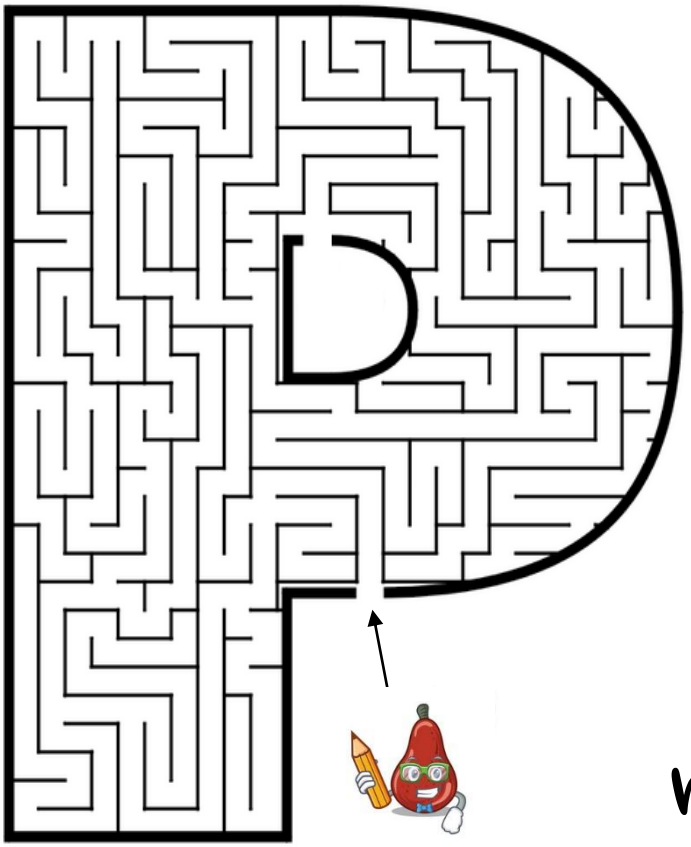
RED PEARS



Fun Facts

Red Pears have a soft and juicy flesh. One medium Red Pear has about 100 calories and is a good source of carbohydrates. Red Pears can help with type 2 diabetes and can also help decrease the risk of cancer. Pears are one of the easiest fruits to digest. They have many health benefits & are a great snack!

What color are these?



Nutrition Facts

Red Pears contain calcium, potassium, vitamin C, and dietary fiber!