DANVILLE DISTRICT 118

EXTRACURRICULAR and CO-CURRICULAR HANDBOOK

PARENTS & STUDENTS

Grades 5-12

Vision

To empower every student in Danville District 118 to discover their passions and build meaningful community connections through a diverse, inclusive, and excellence-driven extracurricular experience

Mission

Mission: All District 118 students will reach their full potential.

Goals

- To develop good citizenship, honesty, emotional control, dependability, and respect for rules, property and authority.
- To provide an opportunity to exemplify and observe good sportsmanship.
- To maintain a high standard of credible and positive performance and conduct on and off the field of competition.
- To teach and emphasize the fundamental skills of the various sports and activities as a necessary ingredient in achieve individual and team success.
- To stress the importance of physical fitness, conditioning, health habits, and safety in athletics.
- To provide opportunities to develop lasting friendships with teammates and opponents.
- To provide a well-planned and well-balanced program of interscholastic athletics and activities for as many students as possible.
- To provide high quality leadership for all athletic and extracurricular programs.
- To provide opportunities for the development of unity, belonging, team pride, teamwork and commitment.

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AFFILIATION

Danville High School is a member of the Illinois High School Association, and the Big 12 Conference and, must adhere to the constitutions and by-laws of these entities concerning participation, eligibility, and student conduct. North Ridge Middle School and South View Upper Elementary are members of the Illinois Elementary School Association and must adhere to the constitution and by-laws of this entity concerning participation, eligibility, and student conduct.

Part I –Operating Procedures

1.1 Training Room (DHS only)

- Only athletes with official business are permitted in the Trainer's Room.
- Access to the training room is through appointment only with the Athletic Trainer. No walk-ins will be permitted as athletes in the Training Room MUST be supervised by a trainer or coach.
- The Training Room is co-ed and proper attire is required.
- Athletes are required to clean up following the visit.
- No spikes or muddy shoes are allowed.

1.2 Danville District 118 Rules

Danville District 118 follows the rules within the District 118 Ownership in Education Handbook and the IHSA/IESA guidelines regarding coach and player participation.

1.3 NCAA Eligibility Center

Students aspiring to compete in intercollegiate athletics at the NCAA Division I or II level must register with the NCAA Eligibility Center.

- **Registration & Resources:** Parents and students are encouraged to visit eligibilitycenter.org to create a profile, review academic requirements, and track eligibility status.
- **Academic Planning:** It is vital that students consult with their Guidance Counselor prior to course registration each semester. Course selections—including core-course requirements and non-traditional credits—directly impact a student's ability to meet NCAA initial-eligibility standards.

Part II: Policy and Regulations

2.1 Eligibility

Danville High School: Scholastic requirements set by IHSA and the Danville District 118 Board of Education (Board Policy 6:190) must be met: In order to be academically eligible to participate in an activity/team students must:

- Pass 5 academic classes in the previous semester.
- Pass 5 academic classes per week (5 credit hours) to be eligible. PE and Fitness Training are included as one of the 5 academic classes.
- Meet all other eligibility requirements of IHSA Exception: Seniors in the Work Study Program must be passing 5 academic classes, which also include PE or Fitness Training or the current IHSA requirement.

Cumulative grades from the first day of the current semester will determine whether a student is passing a course. The athletic office will check grades each Thursday and provide a report to in-season coaches and sponsors on Friday. The report will be in effect from Monday through Sunday. If the sole reason for a student being declared ineligible is "missed work" due to an unexcused absence, the student should be given a reasonable amount of time to make up the work before being declared ineligible.

Students who are academically ineligible for the week:

- May practice with the team/group, but are not eligible to participate in games, contests, or performances.
- May attend **HOME** events but are not allowed to sit on the bench.
- May **NOT** travel with the team or group on days when school is in session. Traveling with the team or group on days when school is not in session over extended breaks (e.g. winter break) is at the sole discretion of the coach or sponsor.

Students who are academically ineligible for the semester:

- May practice with the team/group, pending approval from the Head Coach and Activities/Athletic Director, but are not eligible to participate in games, contests, or performances.

- Will not be issued a team uniform and will not be listed on any team roster or appear in any official team photo.

- May **NOT** travel with the team or group on days when school is in session. Traveling with the team or group on days when school is not in session

over extended breaks (e.g. winter break) is at the sole discretion of the coach or sponsor.

North Ridge Middle School & South View Upper Elementary:

Grades 7-8: To participate in extracurricular activities, a student must be passing all full unit subjects. Eligibility shall be based on quarter cumulative grades and a student receiving a failing grade in any full unit subject will be ineligible until the next eligibility check. The athletic office will check grades each Thursday and provide a report to in-season coaches and sponsors on Friday. The report will be in effect from Monday through Sunday. If the sole reason for a student being declared ineligible is "missed work" due to an excused absence, the student should be given a reasonable amount of time to make up the work before being declared ineligible.

Grades 5-6: To participate in extracurricular activities, a student must be passing all subjects. Eligibility will be reviewed weekly. The athletic office will check grades each Thursday and provide a report to in-season coaches and sponsors on Friday. The report will be in effect from Monday through Sunday.

