

LIFEGUARD TRAINING COURSE AT THE SNOHOMISH AQUATIC CENTER

Interested in becoming a lifeguard? Sign-up for our next American Red Cross lifeguard training course!

- **Novemer 8, 15, 28, and 29**
 - **9 a.m.- 5 p.m. all days**

Course Fee- \$250- Includes American Red Cross certification fee

BLENDED LEARNING FORMAT

The Lifeguard Training Course uses a blended format, which includes:

- Online coursework completed at home prior to the first in-person class.
- In-person classroom instruction and in-water skills practice.

COURSE REQUIREMENTS

- Be at least 15 years old by the first day of class.
- Complete the online coursework before the first course session.
- Provide proof of online course completion.
- Attend 100% of all in-person training sessions to receive certification.
- Pass a swimming assessment required on the first day of trainging.

Scan the QR code for details and register at:
www.snohomishaquatic.com/registration



CERTIFICATION

Upon successful completion of the course, participants will receive American Red Cross certifications in:

- **Lifeguarding**
- **CPR**
- **First Aid**
- **AED**
- **Bloodborne Pathogens**



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www.snohomishaquatic.com



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