

Start

Start here. Do each activity in each space before moving. Stop when you reach **Finish**.

Finish

8 **SEL: Do Forest Breathing** 2 times before you finish.

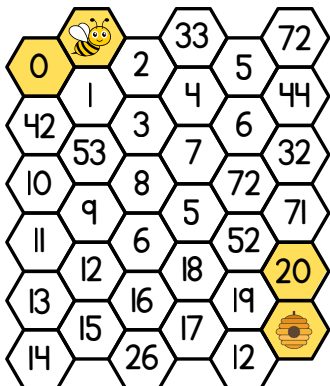
7 Count how many times you see the words “the,” “of,” and “and” on this page.

the _____

of _____

and _____

6 Color numbers 0–20 to help the bee get home.



1 Draw today's weather. Draw what winter weather usually looks like in Minnesota.

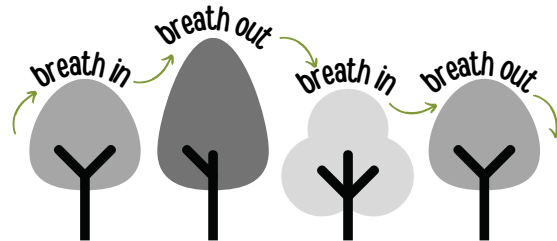
2 Write your name.

Trace each letter to practice writing.

Saturday is the most popular night for eating pizza. Let's eat!

Kindergarten

GAME BOARD 1



Forest Breathing

Run your fingers along the tree tops while you breathe in and out.

3 Find and circle all of the letter Aa and Ss:

a	D	B	s	d	a	A
V	s	c	r	S	t	v
s	A	y	x	a	k	m
o	s	g	i	d	a	s
S	a	w	s	q	S	o
a	z	O	l	s	f	a
g	S	a	h	n	A	s

5 Select one activity to complete.

ART: Create a pattern with 3 colors on the gameboard spaces. Instead of colors, you may also use shapes.

MUSIC: Try 3 different ways to tap your thighs: quiet, loud, with your whole hand, with just 2 fingers, etc

PE: Do 10 jumping jacks, run in place for 20 seconds, spin 3 times, and dance for 30 seconds

FUN FACT

Where is a shrimp's heart located?

In its head.

4 **NEEDS** ❤️ → help us live
WANTS ★ → make life fun

Circle the **NEEDS** below and explain why it is a need to someone.

“I circled ___ because ___.”



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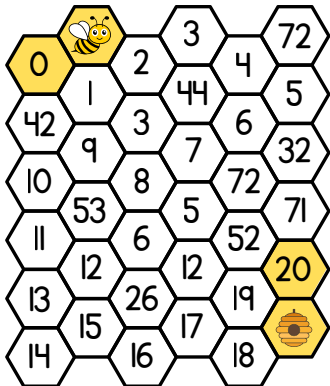
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the _____

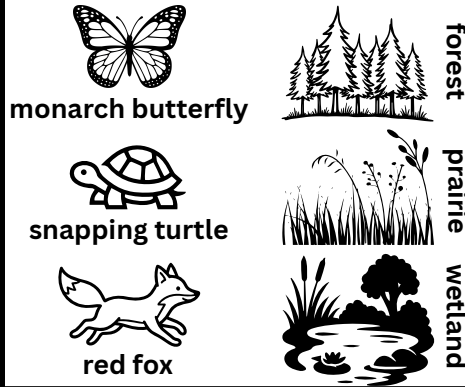
of _____

and _____

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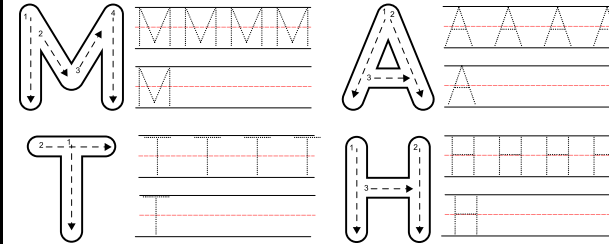


1 Draw a line from each animal to its habitat (home).

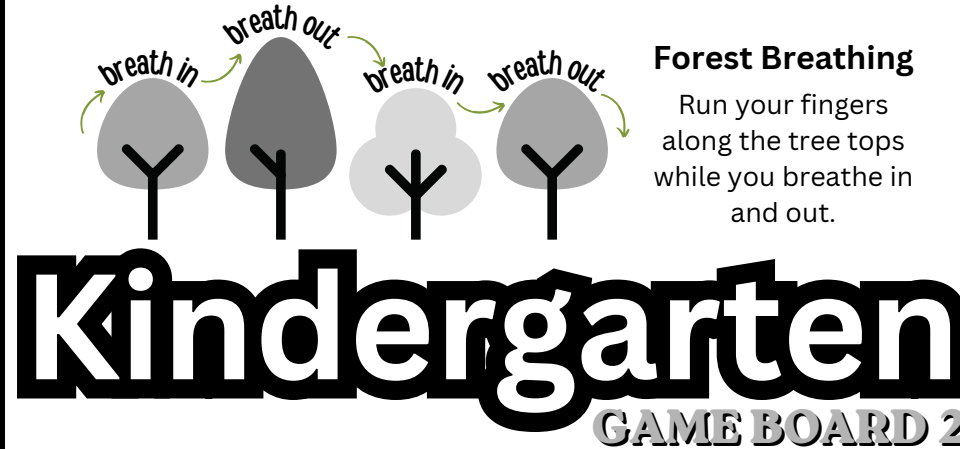
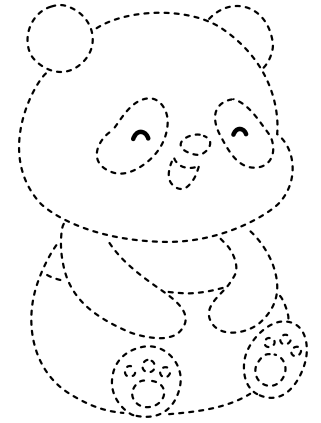


2 Write your name.

Trace each letter. Practice writing.



Trace the panda.



3 Find and circle all of the letter Mm, Tt and Hh:

t	D	H	s	d	t	M
T	s	c	r	S	t	v
s	M	t	x	m	k	m
o	h	g	i	d	a	h
H	m	w	t	q	T	o
m	z	O	l	s	f	t
g	T	a	h	n	M	s

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FUN FACT

What does a butterfly use to taste its food?

its feet.

4 Draw something your family does together in winter.