

Conestoga Valley School District
Student Wellness Committee Meeting Agenda
Student Wellness Committee Meeting Notes/Minutes
May 5, 2026

Members In Attendance: Dave Hartlaub – Co Chair -Physical Education Teacher and Department Chair – Teresa Drager – Co Chair - Director of Food Services - Sarah Schaefer – Assistant to the Superintendent/Pupil Services – Jill Koser – Assistant to the Superintendent – Elementary Education – Jonathan Scepanski – Physical Education Teacher – Dianna Capka – Board Member- Brooke Bray – Parent – Administrative Assistant to the Food Service Director – High School Student

1. Overview of Student Wellness Policy #246
 - a. Policy states that the district is to have a Student Wellness Committee comprised of a School Board representative, district administrator, Director of Food Services, school nurse, physical education teacher, students, parent/guardian, members of the public.
The committee will continue to schedule meetings and extend the invitations to teachers, students, PTO's.
 - b. Role of committee is to ensure that the Student Wellness Policy is current, and the Triennial Assessment tool is being utilized.
Committee will consider changes to the policy as needed.
The district's policy was updated on June 16, 2025.
2. Triennial Assessment Tool must be completed once every three years.

The committee reviewed and updated the policy on May 5, 2026.
3. Triennial Assessment tool is broken down into three sections:
 - a. Public Involvement, Notification, Assessment
 - b. Nutrition Education and Promotion, Wellness Activities
 - c. Physical Activity Education

The three-year updated Triennial Assessment was posted to the CV website May 20, 2026.