Students who are academically ineligible for the week:

- May practice with the team/group but are not eligible to participate in games, contests, or performances.
- May attend **HOME** events but are not allowed to sit on the bench.
- May **NOT** travel with the team or group on days when school is in session. Traveling with the team or group on days when school is not in session over extended breaks (e.g. winter break) is at the sole discretion of the coach or sponsor.

2.2 Non-public students/Home Schooling

Pursuant to Board Policy 7:40, a home school student is eligible to participate in: (1) interscholastic competition, provided his or her participation adheres to the regulations established by any association in which the District maintains a membership, and (2) non-athletic extracurricular activities, provided the student attends a District school for at least one-half of the regular school day, excluding lunch. A nonpublic student who participates in an extracurricular activity is subject to all policies, regulations, and rules that are applicable to other participants in the activity.

In addition, nonpublic/home school students may participate in extracurricular activities at Danville District 118 if they:

- Are taking and passing a minimum of 25 hours (5 classes) in an approved program or District class.
- Are providing proof of grades to the athletic director each Thursday by noon.
- For athletic extracurricular activities, are taking and regularly attending at least 1 class in person at District 118.
- Have paid all school fees.

2.3 Daily Attendance & Practice/Event Attendance

Students must attend a portion of the school day in order to participate in any afternoon or evening extracurricular practice, game, contest, or performance, unless an excused absence has been confirmed by the Principal or Activities/Athletic Director.

Practice attendance:

Students wanting to be a member of extracurricular groups or teams are expected to attend all scheduled practices as set forth by the coach or sponsor. Whenever possible, coaches should be notified of all excused absences at least 24 hours in advance.

Each coach or sponsor within the framework of the team rules must have requirements in place for excessive absences from practice and a process to remedy them. The process for remedying excessive absences must include a:

- Participant meeting with the coach/sponsor;
- Participant meeting with the parent/guardian;
- Suspension of participant from scheduled contests; and removal of participant from extracurricular activity

2.4 Quitting

When a student athlete quits a team, he/she will not be able to participate on another athletic team, preseason workouts or open gyms until the current season of the sport the athlete quit is completed.

2.5 Transportation/Travel

- Students are to ride the school transportation to and from away activities with the group they represent.

- Students are expected to ride home on school transportation unless their parents or guardians have completed the District 118 Extra Curricular Transportation Release Form (**Exhibit A**) and the form is signed by the Athletic Office 24 hours prior to the event. If an emergency occurs, the coach may only release a student to the parent/guardian or designated adult without a Transportation Form on file on the day of the emergency.
- No students will be allowed to ride with anyone except their own parent/guardian or a designated adult (over the age of 21) unless specified on the Transportation Form.

2.6 Parent Meeting

Parents/Guardians of all students who intend to participate in activities or sports must attend a mandatory preseason meeting with the coach or Activities/Athletic Director. The coach or Activities/Athletic Director will explain the policies and guidelines that apply to all activities and sports at this meeting. All parents/guardians and students will sign an acknowledgement of having received information regarding the policies and protocols **(Exhibit E).**

2.7 Conflict Resolution Procedures

District 118 recognizes that extracurricular activities can be high-energy and emotional. To ensure a respectful environment, we require students and parents to follow the following communication guidelines and resolution steps.

Communication Guidelines:

- The 24-Hour Rule: To ensure productive conversations, meetings will not be scheduled within 24 hours of a contest, or during an active practice session.
- Confidentiality**:** Meetings will be held privately and will not be conducted in the presence of other students, parents, or staff members not involved in the resolution.

The Resolution Steps:

1. **Student-Coach Conference:** The student should first speak directly with the coach or sponsor to address the concern. This encourages self-advocacy and growth.

2. **Parent-Coach Meeting:** If the issue remains, the parent, student, and coach will meet privately.

3. Activities/Athletic Director (AD) Review: If a resolution is not reached, the parent/student should contact the AD.

4. **District Facilitator of Athletics:** If the conflict is not resolved at the building level, the matter will be referred to the Facilitator of District Athletics for review.

5. **Superintendent's Office:** The final step for unresolved grievances is to contact the Assistant Superintendent or Superintendent to schedule a meeting with all concerned parties.

Note: While the District aims for a respectful airing of perspectives, the final resolution may not always result in agreement by all parties. The District priority is a productive environment for all students.

2.8 Student Participation in Multiple Activates and Sports

Students may participate in more than one activity or sport during the same season. If a conflict occurs between an activity and sports, the following procedures apply:

- A student who wishes to participate in two activities/sports during the same season must designate a primary sport after making the team and before the first official practice date for that season. A primary activity/sport is defined as the activity/sport taking precedence over another activity/sport in the event there is a schedule conflict or other matter that could lead to a conflict.
- In the event of a conflict between two practices, the student shall attend the primary activity/sports practice first.
- In the event of a conflict between a practice and a regular season competition, the student shall attend the competition.
- In the event of a conflict between two competitions that are not at the IHSA state level, the student shall attend the primary activity/sports competition.
- In the event of a conflict between an IHSA state-level competition and a regular season competition, the student shall attend the state competition (IHSA Regional, Sectional, etc.).
- If a resolution cannot be reached, a more specific contract may need to be drawn up between the sponsors/coaches, student, and parent regarding the student's participation and schedule. A file of this contract will be kept in the activities/athletic director's or appropriate administrator's office.

