Back To School

SCHOOL COUNSELING NEWSLETTER

OCTOBER 2026

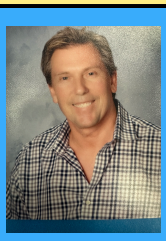
Social Worker- Dr. Creary



This month, we are continuing to focus on creating a school community where every student feels safe, connected, and ready to learn. We are talking with students about bullying, kindness, and the importance of speaking up when they see or experience something that is not okay. Attendance also matters, because students who are present have more opportunities to learn, build friendships, and take part in positive school activities. To encourage strong attendance, we will be recognizing and rewarding students who consistently show up and stay engaged. I will also be joining students during lunch twice a month for Wildcat Art at Lunch, a creative activity where students can express their thoughts, feelings, and ideas through art. Together, we can support a school culture where students feel seen, supported, and proud to be part of our community.

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6th Grade- Mr. Auger



Welcome to the second quarter! As we settle into the new grading period and look ahead to the upcoming holiday season next month, we have several important updates regarding student health, wellness, and academic progress.

📋 Upcoming Health & Wellness Programs

We are partnering with school health services to ensure all students are healthy, focused, and ready to learn. Please look out for specific permission slips and information packets coming home soon regarding:

- Health Screenings: Routine vision, hearing, and Scoliosis screenings will be conducted this quarter.
- Dental Program: Free dental screenings and preventative care services will be available to participating students. Please complete the consent application that was sent home.

🍂 Looking Ahead: Student Progress & The Holidays

Believe it or not, the holiday season begins next month! With festive events and school breaks approaching quickly, maintaining academic momentum is crucial.

- Progress Monitoring: We will be closely tracking student progress over the next few weeks to ensure everyone stays on target.
- Family Follow-ups: I will be reaching out soon with updates on your child's academic growth and behavior if needed.

💬 Stay Connected

If you have any questions about upcoming health screenings or want to discuss your child's academic progress, please do not hesitate to reach out. We also have parent/teacher conferences if needed.

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7th Grade- Ms. Durden



Happy 2nd Quarter, Wildcats!

Let's use this new quarter as a fresh start to reflect on and adjust our habits so we can build on last quarter and make Quarter 2 even more successful. Remember, you are capable of hard things, and you have a team of people who are in your corner and can support you and give you the assistance you need to reach your fullest potential academically and mentally. Lean on your counselors and trusted adults; we are here to help!

As we continue our Character Education Curriculum through Quarter 2, I want to honor our cooperative students again for September: Anthony Ross and Spencer Burton!

The character trait for the month of October is Responsibility. Responsibility is meeting obligations by being reliable, accountable, and dependable to self and others. We will be recognizing and rewarding our Wildcats who exemplify the trait of the month. I am looking forward to seeing the next round of nominated students who demonstrate what it means to be responsible on campus.

Looking ahead, the November character trait will be citizenship. Citizenship is knowing, understanding, and displaying high regard for rules, laws, government, heritage, and those who have served and sacrificed for community and country. For December, the focus will be on Kindness. Kindness is being helpful, thoughtful, caring, compassionate, and considerate.

"You can't go back and change the beginning, but you can start where you are and change the ending." - C.S. Lewis.

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8th Grade- Ms. Brandon



New Quarter, Fresh Start!

Welcome to Quarter 2! As we begin a new grading period, I encourage all 8th-grade students to embrace this opportunity for a fresh start. Whether your goal is to improve your grades, attendance, behavior, or organization, now is the perfect time to reset, refocus, and make positive choices. Remember, every day is a new opportunity to grow and succeed!

Bullying Prevention: Choose Kindness!

October is National Bullying Prevention Month! This quarter, we will continue emphasizing the importance of kindness, respect, inclusion, and standing up against bullying. Students are encouraged to be positive role models, speak up when they witness bullying, and seek support from a trusted adult when needed. Together, we can maintain a safe, welcoming, and supportive school environment for everyone.

High School Magnet Programs: Exploring Your Future!

It's almost time to start thinking about HIGH SCHOOL! This quarter, our 8th graders will have opportunities to learn about various high school magnet programs and explore exciting educational pathways. Upcoming high school visits and presentations will provide students with information about specialized programs, academic opportunities, and the application process. Families are encouraged to begin exploring their options and stay tuned for important dates and deadlines.

Let's Make Quarter 2 Count!

As your 8th-grade counselor, I am here to support your academic, social, and emotional success as you prepare for the transition to high school. Let's work together to make this quarter productive, positive, and successful!

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