November 2026

Fresh Fruit & Vegetable MENU

The FFVP is available to all Middle Country CSD students in grades 1 -5

FRESH FRUIT & VEGETABLE PROGRAM



Monday	Tuesday	Wednesday	Thursday	Friday
2	3 **Election & Conference Day**	4	5	6 **Grapes** Fun Fact: Grapes grow on a vine, and grapevines can live for over 100 years with the proper care.
9	10	11 **School Closed**	12	13 **Cucumber Slices**
16	17	18 **Honeydew Chunks**	19	20 **Red Pepper Slices**
23	24	25	26 **Happy Thanksgiving!** **School Closed**	27 **School Closed**

Please review the menu before allowing your child to consume new foods.

Changes to this menu will be posted on the online menu.

Parents/Guardians may choose to have their child opt out of participating in this program.

The FFVP aims to introduce children to fresh fruits and vegetables, to include new and different varieties, and to increase overall acceptance and consumption of fresh, unprocessed produce among children.

For more information, visit MCCSD.net, Food Service Department webpage or contact The Middle Country School Lunch Office at (631) 285-8190, or email, foodservice@mccsd.net