If the student athlete is ejected for any infraction in a specific sport, the consequences will also be applied to the second sport in the season of dual participation.

Once a primary activity/sport has been declared, the student is not allowed to change primary and secondary activity/sports during the season. If a student stops participating in the primary or secondary activity/sport, the student is only allowed to continue in the other activity/sport after approval by the Athletic Director or designated Administrator. The Athletic Director/Administrator may request a meeting with the student and sponsor/coach prior to issuing a decision.

DHS Students may attend a club meeting twice a month if they are at their practice by 3:45pm.

Please see **Exhibit F – Dual-Extracurricular Participation Contract –** for more information.

2.9 Prayers, Religious Conflicts, and Uniform Modifications

Religious prayers: The District respects the right of students to observe personal religious practices consistent with the law and Constitution. District coaches and sponsors will not, in their official capacity, lead, organize, require, or promote any religious practices at any school assembly, ceremony, or other school-sponsored practice, game, event, or activity. (See Board Policies 6:255 and 7:130).

To be excused from an activity to attend a religious function or holiday of his/her faith, the student must notify the director or coach of the activity in advance of the absence. No disciplinary action will be taken against the student for missing the activity.

UNIFORM MODIFICATION:

Danville District 118 allows a student athlete to modify his or her athletic or team uniform for the purpose of modesty in clothing or attire that is in accordance with the requirements of his or her religion or his or her cultural values or modesty preferences. The modification of the athletic or team uniform may include, but is not limited to, the wearing of a hijab, an undershirt, or leggings. If a student chooses to modify his or her athletic or team uniform, the student is responsible for all costs associated with the modification of the uniform and the student shall not be required to receive prior approval from the school board for such modification.

- At a minimum, any modification of the athletic or team uniform must not interfere with the movement of the student or pose a safety hazard to the student or to other athletes or players.

The modification of headgear is permitted if the headgear:

- Is black, white, or the predominant color of the uniform, or the same color for all players on the team.
- Does not cover any part of the face.
- Is not dangerous to the player or to the other players.
- Has no opening or closing elements around the face and neck; and has no parts extruding from its surface.

2.10 Additional Rules

Any additional extracurricular rules must be approved by the Principal and Activities/Athletic Director

2.11 Extracurricular Code of Conduct and Violations

All extracurricular participants in Grades 5-12 are representatives of their school and community. They act as leaders and may be looked up to by other students and younger age groups. The safety and health of each participant should be safeguarded by proper conduct by all students. For these reasons, we expect Grades 5-12 extracurricular participants to maintain high standards of conduct at all times, including after school, on days when school is not in session, and whether on or off school property. The participant's conduct in and out of school shall be such as to bring no discredit to the student, his/her parents, the school, the team or organization. Students who participate in extracurricular activities should be ambassadors of goodwill in all areas of athletic competition and other extracurricular activities and should represent Danville Community Consolidated School District No. 118 in a positive manner.

Participation in extra and co-curricular activities at Danville District 118 is a privilege, not a right. By accepting this privilege, a participant has responsibilities to the team, the organization, the school, and the community. Each participant understands and agrees that the participant may lose the privilege to participate in extracurricular activities consistent with District policies. Article 9 Extracurricular Activities and Article 10 Extracurricular Code of Conduct of the Danville District 118 Ownership in Education Handbook outlines all behaviors and potential consequences for participants.

Sportsmanship

Students who participate in or attend athletic activities must always show respect for the participants, coaches, and officials. Unsportsmanlike displays will not be tolerated.
Students are expected to cheer for their school team in an appropriate manner and not be derogatory toward opponents' players/coaches, opposing fans, and officials.
Students who are in violation of the sportsmanship policy are subject to discipline and participants may lose the privilege in participating in extracurricular activities per Article

9 Extracurricular Activities and Article 10 Extracurricular Code of Conduct of the Danville District 118 Ownership in Education Handbook. **See Exhibit B**

Infractions of Extracurricular Code of Conduct

Include, but are not limited to, the following:

1. Alcohol and other Drugs (Possession, Use, Under the Influence)
2. Tobacco Products (Possession and/or Use)
3. Criminal Behavior: Any participant who has committed or attempted to commit an act that would constitute violation of any criminal law as determined by administration. Note that the participant may be removed, suspended, or otherwise sanctioned or disciplined from extracurricular activity notwithstanding whether the participant is arrested, charged, or convicted of any crime.
4. Other Misconduct: Article 9 Extracurricular Activities and Article 10 Extracurricular Code of Conduct of the Danville District 118 Ownership in Education Handbook outlines other behaviors and potential consequences for participants.

