EXPLORE HEALTH

# LIFE DOESN'T SLOW DOWN.



Explore Health makes it easier to find local help, understand your options, and choose with confidence.

## Oregon Health Plan (OHP)

OHP is available to low income kids and adults regardless of immigration status. Coverage is free and includes mental health, routine dental, and physical health.

## OHP Bridge

OHP Bridge is available to adults with income above OHP income limits. Coverage is free and similar to OHP.

## Explore Health Medical and Dental Insurance

Marketplace health coverage is available - often with financial help. Your cost depends on your income, age, where you live, and the plan you choose.

### Free local help is available.

Want help getting starting and applying for coverage? Not sure how to apply or what plan is best for you?

Local help is available from enrollment partners near you - and all help is free! **Find a local expert on OregonHealthCare.gov/GetHelp.**

**Enroll Nov. 1, 2026-Jan. 15, 2027 for 2027 coverage, or within 60 days of a major life change.**

**Preview your options using the Plan Guide on ExploreHealthOR.gov**

No matter what coverage option is available to you, you can count on coverage that will be there when you need it. All plans available through the Oregon Health Plan (OHP), OHP Bridge, and Explore Health cover:

- Immunizations
- Wellness check-ups and preventive care
- Maternity and newborn care
- Mental health care and substance abuse treatment
- Prescription drugs
- Reproductive health services

All care through OHP and OHP Bridge is free. Cost sharing may apply to Explore Health plans.



The information in this flyer is not endorsed or sponsored by the school district.