# November Breakfast

## SECONDARY 2026

mpschools.org/menus

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|---|---|---|---|---|
| **2**<br>Egg & Cheese / Sausage & Cheese Croissant<br>**OR**<br>Cereal | **3**<br>No School | **4**<br>Cheesy Eggs & Cinnamon Roll<br>**OR**<br>Cereal | **5**<br>Carrot Breakfast Bread<br>**OR**<br>Yogurt & Grahams<br>**OR**<br>Cereal | **6**<br>Turkey Chorizo Breakfast Burrito<br>**OR**<br>Cereal |
| **9**<br>Egg & Cheese / Sausage & Cheese Pancake Stacker<br>**OR**<br>Cereal | **10**<br>French Toast Sticks & Turkey Sausages<br>**OR**<br>Yogurt & Grahams<br>**OR**<br>Cereal | **11**<br>Egg & Cheese Tamale<br>**OR**<br>Cereal | **12**<br>Apple Cinnamon Breakfast Bread<br>**OR**<br>Yogurt & Grahams<br>**OR**<br>Cereal | **13**<br>No School |
| **16**<br>Egg & Cheese / Sausage & Cheese Croissant<br>**OR**<br>Cereal | **17**<br>Gallo Pinto with Eggs<br>**OR**<br>Yogurt & Grahams<br>**OR**<br>Cereal | **18**<br>Cheesy Eggs & Cinnamon Roll<br>**OR**<br>Cereal | **19**<br>Carrot Breakfast Bread<br>**OR**<br>Yogurt & Grahams<br>**OR**<br>Cereal | **20**<br>Turkey Chorizo Breakfast Burrito<br>**OR**<br>Cereal |
| **23**<br>Egg & Cheese / Sausage & Cheese Pancake Stacker<br>**OR**<br>Cereal | **24**<br>French Toast Sticks & Turkey Sausages<br>**OR**<br>Yogurt & Grahams<br>**OR**<br>Cereal | **25**<br>No School - Thanksgiving | **26**<br>No School - Thanksgiving | **27**<br>No School - Thanksgiving |
| **30**<br>Egg & Cheese / Sausage & Cheese Croissant<br>**OR**<br>Cereal | | | | |

**SELECTION OF FRUIT & MILK OFFERED DAILY**

Know Your Food Farm to School

For nutrition facts and allergens, visit schoolcafe.com/MinneapolisPublicSchools. Menu subject to change. This institution is an equal opportunity provider.

TRUE FOOD
MPS CULINARY & WELLNESS SVCS
est. 2012