2.12 Lightning Policy

- When thunder is heard, or lightning is seen, play must be suspended for at least 30 minutes after the last thunder is heard or lightning is witnessed. Any subsequent thunder or lightning after the beginning of the 30-minute count will reset the clock and another 30-minute count should begin. **(See IHSA/IESA Guidelines)**

2.13 Inclement Weather and Early Dismissal Guidelines

If school has been cancelled due to inclement weather or students have been sent home early due to an early dismissal, all practices and games are canceled unless special arrangements have been made with the Activities/Athletic Director and administrative approval has been obtained.

2.14 Hazing

Hazing, no matter when or where it occurs, is prohibited. Hazing activities of any type are inconsistent with the educational goals of the school system.

Hazing is defined as any intentional, knowing, or reckless act directed to or required of a student for the purpose of being initiated into, affiliating with, holding office in, or maintaining membership in any group, organization, club, or athletic team whose members are or include other students.

The term hazing includes, but is not limited to:

- Any type of physical brutality, such as whipping, beating, striking, branding, electronic shocking, or placing a harmful substance on the body.
- Any type of physical activity that subjects the student to a risk of harm or adversely affects the mental or physical health or safety of the student.
- Any activity that intimidates or threatens the student with ostracism, subjects a student to stress, embarrassment, shame, or humiliation that adversely affects the mental health or dignity of the student, or discourages the student from remaining in school.
- Any activity that causes or requires the student to perform a task that involves the violation of state or federal law or school district policies or regulations.
- Any activity that a student is required to perform as a condition of being part of the team or activity that is in addition to established eligibility requirements. Bullying as defined in this Handbook.

The District will investigate all complaints of hazing. It will discipline any student who engages in hazing, as well as any coach/sponsor who allows hazing. Discipline may include but is not limited to removal from extracurricular activities, suspension, and/or expulsion from school for the student and suspension and dismissal for the coach/sponsor.

BULLYING

Bullying, intimidation, and harassment diminish a student's ability to learn and a school's ability to educate. Preventing students from engaging in these disruptive behaviors and providing all students equal access to a safe, non-hostile learning environment are important District goals.

Bullying on the basis of actual or perceived race, color, national origin, military status, unfavorable discharge status from the military service, sex, sexual orientation, gender identity, gender-related identity or expression, ancestry, age, religion, physical or mental disability, order of protection status, status of being homeless, or actual or potential

marital or parental status, including pregnancy, association with a person or group with one or more of the aforementioned actual or perceived characteristics, or any other distinguishing characteristic.

Definitions from Section 27-23.7 of the School Code (105 ILCS 5/27-23.7)

Artificial intelligence means a machine-based system that, for explicit or implicit objectives, infers, from the input it receives, how to generate outputs such as predictions, content, recommendations, or decisions that can influence physical or virtual environments. *Artificial intelligence* includes generative artificial intelligence.

Bullying includes cyber-bullying and means any severe or pervasive physical or verbal act or conduct, including communications made in writing or electronically, directed toward a student or students that has or can be reasonably predicted to have the effect of one or more of the following:

- Placing the student or students in reasonable fear of harm to the student's or students' person or property;
- Causing a substantially detrimental effect on the student's or students' physical or mental health;
- Substantially interfering with the student's or students' academic performance; or
- Substantially interfering with the student's or students' ability to participate in or benefit from the services, activities, or privileges provided by a school.

Cyber-bullying means bullying through the use of technology or any electronic communication, including without limitation any transfer of signs, signals, writing, images, sounds, data, or intelligence of any nature transmitted in whole or in part by a wire, radio, electromagnetic system, photo-electronic system, or photo-optical system, including without limitation electronic mail, Internet communications, instant messages, or facsimile communications. Cyber-bullying includes the creation of a webpage or weblog in which the creator assumes the identity of another person or the knowing impersonation of another person as the author of posted content or messages if the creation or impersonation creates any of the effects enumerated in the definition of bullying. Cyber-bullying also includes the distribution by electronic means of a communication to more than one person or the posting of material on an electronic medium that may be accessed by one or more persons if the distribution or posting creates any of the effects enumerated in the definition of bullying. *Cyberbullying* also includes the posting or distribution of an unauthorized digital replica by electronic means if the posting or distribution creates any of the effects enumerated in the definition of *bullying*.

The District investigates bullying complaints pursuant to Board Policy 7:180, *Prevention of and Response to Bullying, Intimidation, and Harassment.* Board Policy 7:180 is

located on the District's website. A report may be made orally or in writing to the Nondiscrimination Coordinator, Title IX Coordinator, Building Principal, Assistant Building Principal, Dean of Students, a Complaint Manager, or any staff member with whom the student is comfortable speaking.

