



Rockford Elementary Lunch Menu

November
2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 No School	3 Crispy Chicken Nuggets Dinner Roll Crispy Chicken Wrap Sweet Potato Tots Diced Red/Orange Bell Pepper Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	4 House Made Italian Stromboli Crispy Chicken Wrap Roasted Broccoli Diced Red/Orange Bell Pepper Apple 1% Unflavored White Milk 1% low Fat Chocolate Milk	5 Macaroni & Cheese Dinner Roll Crispy Chicken Wrap Roasted Carrots Cauliflower Floret Applesauce 1% Unflavored White Milk 1% low Fat Chocolate Milk	6 Chicken Tacos Lettuce, Tomato and Cheese Crispy Chicken Wrap Salsa Black Beans Cauliflower Floret Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk
9 Cheesy Bosco Stick Marinara Sauce Yogurt Pak with Pretzel Bites Munchable Steamed Green Beans Baby Carrots Diced Peaches Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	10 Roasted Beef Hot Dog on a Bun Yogurt Pak with Pretzel Bites Munchable Baked Beans, Vegetarian Baby Carrots Fresh Orange Quarters 1% Unflavored White Milk 1% low Fat Chocolate Milk	11 Beefy Nachos with Homemade Cheese Yogurt Pak with Pretzel Bites Munchable Roasted Corn Baby Carrots Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	12 Chicken Alfredo w/Pasta Garlic Toast Turkey BLT Wrap Roasted Broccoli Celery Sticks Kiwi Fruit 1% Unflavored White Milk 1% low Fat Chocolate Milk	13 HOM - Winter Squash & Sage Holiday Roast Turkey & Gravy Mashed Potatoes Roasted Butternut Squash and Fresh Sage Dinner Roll Cranberries Yogurt Pak with Pretzel Bites Munchable Celery Sticks Warm Cinnamon Apples
16 Grilled Cheese Sandwich Marinara Sauce Turkey Deli Sub Sandwich Sweet Potato Tots Cherry Tomato Fresh Pineapple 1% Unflavored White Milk 1% low Fat Chocolate Milk	17 Chicken Potstickers Chicken Fried Rice Turkey Deli Sub Sandwich Kung Fu Carrots Celery Sticks Apple 1% Unflavored White Milk 1% low Fat Chocolate Milk	18 Beef & Cheese Quesadilla Cilantro Lime Rice Spiced Pinto Beans Turkey Deli Sub Sandwich Cherry Tomato Banana 1% Unflavored White Milk 1% low Fat Chocolate Milk	19 Crispy Chicken Sandwich WG Bun Burger Fixings Turkey Deli Sub Sandwich French Fries Cucumber Slices Applesauce Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	20 Homemade Cheese Pizza Turkey Deli Sub Sandwich Roasted Broccoli Fresh Orange Quarters 1% Unflavored White Milk 1% low Fat Chocolate Milk
23 Macaroni & Cheese Dinner Roll Pretzel Bites & Cheese Munchable Collard Greens Diced Red/Orange Bell Pepper Diced Peaches 1% Unflavored White Milk 1% low Fat Chocolate Milk	24 Beef Tacos, Soft Pretzel Bites & Cheese Munchable Roasted Lemon Herb Chickpeas Diced Red/Orange Bell Pepper Fresh Pear 1% Unflavored White Milk 1% low Fat Chocolate Milk	25 Happy	26 Thanksgiving	27 Break
30 Cheesy Bosco Stick Marinara Sauce Turkey & Cheese Flatbread Munchable Steamed Peas Baby Carrots Fresh Grapes 1% Unflavored White Milk 1% low Fat Chocolate Milk	1			REAMS Rocks

PRICES

Student Lunch FREE
Adult Lunch \$5.30
Milk \$.60

EXTRA INFO

Free and Reduced Forms Are Still Available

HARVEST OF

THE MONTH

Your **MENUS** plus more information on our app
Taher Food4Life®

www.taher.com