

Middle School-November 2026

Harvest of the Month: Potatoes

Lunch includes: entrée listed below, fruit, milk, and an unlimited cold fruit and vegetable bar.

Hummus and Roll or Peanut-Butter (or Sunbutter) and Jelly Sandwich available as a substitution with advanced request.

All grains are at least 50% whole grain. Students must take ½ cup fruit and/or vegetables with meal. Milk choice includes skim, 1% and skim chocolate. Menu subject to change without notice, due to price and availability. This institution is an equal opportunity provider.

Lunch Menu

Kalispell Public Schools Food Service



Breakfast in the Cafeteria Menu	Monday	Tuesday	Wednesday	Thursday	Friday
Free: if eligible Student: \$2.50 Reduced: \$0.30 Adult: \$3.50	Egg Ham and Cheese English Muffin OR Homemade Muffin w/String Cheese	Breakfast Burrito OR Pancakes and an 8oz Fruit Smoothie	Oatmeal OR WG Cereal Fruit, Milk, Yogurt or String Cheese	Cheesy Eggs, & a WG Bagel OR Pancakes & a 8oz Fruit Smoothie	WG Biscuits & Sausage Gravy OR WG Cereal w/Fruit, Milk Yogurt or String Cheese

For questions about the menu, student accounts or eligibility for free or reduced meals please call FS Office 406-751-3400 x3443. *Community Eligibility Provision Qualified Schools include all District #5 Schools SY24-25 through SY27-28.

All Students must take at least ½ cup of fruit and/or vegetables to complete a school lunch.

A school lunch includes: (600-650 total calories), 1 cup milk, 1-2oz. grain, ¾ cup vegetables, ½ cup fruit.

Students must take at least ½ cup of fruit/vegetables.

Lunch Menu:	Monday	Tuesday	Wednesday	Thursday	Friday
Regular Prices Reduced: \$0.40 Student: \$3.75 Adult: \$5.75 Extra Milk: \$0.65	2 Breaded Chicken Sandwich OR Meatball Sub w/WG Hoagie	3 Pizza; White Chicken Chili w/Tortilla Chips	4 Pizza; Bean & Cheese Burrito	5 Pizza; Buffalo Chicken Sandwich w/WG Bun	6 Cheeseburgers OR Chicken Tenders (4) w/WG Roll
CEP Qualified Schools*- Breakfast & Lunch are Free for Students Local Now: Apples, Carrots, Burgers, Lentils, Wheat Montana Bread, Squash, and more! * Hoagies & PBJ Daily	Salad Bar Featuring -				
	9 Grilled Chicken Sandwich OR Chicken Stir Fry w/Brown Rice	10 Pizza; Mac-n-Cheese w/Diced Ham	11 Pizza; Pancake on a Stick	12 Pizza; Turkey Gravy w/Mashed Potato w/WG Roll	13 Cheeseburgers OR Korean Beef w/Brown Rice
	Salad Bar Featuring -				
	16 Breaded Chicken Sandwich OR Pizza Burger	17 Pizza; Tomato Soup w/1 Bosco Stick	18 Pizza; WG Chicken Corndog	19 Pizza; Burrito Bar (Rice/Beans/Meat) w/WG Tortilla	20 Cheeseburger OR Chicken Gyros w/WG Pita & Tzatziki Sauce
	Salad Bar Featuring -				
	23 Grilled Chicken Sandwich OR Cheesy Chicken Taco Spaghetti	24 Pizza; Cook's Choice	25 NO SCHOOL!	26 NO SCHOOL!	27 NO SCHOOL!
	Salad Bar Featuring -				
	30 Breaded Chicken Sandwich OR Cook's Choice				
	Salad Bar Featuring -				