CARROLLTON-FARMERS BRANCH ISD
cfb HIGH EXPECTATIONS FOR ALL

CFB ISD School Health Advisory Council (SHAC) Meeting notes – April 16, 2026

1. **Introduction and welcome**
   Chairperson, April Hooper-Christenson called the SHAC meeting to order on April 16, 2026 in the boardroom at 6:38 pm with quorum met. The following SHAC members were in attendance: April Hooper-Christenson, Zoher Bharmal, Lyat Mizrahi, Kim Graham, Leon Sulak, Sandra Lieck, Laura Brookover-Ybarra, Linda Villemarette, Veronica Morales, Josh Carter, Gwen Perkins, Lakshmi Ananthakrishnan, and Sylvia Mazuera.
   Other guests in attendance: Noah Smith, Total Care ER.

2. **Review of SHAC Mission /Purpose**
   April reviewed why we need a SHAC, the goals, the components of the coordinated school health program and the importance of parent participation.
   Other people in attendance are considered visitors and they can ask questions during the program and address the SHAC during audience for guests.

3. **Audience for guests**
   Noah Smith, Total Care ER
   Vance Cooper-Christiansen presented his idea to have lunch once a week in a different location than the cafeteria.

4. **Approval of Minutes from February 26, 2026**
   The minutes from the Feb 26, 2026 regular meeting presented and a correction was noted. The corrected minutes were approved by general consent.
   The following committee was appointed to review and approve today's minutes: Gwen Perkins, Kim Graham and Sylvia Mazuera.

5. **Presentation on Youth Equipped for Success Programs - Chi Chi Odo**
   Chi Chi Odo started by talking about what the YES (Youth Equipped to Succeed) program is really about and what it stands for. Then had one of his coworkers explain exactly in detail how they speak to kids about certain topics starting as young as elementary age.

6. **Local Wellness Policy Review/Revision- Laura Brookover-Ybarra, Assistant Director- SNS Nutrition**
   Laura went over the outlined and printed wellness plan.

7. **Student Backpack research update by Linda Villemarette**
   The student backpack research will continue during the 2026-27 school year.

8. **SHAC Elections for Officers for the 2026-2027 SHAC**
   April suggested that we postpone this for the first SHAC meeting of next year.
   With no further business, the meeting was adjourned at 7:49pm.
   Lyat Mizrahi, Secretary