2.15 Title IX

Sexual harassment as defined in Title IX (Title IX Sexual Harassment) is prohibited. Any person, including a District employee or agent, or student, engages in Title IX Sexual Harassment whenever that person engages in conduct on the basis of an individual's sex that satisfies one or more of the following:

1. A District employee conditions the provision of an aid, benefit, or service on an individual's participation in unwelcome sexual conduct; or
2. Unwelcome conduct determined by a reasonable person to be so severe, pervasive, and objectively offensive that it effectively denies a person equal access to the District's educational program or activity; or
3. Sexual assault as defined in 20 U.S.C. §1092(f)(6)(A)(v), dating violence as defined in 34 U.S.C. §12291(a)(11), domestic violence as defined in 34 U.S.C. §12291(a)(12), or stalking as defined in 34 U.S.C. §12291(a)(36).

Examples of sexual harassment include, but are not limited to, touching, crude jokes or pictures, discussions of sexual experiences, teasing related to sexual characteristics, spreading rumors related to a person's alleged sexual activities, rape, sexual battery, sexual abuse. Additional information regarding Title IX may be found in Board Policy 2:265, *Title IX Sexual Harassment Grievance Procedure*, and Article 12 of the Ownership in Education Handbook. ·

Please contact the Title IX Coordinator with any questions or to file a complaint pursuant to Title IX. The Title IX Coordinator for Danville District 118 is Mrs. Kimberly Pabst, Director of Human Resources, 110 East Williams, Danville, IL 61832, (217) 444-1050. Email- PabstK@danville118.org.

2.16 District 118 Behavioral Expectations during Events

Extracurricular events are extensions of the school day. Please do not attempt to argue with, detain, or otherwise disrupt the teacher, sponsor, or coach before during or immediately after an event, practice, or game. Anyone who attempts to argue with, detain, or otherwise disrupt a teacher, sponsor or coach may be subject to removal from school premises and subject to discipline under Article 9 Extracurricular Activities and Article 10

Extracurricular Code of Conduct of the Danville District 118 Ownership in Education Handbook.

Parents and spectators should remember that while games or events are competitive, they are first and foremost an educational experience for students. Please show respect and sportsmanship throughout all contests.

All parents and spectators must comply with Board Policy 8:30, *Visitors to and Conduct on School Property.* Anyone not showing good sportsmanship or appropriate conduct may be subject to removal from school premises and may not be allowed to return for an extended period of time pursuant to Board Policy 8:30.

The attached *Parent/Guardian Code of Conduct* **(Exhibit C)** must be signed and returned to the Athletic Director or digitally signed and submitted. Failure to sign and return the *Parent Code of Conduct* may result in your student not being able to participate in extracurricular events.

2.17 Physical Examination:

Student participation in school-sponsored extracurricular athletic activities is contingent upon a current certificate of physical fitness issued by a licensed physician, an advanced practice registered nurse, or a physician assistant. The Pre-Participation Physical Examination Form, offered by the Illinois High School Association and the Illinois Elementary School Association, is the preferred certificate of physical fitness. However, the student must present a current certificate of physical fitness before he/she participates in any team activity or practice or try out. In order to comply with IHSA bylaw 2.150, the certificate of physical fitness cannot be issued more than 395 days preceding any date of participation in any practice, contest, try out or activity.

2.18 Hate Speech:

Danville District 118 aims to ensure a safe and respectful environment for all participants in its extracurricular activities. Hate speech is behavior aimed at a person's actual or perceived: race; color; national origin; military status; unfavorable discharge status from military service; sex; sexual orientation; gender identity; gender-related identity or expression; ancestry; age; religion; physical or mental disability; order of protection status; status of being homeless; actual or potential marital or parental status, including pregnancy; physical appearance; socioeconomic status; academic status; association with a person or group with one or more of the aforementioned actual or perceived characteristics; or any other distinguishing characteristic that substantially interferes with a student's school performance or creates an intimidating, hostile, or offensive school

environment. Hate speech may be verbal, non-verbal, or physical acts. Hate speech is strictly prohibited.

The District investigates complaints regarding hate speech and harassment pursuant to Board Policy 7:20, *Harassment of Students Prohibited*. Board Policy 7:20 is located on the District's website. Please contact the complaint manager to file a complaint.

2.19 Equal Educational Opportunities and Harassment

Equal educational and extracurricular opportunities shall be available for all students without regard to color, race, national origin, religion, sex, sexual orientation, ancestry, age, physical or mental disability, gender identity, status of being homeless, immigration status, order of protection status, military status, unfavorable military discharge, reproductive health decisions, or actual or potential marital or parental status, including pregnancy, or any other protected category or distinguishing characteristic. Moreover, no person, including a District employee, agent, or student, shall harass, intimidate, or bully a student on the basis of any of the above categories or distinguishing characteristics The District will not tolerate harassing, intimidating conduct, or bullying whether verbal, physical, sexual, or visual, that affects the tangible benefits of education, that unreasonably interferes with a student's educational performance, or that creates an intimidating, hostile, or offensive educational environment.

Students are encouraged to promptly report claims or incidents of bullying, intimidation, harassment, or any other prohibited conduct to the Nondiscrimination Coordinator, Building Principal, Assistant Building Principal, Dean of Students, a Complaint Manager, or any employee with whom the student is comfortable speaking.

