

NOVEMBER 2026

KC Heffernan UPK GLUTEN FREE Lunch Menu Served in the Classroom

Marcellus Central Schools is an equal opportunity provider & employer.
Please make checks payable to **Marcellus Central Schools**, send in/use cash or fund meal account online at myschoolbucks.com. Menu subject to change.

Monday	Tuesday	Wednesday	Thursday	Friday
2 GF Chicken Tenders with Dipping Sauce Sweet Potato Crinkle Fries Applesauce Cup	3 Election Day NO SCHOOL	4 GF Turkey & Cheese Sandwich Steamed Green Beans NY 100% Fruit Juice	5 GF Beef Hot Dog Bush's Baked Beans Apple Slices	6 GF Pizza Spinach Romaine Salad Diced Pears
9 GF Turkey & Cheese Sandwich Pea & Carrot Medley NY 100% Fruit Juice	10 GF Egg & Cheese Bagel Sausage Links Tater Tots Pineapple Tidbits	11 Veteran's Day DISTRICT CLOSED NO SCHOOL	12 GF PBJ Sandwich or GF Turkey Sandwich NY Golden Corn Mixed Fruit	13 GF Pizza Steamed Broccoli Applesauce Cup
16 GF Hamburger or GF Cheeseburger Sweet Potato Crinkle Fries Diced Peaches	17 GF Egg & Cheese Bagel Sausage Links Hashbrown Stars Apple Slices	18 GF PBJ Sandwich or GF DF Turkey Sandwich Green Peas Petite Banana	19 GF Grilled Cheese Tater Tots NY 100% Fruit Juice	20 ½ Day UPK-6th
23 ½ Day UPK-6th	24 ½ Day UPK-6th	25 THANKSGIVING RECESS NO SCHOOL	26 THANKSGIVING RECESS DISTRICT CLOSED NO SCHOOL	27 THANKSGIVING RECESS DISTRICT CLOSED NO SCHOOL
30 GF Chicken Tenders with Dipping Sauce Sweet Potato Crinkle Fries Applesauce Cup	GF Condiments: Flavor Fresh Mayo PC, Ken's Mayo Bulk, Flavor Fresh Mustard PC, Red Gold Ketchup PC, Red Gold BBQ PC, Ken's Honey Mustard PC, Red Gold BBQ PC, Red Gold Salsa PC, Ken's Golden Italian Dressing, Flavor Fresh Italian Dressing PC, Flavor Fresh Ranch Dressing PC, Smucker's Pancake Syrup PC, Dutch Hill Maple Syrup, Local Honey, Vegetable Margarine. All taco meat is GF DF. Doritos are not gluten free, they are manufactured on shared equipment.			

Alternate GF Meal Options. All GF meals served with menued veggie, fruit and 1% white milk.

Yogurt Cup & Cheese Stick, served with:

- 1 GF Granola packet and Tostitos Scoops with Salsa

Made to Order GF Turkey & Cheese Sandwich
(GF Bagels only when menued)

Made to Order GF PB&J Sandwich served with:

- Cheese Stick or Yogurt Cup

Made to Order Turkey & Cheese Roll-ups, served with:

- Tostito Scoops & Salsa

A lunch meal consists of five components: Grain, meat/meat alternate, vegetable, fruit and milk.



Menu includes NY grown and produced foods.

Meals (Breakfast & Lunch) for the 26-27 school year are free.

Snacks, milk and extra food items are not free and can not be charged.

Household information forms are available on the school website and in main offices.
If your student has a food allergy/dietary restriction, please inform the School Nurse.
Allergen information is available.