SOUTH HADLEY MIDDLE SCHOOL — NOVEMBER 2026

MONDAY	*TUESDAY*	*WEDNESDAY*	*THURSDAY*	*FRIDAY*
2 **CHEESEBURGERS** LETTUCE & SLICED TOMATOES GARLIC DUSTED POTATO WEDGES BROCCOLI W/ DIP MIXED FRUIT	**3** ***STAFF PROFESSIONAL DEVELOPMENT NO SCHOOL***	**4** **EGG, SAUSAGE & CHEESE SANDWICHES** POTATO PUFFS ORANGE WEDGES CHILLED JUICE	**5** **BAKED LASAGNA ROLL-UPS** MIXED VEGETABLES GARLIC TEXAS TOAST SLICED PEACHES	**6** **BIG DADDY'S CHEESE PIZZA** TOSSED SALAD W/ DRESSING CHILLED FRUIT CHIC-PEA SALAD *OTIS SPUNKMEYER COOKIES*
9 **CHICKEN PATTIE SANDWICH** LETTUCE & TOMATO ASSORTED CHIPS BABY CARROTS W/ DIP CHILLED FRUIT	**10** **HOMEMADE BAKED MACARONI & CHEESE** BUTTERED PEAS BREAD & BUTTER SLICED PEACHES	**11** ***VETERAN'S DAY NO SCHOOL***	**12** **CHICKEN & BROCCOLI PASTA** TOSSED IN A CREAM SAUCE GARLIC BREAD STICK CHOCOLATE PUDDING PARFAIT W/ TOPPING	**13** **MEATBALL GRINDERS** PARMESAN CHEESE TOSSED SALAD PEPPERS & ONIONS OVEN BAKED FRIES CINNAMON APPLES *OTIS SPUNKMEYER COOKIES*
16 **FRENCH BREAD PIZZA** BROCCOLI SALAD CHILLED FRUIT	**17** **HAM & CHEESE CROISSANT** MINI PRETZELS CHERRY TOMATOES APPLE SAUCE CUPS FIG NEWTON	**18** **CRISPY CHICKEN TENDERS** DIPPING SAUCE OVEN BAKED FRIES CARROTS DICED PEACHES	**19** **TURKEY & GRAVY** MASHED POTATOES BREAD STUFFING GREEN BEANS CRANBERRY SAUCE DINNER ROLL SUNDAE CUPS	**20** **MOZZARELLA "MAX" STICKS** MARINARA SAUCE RICE PILAF MIXED VEGETABLES DICED PEARS *OTIS SPUNKMEYER COOKIES*
23 **CHEESE QUESADILLAS** SALSA & SOUR CREAM TOSSED SALAD W/ DRESSING MIXED FRUIT	**24** **ASSORTED SANDWICHES** TURKEY RICE SOUP GOLDFISH CRACKERS BABY CARROTS DICED PEARS	**25** ***½ DAY LUNCHES WILL BE SERVED*** ***MENU WILL BE POSTED 11/21/225***	**26** ***THANKSGIVING RECESS***	**27** ***THANKSGIVING RECESS***
30 **GILARDI STUFFED CRUST CHEESE PIZZA** CAESAR SALAD W/ CROUTONS MIXED FRUIT	**31** **FRENCH TOAST W/ SYRUP** BAKED SAUSAGE POTATO PUFFS ORANGE WEDGES CHILLED JUICE	**DECEMBER 1** **TURKEY & CHEESE ON A BULKIE ROLL** LETTUCE & TOMATO RED FAT POTATO CHIPS CUCUMBER WHEELS MINI RICE KRISPIE TREAT DICED PEARS	**2** **POP CORN CHICKEN BOWLS** MASHED POTATOES CORN NIBBLETS GRAVY DINNER ROLL CHILLED FRUIT	**3** ***"ARNOLD'S"* GRILLED HOT DOGS** BAKED BEANS RED FAT POTATO CHIPS CREAMY COLESLAW DICED PEACHES *OTIS SPUNKMEYER COOKIES*

BREAKFAST AND LUNCH IS FREE TO ALL STUDENTS! LUNCH MEALS INCLUDE MILK & ASSORTED WHOLE FRUIT. ADDITIONAL MILK IS 50 CENTS. LARGE SALADS, YOGURT, AND ASSORTED SANDWICHES ARE AVAILABLE DAILY AS A TYPE "A" MEAL ALTERNATIVE.

THE MENU IS SUBJECT TO CHANGE.