Any student may file a complaint by using Board Policy 2:260, *Uniform Grievance Procedure*, or in the case of discrimination on the basis of race, color, or national origin, Board Policy 2:270, *Discrimination and Harassment on the Basis of Race, Color, and National Origin Prohibited*. Board Policies 2:260 and 2:270 are located on the District's website. Please contact a complaint manager to file a complaint.Further information regarding the District's policy on harassment may be found in Board Policies 2:260, 2:270, 7:10 and 7:20 which are located on the District's website.

Prohibited Conduct

- Use of language or gestures that are derogatory, discriminatory, or offensive towards any individual or group based on their race, ethnicity, national origin, religion, gender, sexual orientation, disability, or any other characteristic.
- Distribution of materials or displaying symbols that promote hate or discrimination.

- Engaging in behavior that creates an intimidating, hostile, or offensive environment for any individual or group.

2:20 Extracurricular Drug and Alcohol Testing

The Illinois High School Association (IHSA) prohibits participants in an athletic activity sponsored or sanctioned by IHSA from ingesting or otherwise using any performance enhancing substance on its banned substance list, without a written prescription and medical documentation provided by a licensed physician who evaluated the student-athlete for a legitimate medical condition. IHSA administers a performance-enhancing substance testing program. Under this program, student athletes are subject to random drug testing for the presence in their bodies of performance-enhancing substances on the IHSA's banned substance list. In addition to being penalized by IHSA, a student may be disciplined according to Board policy 7:190, *Student Behavior*, which is located on the District's website.

FREQUENTLY ASKED QUESTIONS

Q: If a student is only passing four classes when the eligibility report is run on at Thursday at noon and is declared ineligible for the following week, can that student regain eligibility during the week if he/she has earned enough daily grades to help them pass five classes by Thursday?

A: No. When a student is declared ineligible, the period of ineligibility runs from Monday through Sunday, regardless of the grades a student earns during the week of ineligibility.

Q: Are home-schooled students allowed to participate in activities and sports at Danville District 118?

A: A: Yes. Home school students may participate in District activities and sports if they: 1) are taking and passing a minimum of 25 hours (5 classes) in an approved program; 2) are providing proof of grades each week to the athletic director; 3) for athletic extracurricular activities, are regularly attending and passing at least 1 class in District 118; 4) for non-athletic extracurricular activities, are attending a District school for at least one-half of the regular school day, excluding lunch; and 4) have paid all school fees.

Q: Do students who participate only in activities (band, speech, drama, show choir, etc.) have to have an annual physical examination?

A: No. Only students participating in sports in accordance with IESA/IHSA guidelines need to have current physicals.

Q: If a student has a medical appointment on a game/performance day, can he/she participate that afternoon or evening?

A: Yes, provided that students bring proof of the appointment from the doctor's office for verification**.**

Q: If a student misses all of the school day for an unexcused reason, can he/she participate that afternoon or evening?

A: No

Q: Does the attendance rule apply to events on Saturday or Sunday?

A: No

Q: Does the attendance rule apply to practices on school days?

A: Yes

Q: Do parents have to attend a meeting with the Activities/Athletic Director every year and for every activity/sport in which their child participates?

A: Yes. Parents must attend one meeting per sport/activity for a child who will participate in his/her activity or sport at Danville District 118. For example, if your child only participates in a fall sport, you do not have to attend a winter or spring parent meeting but you would have to attend a fall parent meeting.

Q: If a student only participates in one activity/sport and commits a code violation in January, may that student be suspended during the next golf season?

A: Yes, depending on the severity of the violation.

Q: If a student is suspended during the season for golf, may the same student participate in Track and Field in the spring and serve the suspension during the Track and Field season?

A: Yes. Students must start the season on the first day of practice and must finish the season as an active member of the team in order for the suspension to count.

Q: How do consequences work for activities that span the length of the school year (band, chorus, etc.)?

A: The Principal and or Athletic/Activities Director will determine the suspension period for all activities that run throughout the school year.

Q: Can a student athlete practice without a physical on file?

A: No, a current physical must be on file in the athletic office before a student can practice.

Exhibit A

DANVILLE COMMUNITY UNIT SCHOOL DISTRICT NO. 118

Extracurricular Transportation Release Form

IMPORTANT: This form must be signed and turned into the coach/sponsor PRIOR to the event in which the student will be riding home with a designated adult.

1. Transportation Policy & Acknowledgement

Students may be transported home from an event **ONLY**:

On District-provided transportation,
With their parent/guardian, or
With an adult (over the age of 21) designated by the parent/guardian on this form.
Note: A new form must be submitted for each event for which the parent/guardian would like to designate an adult to transport a student home.

I acknowledge that I am voluntarily choosing for my student to travel home from the Event separately from the transportation provided by Danville Community Unit School District No. 118, and that the District can require that my student use District-provided transportation if it is offered. I understand that no employee or representative of the District will accompany my student during the transportation from the Event and that the District will not monitor how my student is transported from the Event if my student is travelling separately from the transportation provided by the District.

