 KONA Ice Truck! Snack Box $ Due	5
6	7 No School Labor Day	8 *Track Meet @ W. Jeff 3pm	9 *Soccer 3pm @ Home *Interims Home *Wear Gold for Childhood Cancer	10	11 *1st Saint's Shirt Day $1 *Aug. PBIS Event	12
13	14 *Boys Soccer 3pm @ Home	15 *Chick-fil-a Night *Virtual Parent Conferences------	**YEARBOOK PICTURE DAY**! 16 *Track Meet @ W. Jeff 3pm *Boys Soccer 4pm @ Home *----------	17 *-------Virtual Parent Conferences.	18 Morning Assembly!	19
20	21 *Saints Shirt Day $1 *Soccer 4pm @ Young Audience	22 *Track Meet @ W. Jeff 3pm	23 *Soccer 3pm @ Ellender	24 *Smoothie $ Due by 7:30am	25 *Smoothie King Day!	26
27	28 *Saints Shirt Day $1 *Soccer 3pm @ Avondale Plgd. vs IJWorley	29 *Track Meet @ W. Jeff 3pm	30 *Soccer 3pm @ Ellender vs Truman			

EVENTS

*__September__- Attendance Awareness Month!

9/11- Handbook Forms were expected to be signed and returned.

9/16- Yearbook Picture day. School uniform required. Students will be asked to remove any sweater for the image.

10/9-12 Fall Break
10/8- Quarter 1 Ends
10/21- Report Cards Go Home
10/28 Picture Retakes

ELEMENTARY SCHOOL
September 2026
Helping Children Learn®
Tips Families Can Use to Help Children Do Better in School

Allen Ellender School

Students do better when families and schools communicate



Two-way communication between families and schools supports academic success. When you and the school work together, it is easier to for everyone to identify and address what your child needs to do well in class.

To keep this productive communication flowing:

- **Sign up to receive** communications from the school on all platforms—social media, parent portals, etc. If you aren't sure how, contact the office.
- **Reach out to your child's teachers** with questions or concerns about your child's learning. For questions about a school policy, ask the office who to contact.
- **Offer suggestions.** Explain factors that the teacher or the school may not know about and what you think would help your child most.
- **Keep an open mind.** A teacher's or staff member's view of a situation may be different from your child's or yours. Ask for clarification of anything that is confusing. Focus discussions on finding solutions.
- **Follow up** after meetings to see how things are going. If a plan of action for your child isn't working, discuss next steps for addressing the situation.

Make read-alouds an everyday thing

Elementary schoolers of every age benefit from hearing books read aloud. Reading aloud to your child not only supports literacy development—it also demonstrates that reading is an important and fun way to spend time.

For maximum results:

- **Create a daily routine.** Choose a read-aloud time when your child will be most receptive, such as after playing outside or before bed.
- **Preview books.** Reading aloud is performing. You'll do a better job if you are familiar with what you are going to read. Previewing a book can also prevent getting bogged down in a story neither you nor your child enjoys.
- **Get dramatic.** Emphasize the first line of the book to grab your child's attention. Use voices and facial expressions to bring characters and situations to life.
- **Prolong interest.** Stop reading for the day at a point where you and your child are both eager to hear what happens next.

Attendance is a foundation

One of the most important ways you can support school success is to make sure your child attends every day. Missing as few as six class days can harm academic performance. To keep attendance on track:

- **Prep for mornings** the night before—lay out clothes, pack schoolbags, etc.
- **Schedule appointments** and family trips for non-school times.
- **Reach out to school staff** for help finding solutions for attendance issues.

Source: E. Blad, "Absenteeism May Hurt Academics Long Before It Becomes 'Chronic'," EducationWeek.

Foster friendship skills



Friends can make school life better—and more dramatic. To help your child navigate the ups and downs of friendship:

- **Listen.** Sometimes, children need a sympathetic ear more than a solution.
- **Ask questions.** "What do you think you could do about that?"
- **Tell stories** about your own social challenges and how you faced them.

