PLAYFUL PATHWAYS

Building Foundations for Physical Education in Preschool, TK and Kindergarten

This training series is designed to equip TK and Kinder Teachers with the knowledge and practical skills needed to implement high-quality physical education experiences for young learners. By the end of this series, participants will be prepared with age-appropriate strategies and tools to foster physical development, promote active lifestyles, and integrate movement into daily routines in meaningful and engaging ways.



- **Participants will receive a physical education starter kit to support movement and motor skill development!**
- **Training cost is $50 and is free for EETD consortium members. Space is limited.**
- **This opportunity is only available to TK and Kinder Teachers whose children do not have access to PE, due to the nature of the funding, content, and materials**

Please note: An application is required for this series, as it includes a yearlong commitment and limited availability. If you are in an administrative role, please share this opportunity with your teaching staff—they will be the ones completing the application.

APPLY NOW!

Applications due by 12/15/26

Learning Session 1: 1/27/27, 9:00-3:00
Learning Session 2: 3/3/27 9:00-3:00
Follow Up Check In: TBD
Site visits with feedback included!

Breakfast and Lunch will be provided

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Professional Learning Series
2026-2027

san diego county office of
EDUCATION
FUTURE WITHOUT BOUNDARIES℠