I knowingly and voluntarily assume all risks associated with my student's transportation from the Event, including the risks of any injury, accident, illness, allergic reaction, damage or loss to person or property, or other harm arising out of, related to, or connected with this transportation.

2. Release from Liability

By signing this form, to the fullest extent permitted by the law, I hereby fully and unconditionally release, waive, indemnify, and hold harmless the Board of Education of Danville Community Unit School District No. 118, as well as its individual Board members, employees, agents, attorneys, representatives, volunteers, and successors, from any and all liability, including but not limited to, actions, causes of action, any and all damages, debts, claims, obligations, personal injuries, including death, disabilities, medical expenses, attorney's fees, or other demands of any kind and nature whatsoever which may arise out of or in connection with the transportation of my student from the Event. The terms of this liability waiver shall also serve as a release for my/our heirs, estate, executors, administrators, assignees and agents.

I/We have carefully read this Release from Liability, fully understand its terms, and execute it voluntarily. I/We know that by signing this document, I/we waive my/our right to sue and agree to hold harmless the Board of Education of Danville Community Unit School District No. 118, and its individual Board members, employees, agents, attorneys, representatives, volunteers, and successors.

Exhibit A

3. Permission & Authorization

I, _____, give permission and authorize my student, _____, to travel from _____ to be held on _____, 202___ ("Event") by the following adult (over age 21 if not riding with parent): _____. *(Students are not allowed to transport themselves home).*

Signature of Parent/Guardian: _____ Date: _____

Signature of Athletic Director: _____ Date: _____

Exhibit B

DANVILLE COMMUNITY UNIT SCHOOL DISTRICT NO. 118

Extra-Curricular Student Code of Conduct

> PURPOSE: Danville School District 118 believes that positive sportsmanship and student representation are essential core values. Students who participate in extra-curricular activities are ambassadors of Danville School District 118, and have a duty to ensure that their team/group promotes the development of good character and respectful competition. This code of conduct applies to all student participants involved in interscholastic athletics and extra-curricular groups.

1. Standards & Conduct Expectations

Student participants will conduct themselves as good citizens and exemplars of their school at all times, including after school, on days when school is not in session, and whether on- or off-school property.

Student participants will not engage in any hazing or bullying activities. Hazing and bullying activities are strictly prohibited.

Student participants will support the value of academics and the educational process. The District will enforce academic eligibility standards to further these values.

Student participants will advocate, model and promote the development of good sportsmanship and character, including: trustworthiness, respect, responsibility, fairness, caring, and citizenship.

Student participants will respect coaches/sponsors, peers, officials, opponents, staff, parents and all others associated with the team or activity.

Student participants will promote fair play and follow the sport's/activity's rules.

Student participants will model appropriate behavior at all times. No disrespectful behaviors — including, but not limited to, booing, heckling, profane language, insubordination to coaches/sponsors, destruction of property, theft — will be tolerated. Please see the Ownership in Education Handbook for additional examples of prohibited conduct.

Any player ejected from a contest for unsportsmanlike conduct shall be ineligible for the next interscholastic event at that level of competition based on IHSA and IESA By-laws.

2. Acknowledgement & Consequences

Failure to abide by this Code of Conduct may result in discipline, up to and including removal from the activity. Participants who violate the Code of Conduct will be allowed to give an explanation to the Building Principal before being disciplined.

STUDENT NAME: (Please print)	
STUDENT SIGNATURE:	**DATE:**

Exhibit C

DANVILLE COMMUNITY UNIT SCHOOL DISTRICT NO. 118

Extracurricular Parent/Guardian Code of Conduct

> PURPOSE: Parents/Guardians who attend extra-curricular events are ambassadors of Danville School District 118, and have a responsibility to ensure that they model good character and respectful competition. The following Code of Conduct applies to all parents/guardians involved in interscholastic athletics and extra-curricular groups.

1. Standards & Conduct Expectations

Parents/Guardians will promote the academic, emotional, physical, and moral well-being of the student participants above the desires and pressures to win.

Parents/Guardians will teach, enforce, advocate, model, and promote the development of good sportsmanship and character of student participants, including: trustworthiness, respect, responsibility, fairness, caring, and citizenship.

Parents/Guardians will respect coaches/sponsors, participants, officials, staff, opponents, and all others associated with the event.

Parents/Guardians will promote fair play and uphold the activity's rules.

Parents/Guardians will model appropriate behavior at all times. Disrespectful behavior – including, but not limited to, booing, heckling, profane language, disrespect to coaches/sponsors and officials, destruction of property, or theft – will not be tolerated. Consequences for disrespectful behavior may include an ejection from the event or a ban from school property or events consistent with Section 24-24 of the Illinois School Code, 105 ILCS 5/24-24.

Parents/Guardians will comply with Danville District 118 Board Policy 8:30 – Visitors to and Conduct on School Property found at www.danville118.org

2. Acknowledgement & Signature

I have read and understand the requirements of this Code of Conduct and acknowledge that I may be banned from attending games, practices, or events if I violate them.

