



November 2026

FT. COUCH MIDDLE SCHOOL

LUNCH MENU

Grill

MON: Regular or Spicy Chicken Patty

TUES: Hamburger or Cheeseburger

WED: Hot Dog

Thurs: Bosco Sticks

FRI: Chicken Tenders

Pizza

MON: Sausage Pizza

TUES: French Bread Pizza

WED: Cheese or Pepperoni

THURS: Bosco Sticks

FRI: Mm! Mm! Pizza

All Lunches Must Include
Choice of:
Fruits and/or
Vegetable
And May Include:
1% Low-Fat Milk

Milk Varieties:
1%, Fat Free Chocolate,
Fat Free Vanilla

Assorted Juices
Available

MON	TUES	WED	THURS	FRI
2 INSERVICE DAY NO SCHOOL	3 INSERVICE DAY NO SCHOOL	4 Chicken Dumpling & Rice Bell Pepper Slices Edamame Diced Peaches	5 Chicken Soft Tacos Bell Pepper Slices Seasoned Corn Diced Peaches	6 Mm! Mm! Pizza Bell Pepper Slices Green Beans Diced Peaches
9 Pierogies Cucumber Slices Seasoned Broccoli Fresh Strawberries	10 Beef Nachos Cucumber Slices Refried Beans Mandarin Oranges	11 French Toast Sticks w/ Turkey Sausage Cucumber Slices Mandarin Oranges	12 Holiday Meal! Mashed Potatoes & Gravy Seasoned Corn Cranberry Sauce	13 Mm! Mm! Pizza Cucumber Slices Green Beans Mandarin Oranges
16 Beef Soft Tacos Celery Sticks Refried Beans Fresh Orange Slices	17 Meatball Sub Celery Sticks Seasoned Corn Pineapple Tidbits	18 Mini Pancakes w/ Omelet Celery Sticks Pineapple Tidbits	19 Honey Stung Popcorn Chicken & Biscuit Celery Sticks Seasoned Broccoli Pineapple Tidbits	20 Mm! Mm! Pizza Celery Sticks Green Beans Pineapple Tidbits
23 Boneless Wings Grape Tomatoes Seasoned Broccoli Fresh Kiwi	24 Premium Chicken Sandwich Grape Tomatoes Baked Beans Diced Pears	25 THANKSGIVING RECESS NO SCHOOL	26 THANKSGIVING RECESS NO SCHOOL	27 THANKSGIVING RECESS NO SCHOOL
30 General Tso's Chicken w/ Rice Broccoli Florets Edamame Fresh Orange Slices	Meal Price \$4.00 Now Hiring!! Food Service is Hiring! <i>Work While Kids are in School</i> Apply online @ https://www.uscsd.k12.pa.us/			

Menus are subject to change.



Available Daily

**MTO Deli & Salad Bar
Sunbutter & Jelly, Fruit & Yogurt
Parfaits and Hummus Kits

Baby Carrots

Apples, Oranges, Bananas,
Apple Slices

Weekly Fry Rotation

Monday : Crinkle Cut
Tuesday: Waffle
Wednesday: Crinkle Cut
Thursday : Tater Tots
Friday : Spiral

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STUDENT
NUTRITION

This institution is an equal opportunity provider.