Reinforce online safety

Millions of children go online every day to learn, create and socialize. Ensuring their safety is vital. To help protect your child:

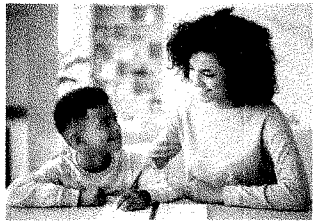


- **Monitor** your child's online activities. Keep devices where you can see them and use parental controls.
- **Establish** rules—no playing online games with people not also known in real life, no underage social media use, etc.
- **Tell** your child to alert you to inappropriate content, messages or experiences online.

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Helping Children Learn®
Tips Families Can Use to Help Children Do Better in School
ELEMENTARY SCHOOL
September 2026

Q&A My child gives up too soon. What can I do to help?



Q: My eight-year-old has recently begun responding to new challenges by saying "I can't"—without even trying. How can I help my child feel capable of learning hard things?

A: Your elementary schooler seems to be exhibiting a lack of self-confidence. One or more of these factors may be at work:

- **Fear of making mistakes.** Both adults and children tend to point out things kids do wrong more than things they do right. Fault-finding can lead children to doubt their abilities.
- **Perfectionism.** Children who feel a need to be perfect may give up rather than attempt a task they aren't sure they can do perfectly the first time.
- **Comparisons to others.** When children observe and negatively compare their performance to that of others'—or have the comparison pointed out to them—they may stop trying.
- **Too much "help."** When adults do things for children that they can do for themselves, the children may get the message they aren't capable.

Reassure your child that mistakes are a normal part of learning. Everyone makes them and can learn from them how to improve. Show that you know your child is a capable person, and eventually your child will believe it.

Parent Quiz Will you give your child a boost this year?

The start of the school year is an ideal time to establish patterns of positive engagement in your child's education. Are you ready to set your child up for success in the new school year? Answer *yes* or *no* to the questions below:

1. **Will you explain** what you expect of your child in school—attendance, cooperation, effort, persistence etc.?
2. **Will you establish** routines for bedtime, schoolwork, reading and other family times?
3. **Will you express** your confidence that your child can handle any changes or challenges this year might bring, and that you will help?
4. **Will you contact** your child's teacher early in the year?
5. **Will you participate** in events for families at school?

How well are you doing?

More yes *answers mean you are getting off to a great start. For each* no, *try that idea.*

"If parents want to give their children a gift, the best thing they can do is to teach them to love challenges, be intrigued by mistakes, enjoy effort, and keep on learning."
—Carol Dweck

Review schoolwork daily

Reviewing and talking about schoolwork together shows your child that you think learning matters. It also gives you a window into what your child is learning. Each day:

- **Look over classwork** and assignments. Ask your child to tell you about the work. Before your child turns schoolwork in, check that it is complete.
- **Praise genuine effort** and progress.
- **Discuss upcoming projects.** What is your child looking forward to doing? Will the projects be easy or challenging?

Don't skip this smart start!

Healthy food is fuel for learning. Research shows that students who eat breakfast before school are more able to concentrate, manage tasks, regulate emotions and remember things than those who go without it.



Make busy mornings easier by keeping a few grab and go options on hand, like peeled hard boiled eggs. In a pinch, even a piece of last night's pizza will do!

Source: K. Adolphus and others, "The Effects of Breakfast and Breakfast Composition on Cognition in Children and Adolescents: A Systematic Review," *Advances in Nutrition*, Elsevier.

Science skills apply to life

The science skills your child is learning—observing, asking questions, thinking and drawing conclusions—will also help in other school subjects and later in the workplace. To encourage interest in science:

- **Investigate together.** If your child has a question, say, "Let's find out!" Show how to look up answers. Help your child test an idea to learn if it is workable.
- **Watch science shows** for kids together and discuss them. "Wasn't it neat to see how fish breathe through their gills?"