*(*Only one parent/guardian need sign, but all parents/guardians are held to code.)*

PARENT/GUARDIAN NAME(S): (Please print)	
PARENT/GUARDIAN SIGNATURE:	**DATE:**

Exhibit D

Optional Health Insurance Program

While the school takes every safeguard to prevent accidents, they do occur. Families and participants need protection to cover the cost of such incidents when they happen.

We urge you to read your own health and accident insurance policies very carefully and review them with your agent to be sure that you understand the coverage that you have relative to athletic accidents**.**

The Board of Education of Danville Community Consolidated School District 118 makes available an optional student accident insurance program available to students participating in school-sponsored or school-supervised interscholastic athletic events sanctioned by the Illinois High School Association (IHSA). Information regarding the optional student accident insurance program is posted on the District's website. The Board designates the company to offer the student accident insurance, but the Board does not endorse the insurance policy nor recommend that parents/guardians purchase the coverage. Any contract of insurance is between the parents/guardians and the insurance company.

NO INSURANCE POLICY PAYS FOR EVERYTHING. BE SURE THAT YOU UNDERSTAND YOUR POLICY AND/OR THE SCHOOL POLICY IF YOU ELECT TO TAKE IT.

Please keep in mind that all expenses incurred as a result of athletic injuries are the responsibility of the parents. The school assumes no obligation for such occurrences.

Exhibit E

DANVILLE COMMUNITY UNIT SCHOOL DISTRICT NO. 118

Parent/Student Acknowledgement Form

> PURPOSE: This form serves as the comprehensive parent and student agreement acknowledging review and acceptance of District 118 policies, insurance requirements, transportation terms, student and parent codes of conduct, and IHSA testing/concussion protocols.

1. Program & Policy Acknowledgements

I have read and understand both the Performance-Enhancing Substance Testing Program and the Concussion Protocols and agree to sign and abide by the applicable IHSA form that explains both protocols.

I have read and understand the Optional Health Insurance Program Form (Exhibit D) and affirm that my student is covered through the District-approved insurance plan or under a family insurance plan. I understand and agree that all expenses my student(s) incur as a result of athletic injuries are my responsibility. I further affirm that District 118 assumes no obligation for the expenses incurred as a result of athletic injuries.

I have read and understand the District 118's Extracurricular Transportation Release and will abide by it.

I have read and understand the District 118's Extracurricular Student Code of Conduct and will abide by it.

I have read and understand the District 118's Extracurricular Parent/Guardian Code of Conduct and will abide by it.

2. Health & Medical Insurance Verification

My child is covered by my family hospitalization and medical insurance.	**[ ] YES [ ] NO**
I understand that I can obtain coverage through a school-sponsored plan if I so desire.	**[ ] YES [ ] NO**

3. Signatures & Date

STUDENT PRINTED NAME:	**STUDENT SIGNATURE:** **DATE:**
PARENT/GUARDIAN PRINTED NAME:	**PARENT/GUARDIAN SIGNATURE:** **DATE:**

Exhibit F

DANVILLE COMMUNITY UNIT SCHOOL DISTRICT NO. 118

Dual-Extracurricular Participation Contract

> PURPOSE: It is the intention of the student named below to participate in two extracurricular or co-curricular activities during the same season. For this to occur, all conditions and guidelines outlined in this contract must be strictly followed.

1. Participation Conditions

The student must declare which activity/sport is primary and secondary for participation purposes after tryouts and before the first official practice.

Practice and game/meet requirements below must be followed for dual participation conflicts.

It is the student's job to communicate weekly plans to both coaches. All parties involved will receive a copy of the plan. Rescheduling games may require a modification of the weekly plan.

2. Designated Activities / Sports

Primary Activity/Sport: _____

Secondary Activity/Sport: _____

4. Dual Participation Guidelines

- A student who wishes to participate in two activities/sports during the same season must designate a primary sport after making the team and before the first official practice date for that season.
- Students who are involved in two extracurricular or co-curricular activities or a combination of the two on the same date shall attend the primary activity/sport first.
- In the event of a conflict between two practices, the student shall attend the primary activity/sports practice first.
- In the event of a conflict between a practice and a regular season game, the student shall attend the game.
- In the event of a conflict between two competitions that are not at the IHSA state level, the student shall attend the primary activity/sports competition.
- In the event of a conflict between an IHSA state-level competition and a regular season competition, the student shall attend the state competition (IHSA Regional, Sectional, etc.).

If a resolution cannot be reached, a more specific contract may need to be drawn up between the sponsors/coaches, student, and parent regarding the student's participation and schedule. A file of this contract will be kept in the activities/athletic director's or appropriate administrator's office.

Unexpected situations may arise. These situations should first be attempted to be worked out with the coaches. If no mutual agreement can be reached, then the Athletic Director/Administrator will make the final decision.

4. Student & Administrative Sign-Off

STUDENT NAME: (Please print)	
PRIMARY COACH SIGNATURE:	**DATE:**
SECONDARY COACH SIGNATURE:	**DATE:**
PARENT/GUARDIAN SIGNATURE:	**DATE:**
ATHLETIC DIRECTOR SIGNATURE:	**DATE:**