



KELLER INDEPENDENT SCHOOL DISTRICT

School Health Advisory Council (SHAC)

Meeting Minutes

Date	Monday, September 14, 2026
Time	5:00 PM – 6:00 PM
Location	Texas Rooms 1 & 4
SHAC Chair / Facilitator	Colin Hodges

Meeting Minutes Reviewers

Dr. Belinda Beck; Joshua Phillis; and Dr. Laura Romano

Quorum

Quorum was met.

Approval of Previous Meeting Minutes

The April 20, 2026, SHAC meeting minutes were approved by the committee.

Attendees

District Representation: Dustin Blank, Stephanie Greving, Lindsay Moncrief, Jennifer Price, Sheri Rich, Jodi Webster

SHAC Members: Belinda Beck, Gena Bohl, Adeline Castleberry, Summer Crow, Lucky Fischer, Angela Hall, Colin Hodges, Lindsay Lovell, Courtney Mullaney, Stephanie Nelson, Stephanie O'Dell, Nikki Paris, Joshua Phillis, Rebekah Pierro, Laura Romano, Stephanie Snow, Heather Sternke, Ashlea Stickane, Sandi Walker, Lisa Webb, Krystyna Wesp

Guests: Ricardo Alvarez, Bettina McCall, Ajodia Brown, George Chavvaria, Kristen Elam

Call to Order & Welcome

The meeting was called to order at 6:02 PM by Colin Hodges, SHAC Chair. Colin recognized Summer Crow, the previous SHAC Chair, for her time and work in establishing the foundation for Keller ISD's SHAC.

Colin welcomed members to the first SHAC meeting of the 2026–2027 school year and encouraged everyone to sign in. Members were also encouraged to submit questions and recommendations for consideration as the SHAC develops its 2026–2027 goals.

SHAC Overview & Coordinated School Health

Jennifer Price provided an overview of SHAC and Keller ISD's coordinated school health programs. She reviewed the SHAC requirement outlined in Texas Education Code 28.004 and the eight areas of coordinated school health that SHAC is focusing on:

- Health Education
- Healthy and Safe School Environments
- Counseling and Mental Health Services
- Parent and Community Involvement
- Staff Wellness Promotion
- Health Services
- Physical Education
- Nutrition Services

The recommendation process established during the previous school year was also reviewed, including how recommendations on various topics are brought forward and addressed during the year.

Reports & Presentations

Fentanyl Education – Safety First

Kristen Elam presented information regarding the fentanyl lessons that will be introduced to students. She reviewed the requirements associated with House Bill 3908, also known as Tucker's Law, which requires school districts to have a program addressing the harms of fentanyl use for students in grades 6–12.

SHAC members were encouraged to submit recommendations regarding the grade level at which the lessons should be introduced. A QR code was provided for members to access and complete the recommendation form.

The district continues to use Alliance for Children for other safety and bullying lessons presented in elementary classrooms. SHAC reviewed those lesson videos during the 2025–2026 school year, and no changes were made.

Child Nutrition Program

Stephanie Greving provided an overview of the Child Nutrition Program and introduced Tony from Whitsons, Keller ISD's new food-service provider. Tony introduced the Whitsons team, including the onsite chefs.

Whitsons is a family-owned company founded in 1974. The company shared its focus on fresh ingredients, student enjoyment, cooking and meal-preparation education, and balanced meals. Its services are designed for students in grades K–12 and are adapted to district and grade-level needs.

Stephanie reviewed federal and state requirements governing school nutrition services, including requirements from the U.S. Department of Agriculture and Texas Department of Agriculture. She explained that following these guidelines supports the district's eligibility for federal funding and that meals are fully funded for students who qualify.

The committee reviewed examples of breakfast and lunch offerings by grade level. The primary differences between elementary and secondary offerings involve snacks and beverages available for purchase. Students in grades 6–12 are also offered Smart Snacks.

Meal prices increased by five cents for the 2026–2027 school year. This was noted as the first increase in seven years.