Source: E. Finkel, "The scientific method: It's not just for science anymore," K-12 Dive.

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ESCUELA PRIMARIA

Septiembre 2026

Ayudando a los Niños a Aprender™

Consejos que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela

Allen Ellender School

Los niños rinden mejor cuando las familias y la escuela se comunican

La comunicación bidireccional entre las familias y las escuelas favorece el éxito académico de los estudiantes. Cuando usted y la escuela colaboran, es más fácil identificar y abordar lo que su niño necesita para rendir bien en clase.



Para mantener esta comunicación productiva:

- **Regístrese para recibir** comunicados de la escuela en todas las plataformas: redes sociales, portales para padres, etc. Si no está seguro de cómo hacerlo, contacte a la oficina.
- **Póngase en contacto con los maestros** de su niño por preguntas o preocupaciones sobre el aprendizaje. Para preguntas sobre una política escolar, consulte en la oficina a quién contactar.
- **Ofrezca sugerencias.** Explique los factores que el maestro o la escuela podrían no saber y diga qué cree que es lo que más podría ayudar a su niño.
- **Mantenga la mente abierta.** La perspectiva de un maestro o del personal de la escuela de una situación podría ser diferente a la suya o a la de su niño. Pida aclaraciones sobre cualquier cosa que le resulte confusa. Centre las conversaciones en encontrar soluciones.
- **Haga un seguimiento** después de las reuniones para ver cómo van las cosas. Si un plan de acción para su niño no está funcionando, hablen sobre los próximos pasos para abordar la situación.

Lean en voz alta todos los días

Los escolares de primaria de todas las edades se benefician de escuchar libros en voz alta. Leerle en voz alta a su niño apoya el desarrollo de la lectoescritura y le demuestra que la lectura es una manera importante y divertida de pasar el tiempo.

Para obtener los mejores resultados:

- **Creen una rutina diaria.** Escoja un horario para leer en voz alta en el que su niño esté receptivo, como luego de jugar afuera o antes de dormir.
- **Hagan una previsualización** de los libros. Leer en voz alta es como una representación. Lo hará mejor si está familiarizado con el texto que va a leer. Leer el libro previamente también puede ayudarlo a no elegir una historia que no disfruten.
- **Dé dramatismo a la lectura.** Haga hincapié en la primera oración del libro para captar la atención de su niño. Use diferentes voces y expresiones faciales para darles vida a los personajes y a las situaciones de los libros que leen.
- **Prolongue el interés.** Deje la lectura del día en un momento en el que usted y su niño se queden con ganas de escuchar qué sucede a continuación.

La asistencia es fundamental

Una de las mejores formas de apoyar el éxito en la escuela es verificar que su niño asista todos los días. Faltar solo seis días puede perjudicar el desempeño. Para mantener una buena asistencia:

- **Prepárense para la mañana** la noche anterior: preparen la ropa, guarden todo en la mochila, etc.
- **Programe citas** y viajes familiares para cuando no haya clases.
- **Pida ayuda** al personal de la escuela para encontrar soluciones para problemas de asistencia.

Fuente: E. Blad, "Absenteeism May Hurt Academics Long Before It Becomes 'Chronic'," EducationWeek.

Fomente las habilidades relacionadas con la amistad

Los amigos pueden hacer que la vida escolar sea mejor y más emocionante. Para ayudar a su niño a afrontar los altibajos de la amistad:



- **Escuche.** A veces, los niños necesitan un oído comprensivo más que una solución.
- **Haga preguntas.** "¿Qué podrías hacer al respecto?"
- **Cuente historias** sobre sus propios desafíos sociales y cómo los enfrentó.

Refuerce la seguridad en línea

Los niños usan internet todos los días para aprender, crear y socializar. Mejorar su seguridad es esencial. Para ayudar a proteger a su niño:



- **Controle** las actividades en línea de su niño. Mantenga los dispositivos donde pueda verlos y use controles parentales.
- **Establezca** reglas: no jugar a juegos en línea con personas que no conoce en la vida real, no permitir el uso de redes sociales a menores, etc.
- **Dígale** a su niño que le informe sobre cualquier contenido, mensaje o experiencia inapropiados en internet.

