NOVEMBER 2026

KC Heffernan K-3rd Grade GLUTEN FREE Lunch Menu

Marcellus Central Schools is an equal opportunity provider & employer. Please make checks payable to **Marcellus Central Schools**, send in/use cash or fund meal account online at myschoolbucks.com. Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
2 GF Chicken Tenders with Dipping Sauce Sweet Potato Crinkle Fries Steamed Green Peas Applesauce Cup	3 **Election Day** NO SCHOOL	4 GF Turkey & Cheese Sandwich Steamed Green Beans Celery Sticks NY 100% Fruit Juice	5 GF Beef Hot Dog with Lay's Potato Chips Bush's Baked Beans Steamed Broccoli Apple Slices	6 GF Pizza Spinach Romaine Salad Chickpea Salad Diced Pears
9 GF Turkey & Cheese Sandwich Steamed Green Beans Pea & Carrot Medley NY 100% Fruit Juice	10 GF Egg & Cheese Bagel Sausage Links Tater Tots Cherry Star Juice Pineapple Tidbits	11 **Veteran's Day** DISTRICT CLOSED NO SCHOOL	12 GF Tostito Scoops Walking Taco Salsa & Cheese Cheesy Refried Beans NY Golden Corn Mixed Fruit	13 GF Pizza Steamed Broccoli Cucumber Slices Applesauce Cup
16 GF Hamburger or GF Cheeseburger Sweet Potato Crinkle Fries NY Golden Corn Diced Peaches	17 GF Sausage & Egg Bagel with Sausage Links Hashbrown Stars Celery Sticks Apple Slices	18 GF Turkey & Cheese Sandwich Steamed Green Peas Fresh Carrot Coins Petite Banana	19 GF Grilled Cheese Tater Tots Steamed Broccoli NY 100% Fruit Juice	20 **½ Day UPK-6th**
23 **½ Day UPK-6th**	24 **½ Day UPK-6th**	25 NO SCHOOL	26 **THANKSGIVING RECESS** DISTRICT CLOSED NO SCHOOL	27 DISTRICT CLOSED NO SCHOOL
30 GF Chicken Tenders with Dipping Sauce Sweet Potato Crinkle Fries Steamed Green Peas Applesauce Cup	GF Condiments: Flavor Fresh Mayo PC, Ken's Mayo Bulk, Flavor Fresh Mustard PC, Red Gold Ketchup PC, Red Gold BBQ PC, Ken's Honey Mustard PC, Red Gold BBQ PC, Red Gold Salsa PC, Ken's Golden Italian Dressing, Flavor Fresh Italian Dressing PC, Flavor Fresh Ranch Dressing PC, Smucker's Pancake Syrup PC, Dutch Hill Maple Syrup, Local Honey, Vegetable Margarine. All taco meat is GF DF. **Doritos are not gluten free, they are manufactured on shared equipment.**			

Alternate GF Meals: All GF meals offered with two veggies, fruit and a choice of 1% chocolate or 1% white milk.

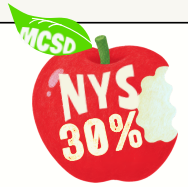
Yogurt Cup & Cheese Stick, offered with:
- 1 GF Granola packet and Tostitos with Salsa

Made to Order GF Turkey & Cheese Sandwich
(GF Bagels only when menued)

Made to Order GF PB&J Sandwich offered with:
- Cheese Stick or Yogurt Cup

Made to Order Turkey & Cheese Roll-ups, offered with:
- Tostito Scoops & Salsa

A lunch meal consists of at least three components, one must be a fruit or vegetable.



Menu includes NY grown and produced foods.

Meals (Breakfast & Lunch) for the 26-27 school year are free.
Snacks, milk and extra food items are not free and can not be charged.
Household information forms are available on the school website and in main offices.
If your student has a food allergy/dietary restriction, please inform the School Nurse.
Allergen information is available.