

NOVEMBER 2026

Marcellus Senior High 9th-12th Grade GLUTEN FREE Lunch Menu

Marcellus Central Schools is an equal opportunity provider & employer.
Please make checks payable to **Marcellus Central Schools**, send in/use cash
or fund meal account online at myschoolbucks.com. Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
2 GF Baked Ziti & NY Meatballs with GF Garlic Toast Roasted Broccoli Celery Sticks Fresh Orange	3 Election Day NO SCHOOL	4 GF Chicken Tenders with Dipping Sauce GF Garlic Toast Cheddar Mashed Potatoes Fresh Carrot Coins Petite Banana	5 GF Tostito Walking Taco with Lettuce Cheese Cup Salsa & Sour Cream Cheesy Refried Beans NY Golden Corn Apple Slices	6 GF Pizza Spring Romaine Salad Cucumber Tomato Salad Grapes
9 GF Chicken Tenders & Dipping Sauce GF Garlic Toast Pea & Carrot Medley Celery Sticks Fresh Orange	10 GF Deli Sandwich or Wrap Steamed Broccoli Fresh Carrot Coins Apple Slices	11 Veteran's Day DISTRICT CLOSED NO SCHOOL	12 GF Tostito Nachos & Cheese Sauce Sour Cream & Salsa Black Bean & Corn Salsa Cheesy Refried Beans Pineapple Tidbits	13 GF Pizza Spinach Romaine Salad Tony's Green Beans Kiwi Fruit
16 GF Deli Sandwich or Wrap Tater Tots Broccoli Carrot Medley Applesauce Cup	17 GF Sausage, Egg & Cheese Bagel Hashbrown Stars Fresh Carrot Coins Fresh Orange	18 GF Hamburger or GF Cheeseburger with Lettuce & Pickles Sweet Potato Waffle Fries Bush's Baked Beans Petite Banana	19 NY Harvest of the Month GF Grilled Cheese Tater Tots Broccoli Tomato Cup Fresh Anju Pear	20 GF Pizza Spring Romaine Salad Cucumber Slices Diced Peaches
23 GF Chicken Alfredo with GF Garlic Toast Pea & Carrot Medley Baby Carrots NY 100% Fruit Juice	24 GF Chicken Tenders with Dipping Sauce Steamed Broccoli Fresh Carrot Coins Mandarin Orange Cup	25 THANKSGIVING RECESS NO SCHOOL	26 DISTRICT CLOSED NO SCHOOL	27 DISTRICT CLOSED NO SCHOOL
30 GF Chicken Tenders with Dipping Sauce Roasted Broccoli NY Honey Glazed Carrots Applesauce Cup	GF Condiments: Flavor Fresh Mayo PC, Ken's Mayo Bulk, Sriracha Mayo, Homemade Buffalo Sauce, Sweet Baby Ray's Hot Honey Sauce, Worcestershire French's, Flavor Fresh Mustard PC, Red Gold Ketchup PC, Red Gold BBQ PC, Ken's Honey Mustard PC, Red Gold BBQ PC, Ken's Boom Boom Sauce PC, Red Gold Salsa PC, Texas Pete PC, Marzetti Italian Dressing PC, Ken's Golden Italian Dressing, Marzetti Ranch Dressing PC, Ken's Lite Ranch Bulk, Marzetti/Kraft Caesar PC, Ken's Balsamic Vinaigrette PC, Smucker's Pancake Syrup PC, Dutch Hill Maple Syrup, Local Honey, Vegetable Margarine. All taco meat is GF DF. Doritos are not gluten free, they are manufactured on shared equipment.			

Alternate GF Meal Options. All GF meals offered with two veggies, fruit and a choice of milk.

Made to Order GF Sandwich or Wrap
Deli Meat, (*Buffalo Chicken, Hot Honey Chicken and Caesar Chicken when available.*)
(GF Bagels only when menued)

Fruit & Yogurt Parfait
offered with:
• 2 GF Granola packets

Hummus & Celery/Baby Carrots Box with GF Bread Slices
offered with:
• Yogurt Cup or Cheese Stick
• GF Granola

Made to Order Deli Salad Box:
Deli Meat, (*Buffalo Chicken, Hot Honey Chicken and Caesar Chicken when available.*) Offered with:
• Tostito Scoops & Salsa
• GF Bread Slice

Made to Order GF PB&J
offered with:
• Cheese Stick or
• Yogurt Cup & GF Granola

A lunch meal consists of at least three components, one must be a fruit or vegetable.



Menu includes NY grown and produced foods.

The Farm to School Harvest of the Month is Anju Pear.

Meals (Breakfast & Lunch) for the 26-27 school year are free.
Snacks, milk and extra food items are not free and can not be charged.

Household information forms are available on the school website and in main offices.

If you have a food allergy/dietary restriction, please inform the server.

Allergen information is available.