What's on the Menu?

Middlesex Middle School
November 2026

Monday	Tuesday	Wednesday	Thursday	Friday
2 **Whole Grain Waffles** Strawberry Topping Crispy Bacon Tater Tots	3 **Election Day** **No School**	4 **General Tso's Popcorn Chicken** Garlic-Ginger Bok Choy Steamed Rice	5 **Beef Nachos** Homemade Cheddar Cheese Sauce Mexicali Corn Salsa	6 **Penne Pasta** Meatballs & Marinara Roasted Green Beans Garlic Bread
9 **Chicken Cutlet Sandwich Bar** Tater Tots	10 **Baja Beef Rice Bowl** Mexicali Corn	11 **Orange Chicken** Roasted Green Beans Lo Mein Noodles	12 **BBQ Pulled Pork Sandwich** Herbed Cauliflower Sweet Potato Fries	13 **Macaroni & Cheese Bar** BBQ Shredded Pork Seasoned Peas
16 **Buffalo & BBQ Chicken Wings** Carrot & Celery Sticks Crinkle Cut Fries	17 **Beef Tacos** Rice & Beans	18 **Sweet & Sour Chicken** Stir-Fried Vegetables Asian Rice	19 **Beef & Lamb or Chicken Gyro** Homemade Tzatziki Crinkle Cut Fries	20 **Cheese Tortellini** Marinara or Alfredo Roasted Broccoli Garlic Bread
23 **BBQ Pulled Chicken Sandwich** Seasoned Corn Crinkle Cut Fries	24 **Turkey Tacos** Rice & Beans	25 	26 	27 
30 **Chicken Parmesan Sandwich** Roasted Carrot Fries Crinkle Cut Fries	1 **Cheese Quesadilla** Southwest Black Beans & Corn Steamed Rice	2 **Ginger Soy Chicken Noodle Bowl**	3 **Philly Cheesesteak** Homemade Cheddar Cheese Sauce Peppers & Onions Onion Rings	4 **Cheese Stuffed Shells** Roasted Green Beans Garlic Bread

Daily Offerings

HOT
Cheese Pizza
Pepperoni Pizza
Grilled Classics

COLD
Assorted Deli Sandwiches
SunButter & Jelly Sandwich
Fresh Salads

November Fun Days



11/5 Nachos Day

Vegetarian Option Available

chartwells
serving up happy & healthy

All meals include one piece of whole fruit, such as a fresh apple or orange, and a choice of 8 oz. water, low-fat milk or fat-free chocolate milk.