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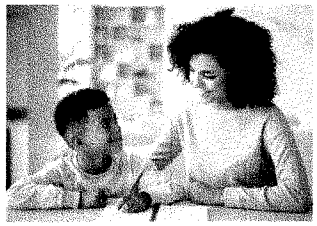
Ayudando a los Niños a Aprender™

Consejos que las Familias Pueden Usar para Ayudar a los Niños a Salir Mejor en la Escuela

Septiembre 2026

P y R Mi niño se rinde muy rápido. ¿Cómo puedo ayudarlo?

P: Últimamente, mi niño de ocho años responde a los nuevos retos diciendo "no puedo" sin siquiera intentarlo. ¿Cómo puedo ayudarlo a sentirse capaz de aprender cosas difíciles?



R: Su escolar de primaria parece estar mostrando falta de confianza en sí mismo. Puede que influyan uno o varios de estos factores:

- **Miedo a cometer errores.** Tanto los adultos como los niños suelen señalar más las cosas que los niños hacen mal que las que hacen bien. Buscar culpables puede llevar a los niños a dudar de sus capacidades.
- **Perfeccionismo.** Los niños que sienten necesidad de ser perfectos podrían rendirse en lugar de tratar de completar una tarea que no están seguros de poder hacer perfecto la primera vez.
- **Comparaciones con otros.** Es posible que cuando los niños observan y comparan negativamente su desempeño con los de otros (o cuando se señala esa comparación) dejen de intentar.
- **Demasiada "ayuda".** Si los adultos hacen cosas por los niños que pueden hacer ellos mismos, los niños podrían interpretar que no son capaces de hacerlo.

Asegúrele a su niño que cometer errores es algo normal en el proceso de aprendizaje. Todos los cometemos y podemos aprender de ellos para mejorar. Muéstrele que sabe que es una persona capaz, y su niño acabará creyéndolo.

Cuestionario Para Padres ¿Le dará a su niño un empujón este año?

El inicio del año escolar es un momento ideal para establecer patrones de participación positiva en la educación de su niño. ¿Está listo para preparar a su niño para el éxito en el nuevo año escolar? Responda *sí* o *no* a las siguientes preguntas:

1. **¿Explicará** lo que espera de su estudiante en la escuela: asistencia, cooperación, esfuerzo, perseverancia, etc.?
2. **¿Establecerá** rutinas de sueño, trabajo escolar, lectura y otros momentos en familia?
3. **¿Expresará** su confianza en que su estudiante puede enfrentar cualquier cambio o desafío que pueda surgir durante este año, y que usted lo ayudará?
4. **¿Conectará** al maestro de su niño a principio de año?
5. **¿Participará** en eventos para familias en la escuela?

¿Cómo le está yendo?

Si la mayoría de sus respuestas fueron sí, está encaminado a un buen comienzo. Para cada respuesta no, *pruebe esa idea.*

"Si los padres quieren darles a sus niños un regalo, lo mejor que pueden hacer es enseñarles a amar los desafíos, sentir curiosidad por los errores, disfrutar del esfuerzo y seguir aprendiendo".

—Carol Dweck

Repasen el trabajo escolar

Repasar juntos y hablar sobre el trabajo escolar le muestra a su niño que el aprendizaje es importante. Y le permite a usted saber qué está aprendiendo. Todos los días:

- **Revisen el trabajo** en clase y las tareas. Pídale a su niño que le cuente sobre el trabajo. Antes de que su niño lo entregue, compruebe que esté completo.
- **Felicite a su niño** por el esfuerzo genuino y los avances.
- **Hablen sobre** los próximos proyectos. ¿Qué es lo que más le apetece hacer a su niño? ¿Los proyectos serán fáciles o difíciles?