Wellness Plan

Jodi Webester, Director of Health Services and Nursing, presented Keller ISD's Wellness Plan. She reviewed the requirement under 7 C.F.R. 210.31(a) and explained that Keller ISD completed its required triennial assessment in 2026.

Although the required assessment is completed on a triennial basis, the district has determined that an annual review is in the best interest of students and will continue to present the Wellness Plan to SHAC.

Keller ISD's wellness goals include:

- Nutrition Promotion
- Nutrition Education
- Physical Activity
- Other School-Based Activities

Texas Health Community Hope

Jodi introduced Texas Health Community Hope, whose program is currently offered at Caprock Elementary and Keller-Harvel Elementary.

Ajodia Brown from Texas Health Community Hope reviewed programs available to school partners, including:

- School-wide activities
- Walk/Ride to School
- Thirsty Thursday
- Family Wellness Events
- Student Ambassador Community
- Farmers Market Simulation
- Promoting Healthy Food Choices
- Student Healthy and Weekly Wellness
- Create Your Own Wellness Initiative

The programs involve students and families, with students receiving recognition or rewards for completing certain activities.

Examples of campus initiatives discussed included:

- Refreshing a playground
- Ride & Read for middle school students
- Financial literacy in partnership with Fidelity Investments
- Healthy Living & Lifestyles, including a student-maintained garden at Keller-Harvel Elementary
- Building a strong community on campus

Ricardo Alvarez, Caprock Elementary Principal, shared his previous involvement with Texas Health Community Hope and discussed implementation at Caprock Elementary.

Caprock Elementary will hold a National Walk to School Day event on October 3, featuring activities focused on exercise, healthy cooking and adapting recipes to make them healthier, and yoga.

Mr. Alvarez shared that he would like to see continued improvement in student, family, and staff wellness and emphasized the connection between student health, concentration, and learning in the classroom.

Subcommittees

Colin encouraged members to submit ideas for topics they would like the SHAC subcommittees to address. Jodi introduced the subcommittee groups and assignments for the 2026–2027 school year.

SHAC Member	Subcommittee
Belinda Beck	Health Education & Health Services
Gena Bohl	Counseling and Mental Health Services
Adeline Castleberry	Health Education & Health Services
Summer Crow	Counseling and Mental Health Services
Lucky Fischer	Health Education & Health Services
Angela Hall	Nutrition Services & Staff Wellness Promotion
Colin Hodges	Physical Education & Healthy and Safe School Environment
Lindsay Lovell	Health Education & Health Services
Courtney Mullaney	Counseling and Mental Health Services
Stephanie Nelson	Nutrition Services & Staff Wellness Promotion
Stephanie O'Dell	Counseling and Mental Health Services
Nikki Paris	Nutrition Services & Staff Wellness Promotion
Joshua Phillis	Physical Education & Healthy and Safe School Environment
Rebekah Pierro	Physical Education & Healthy and Safe School Environment
Laura Romano	Health Education & Health Services
Stephanie Snow	Physical Education & Healthy and Safe School Environment
Heather Sternke	Nutrition Services & Staff Wellness Promotion
Ashlea Stickane	Physical Education & Healthy and Safe School Environment
Sandi Walker	Nutrition Services & Staff Wellness Promotion
Lisa Webb	Health Education & Health Services
Krystyna Wesp	Counseling and Mental Health Services

2026–2027 SHAC Goals

Jodi referenced the folders provided at the meeting and encouraged members to submit ideas and recommendations so the SHAC can establish goals for the 2026–2027 school year.

Upcoming SHAC Committee Meetings

Time: 5:00 PM | Location: Keller ISD Board Room

- November 9, 2026
- February 8, 2027
- April 12, 2027

Adjournment

The meeting adjourned at 6:20 PM.

Respectfully Submitted,

Adeline Castleberry

Secretary, Keller ISD School Health Advisory Council

September 24, 2026

Meeting Review Committee:

Dr. Belinda Beck – approved by email on September 25, 2026.

Joshua Phillis – approved by email on September 25, 2026.

Dr. Laura Romano – approved by email on September 24, 2026.

Dr. Belinda Beck – approved by email on September 25, 2026.