

Breakfast Available Daily :

Feature entrée or cereal alternate

Breakfast Meal includes:
Entrée choice, fruit/veg/juice, & milk

Breakfast Prices:
All meals to Students are FREE
Adults— \$3.05

Lunch Prices:
All meals to Students are FREE
Adults— \$5.05

Also available for lunch:
Deli Options, Munchable Kits, PB&J

Students may choose all 5 items, min of 3. **1 item must be a vegetable or a fruit.** A maximum reimbursable student lunch Includes: 1 entrée with grain/bread item, up to 2 different fruits & vegetables, & 1 milk



Use www.schoolcafe.com to register/manage your student account.
Meals are **FREE** but funds are required for ala carte purchasing.

-Payments are accepted via cash or check in envelope made payable to "Southmoreland Cafeteria Fund" w/student name and ID number.

-Also online w/SchoolCafe

We're Hiring! Contact us today!

Check us out on Facebook:
Southmoreland Food Service

Questions about the Cafeteria?
Zachary Malavite, Director of Food Services
Amy Yezek, Admin Assistant.
Phone: 724-887-2015
E-mail: malavitez@southmoreland.net
Deanna Sirgey, Head Cook
SES Cafeteria: 724-887-2050

SOUTHMORELAND ELEMENTARY NOVEMBER CAFETERIA MENU

Date	Monday	Tuesday	Wednesday	Thursday	Friday
Nov 2-6	Breakfast Cinnamon Crumb Cake Lunch Mozzarella Pizza Crunchers <u>Turkey Bacon Cheddar Hoagie</u> Baked French Fries Cucumber Slices w/Ranch Apple Slices 100% CranApple Juice	Breakfast Pumpkin Bread Slice Lunch Hot Dog on WG Bun <u>Turkey Bacon Cheddar Hoagie</u> BBQ Baked Beans Baby Carrots w/Ranch Fruit Cocktail w/Whip Craisins	Breakfast Warm Cinnamon Roll Lunch Chicken Patty on WG Bun <u>Turkey Bacon Cheddar Hoagie</u> Peas & Carrots 100% Veggie Juice Fresh Orange Wedges Cinnamon Applesauce Cup	Breakfast Pancake Sausage Flapstick Lunch Stuffed Crust Cheese Pizza <u>Turkey Bacon Cheddar Hoagie</u> Steamed Broccoli Cucumbers & Tomato Boats Aloha Pears Fresh Banana	Breakfast Ham, Egg & Cheese Sandwich Lunch - NAT'L NACHO DAY Beef & Cheese Nachos <u>Turkey Bacon Cheddar Hoagie</u> Seasoned Corn Side Salad Cups w/Dressing 100% Fruit Punch Diced Peaches
Nov 9-13	Breakfast Strawberry Poptart Lunch Chicken Tenders w/Dutch Waffle <u>Mixed Berry Yogurt Parfait</u> Twister Fries Green Pepper Strips w/Ranch Apple Slices Diced Peaches	Breakfast Chocolate Chip Crumb Cake Lunch Hot Ham & Cheese Pretzel Melt <u>Mixed Berry Yogurt Parfait</u> Peas & Carrots Cucumber Slices w/Ranch Warm Cinnamon Apples 100% Fruit Punch		Breakfast Warm Raspberry Roll Lunch Orange Chicken & Steamed Rice <u>Mixed Berry Yogurt Parfait</u> Steamed Broccoli 100% Veggie Juice Pineapple Chunks Craisins	 ACT 80 DAY
Nov 16-20	Breakfast Egg & Cheese Sandwich Lunch Pepperoni Pizza Slice <u>Ham & American Sandwich</u> Seasoned Green Beans Fresh Broccoli w/Ranch Peach Applesauce Cup 100% CranApple Juice	Breakfast Chocolate Mini Donut Holes Breakfast 4 Lunch French Toast Sticks, Syrup Baby Cakes & Sausage Patty <u>Ham & American Sandwich</u> 100% Veggie Juice Sparkling Diced Pears Fresh Red/Gold Apples	Breakfast Warm Cinnamon Roll Lunch DORITOS Walking Taco <u>Ham & American Sandwich</u> Mexican Rice Cucumber Slices w/Ranch Fresh Orange Wedges Blueberry Cups	Breakfast Pancake Sausage Flapstick Lunch Cheeseburger on WG Bun <u>Ham & American Sandwich</u> Glazed Carrots Green Pepper Strips w/Ranch Diced Peaches Craisins	Breakfast Sweet Potato Cinnamon Roll Lunch - HOLIDAY MEAL Roast Turkey w/Gravy, Dinner Roll <u>Ham & American Sandwich</u> Mashed Potatoes & Stuffing Side Salad Cups w/Dressing Cinnamon Applesauce Cup <u>Dessert: Pumpkin Cobbler</u>
Nov 23-27	Breakfast Blueberry Muffin Lunch Bosco Sticks w/Marinara <u>Pizza Munchable Kit</u> Seasoned Green Beans Cucumber Slices w/Ranch Diced Peaches Fresh Red/Gold Apples	Breakfast Apple Cider Donut Lunch Grilled Cheese & Tomato Soup <u>Pizza Munchable Kit</u> Potato Smiles 100% Veggie Juice Mixed Berry Applesauce Cup Mandarin Oranges	Breakfast Warm Raspberry Roll Lunch - 2HR Early Dismissal Chicken Tenders w/Roll <u>Pizza Munchable Kit</u> Oven Baked Fries Fresh Broccoli w/Ranch Mixed Fruit Cup w/Whip 100% CranApple Juice		
Nov 30 Dec 1-4		Breakfast Yogurt w/Nutrigrain Bar Lunch Wild Mike's Pizza Bites w/Marinara <u>Yogurt Munchable Kit</u> Steamed Broccoli 100% Veggie Juice Diced Pears Cinnamon Applesauce Cup	Breakfast Pancake Sausage Flapstick Lunch Chicken Drumstick w/Biscuit <u>Scottie Deli Hoagie</u> Sweet Potato Tater Tots Cucumber Slices w/Ranch Diced Peaches Banana Applesauce	Breakfast Chocolate Bread Slice Lunch Mini Corn Dog Nuggets <u>Scottie Deli Hoagie</u> BBQ Baked Beans Baby Carrots w/Ranch Fresh Orange Wedges Apple Slices	Breakfast Chicken & Cheese Biscuit w/Honey Lunch Mac & Cheese w/Breadstick <u>Scottie Deli Hoagie</u> Carrots & Peas Side Salad Cups w/Dressing 100% CranApple Juice Fresh Banana