No se pierda esta oportunidad de empezar con el pie derecho

Los alimentos saludables son combustible para el aprendizaje. Las investigaciones muestran que los estudiantes que desayunan antes de ir a la escuela son más capaces de concentrarse, gestionar sus tareas, controlar sus emociones y recordar cosas que aquellos que no lo hacen.



Facilite las mañanas con opciones listas para llevar, como huevos duros pelados. En caso de apuro, ¡un pedazo de la pizza de anoche servirá!

Fuente: K. Adolphus y otros, "The Effects of Breakfast and Breakfast Composition on Cognition in Children and Adolescents: A Systematic Review," *Advances in Nutrition*, Elsevier.

Las habilidades científicas aplican a la vida

Las habilidades científicas que su niño está adquiriendo (observar, hacer preguntas, pensar y sacar conclusiones) también le serán útiles en otras materias escolares y, más adelante, en el ámbito laboral. Para fomentar el interés en la ciencia:

- **Investiguen juntos.** Si su niño tiene una pregunta, diga "Averigüémoslo". Muestre cómo buscar respuestas. Ayúdelo a poner a prueba una idea para ver si es viable.
- **Miren programas de ciencia** para niños y coméntenlos. "¿No fue genial ver cómo respiran los peces a través de las branquias?"

Fuente: E. Finkel, "The scientific method: It's not just for science anymore," K-12 Dive.

Ayudando a los Niños a Aprender™

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2026-2027 SCHOOL DAY SCHEDULE

EASTBANK SCHOOL SCHEDULE

7:20 a.m.–2:10 p.m.	7:30 a.m.–2:20 p.m.	7:45 a.m.–2:35 p.m.	8:00 a.m.–2:50 p.m.	8:15 a.m.–3:35 p.m.
Airline Park	Adams	Alexander	Audubon	Bonnabel HS
Clancy/Maggiore	Benson	Bissonet	Birney	Douglass Community
Harahan	Bunche	Bridgedale	Ellis	East Jefferson
Hearst	Chateau	Green Park	Schneckenburger	Haynes Academy
Matas	Greenlawn	Jefferson	Woods	Jefferson Virtual
Metairie Academy	Harris	Keller		Riverdale HS
Riviere	Hazel Park	Moscona		Strehle Community
Ruppel	Meisler			Taylor, Patrick Academy
		OLPH		
				Lutheran

Half Day Schedule

7:20 a.m.–10:45 a.m.	7:30 a.m.–10:55 a.m.	7:45 a.m.–11:00 a.m.	8:00 a.m.–11:25 a.m.	8:15 a.m.–11:55 a.m.

Buses may arrive at AM time indicated and not be considered late.

WESTBANK SCHOOL SCHEDULE

7:20 a.m.–2:10 p.m.	7:30 a.m.–2:20 p.m.	7:45 a.m.–2:35 p.m.	8:00 a.m.–2:50 p.m.	8:15 a.m.–3:35 p.m.
Boudreaux	Gilbert	St. Ville@Cox, George	Ellis	Cuillier
Cherbonnier	Lincoln	Hart	MC26	Douglass Community
Collins	Livaudias	Janet	Terrytown	
Ellender	Marrero	Kerner	Woodmere	Ehret HS
Estelle	Truman	Pittman	St. Ville@Woodmere	Fisher Middle/High
	IGJ@Worley	Solis		Grand Isle
Gretna 2				Higgins HS
Johnson GP		Concordia		Jefferson, Thomas
Ruppel		OLPS		Strehle Community
St. Pierre, Ray				Taylor, Patrick Academy
Woodland West				West Jeff HS
				AOL
				Lutheran
				Shaw

Half Day Schedule

7:20 a.m.–10:45 a.m.	7:30 a.m.–10:55 a.m.	7:45 a.m.–11:00 a.m.	8:00 a.m.–11:25 a.m.	8:15 a.m.–11:55 a.m.

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