



RAMAPO HIGH SCHOOL

Weekly Bulletin October 19-23, 2026



Monday October 19th	Tuesday October 20th	Wednesday October 21st	Thursday October 22nd	Friday October 23rd
Day 4	Day 1	Day 2	Day 3	Day 4
PER 4: 8:20 - 9:16 AM	PER 1: 8:20 - 9:16 AM	PER 2: 8:20 - 9:16 AM	PER 3: 8:20 - 9:16 AM	PER 4: 8:20 - 9:16 AM
PER 1: 9:20 - 10:18 AM	PER 2: 9:20 - 10:18 AM	PER 3: 9:20 - 10:18 AM	PER 4: 9:20 - 10:18 AM	PER 1: 9:20 - 10:18 AM
PER 2: 10:22 - 11:18 AM	PER 3: 10:22 - 11:18 AM	PER 4: 10:22 - 11:18 AM	PER 1: 10:22 - 11:18 AM	PER 2: 10:22 - 11:18 AM
Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am	Lab 1: 11:18 - 11:38 am
UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM	UNIT LUNCH: 11:18 AM - 12:14 PM
Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm	Lab 2: 11:54 am - 12:14 pm
PER 6: 12:14 - 1:10 PM	PER 7: 12:14 - 1:10 PM	PER 8: 12:14 - 1:10 PM	PER 5: 12:14 - 1:10 PM	PER 6: 12:14 - 1:10 PM
PER 5: 1:14 - 2:10 PM	PER 6: 1:14 - 2:10 PM	PER 7: 1:14 - 2:10 PM	PER 8: 1:14 - 2:10 PM	PER 5: 1:14 - 2:10 PM
PER 8: 2:14 - 3:10 PM	PER 5: 2:14 - 3:10 PM	PER 6: 2:14 - 3:10 PM	PER 7: 2:14 - 3:10 PM	PER 8: 2:14 - 3:10 PM

Mark Your Calendar

- OCTOBER 19: CYBERBULLYING NEVER SLEEPS, BUT WE CAN STAND UP TO IT. WEAR YOUR PJS MONDAY.
- OCTOBER 20: WE ARE ALL ONE TEAM WORKING TOGETHER ON OUR CONFLICT RESOLUTION SKILLS. WEAR YOUR SPORTS JERSEY
- October 21: Don't let MICROAGGRESSIONS remain unseen. Wear your CAMOUFLAGE
- OCTOBER 23: GET SPIRITED ABOUT IMPROVING OUR SCHOOL CLIMATE. WEAR YOUR RAMAPO SCHOOL SPIRIT



Don't forget to
check out other
RHS news in
RAMPAGE
Click: [Rampage](#)

**ATHLETIC
SCHEDULES: Click
Athletics**



Follow Ramapo
Athletics on IG

Click: RHS Athletics





RAMAPO HIGH SCHOOL

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LEARN HOW TO
USE THE TV
STUDIO

**RAMAPO
BROADCASTING**

HELP PRODUCE THE
MORNING
ANNOUNCEMENTS &
OTHER SCHOOL
PROJECTS

EARN COMMUNITY
SERVICE HOURS

SEE MRS. EUSTICE IN ROOM 225
OR EMAIL OEUSTICE@RIH.ORG

ATTENTION PLEASE!

Ramapo High School
School Violence Awareness Week

During SVAW, schools are required to provide students, parents, school district staff, and law enforcement opportunities to discuss methods for keeping schools safe from violence, to consider school safety and security plans; and to learn how to recognize students in need of help. Check Schoology for daily topics, PSAs, and clothing themes. We look forward to your participation!

Monday 10/19: Cyberbullying never sleeps, but we can stand up to it. Wear your **PJs** Monday. 🛏️

Tuesday 10/20: We are all one **TEAM** working together on our **CONFLICT RESOLUTION SKILLS**. Wear your **SPORTS JERSEY** Tuesday. 🏆

Wednesday 10/21: Don't let **MICROAGGRESSIONS** remain unseen. Wear your **CAMOUFLAGE** Wednesday. 🦋

Thursday 10/22: Become an **UPSTANDER**. Stand out and wear your **TIE DYE** Thursday. 🌈

Friday 10/23: Get **SPIRITED** about improving our **SCHOOL CLIMATE**. Wear your **Ramapo SCHOOL SPIRIT**. 🍁

Ms. Mantashian, SAC & Mrs. Cornell, SAC

**HALLOWEEN MOVIE NIGHT
HOCUS POCUS**

Wed, 28 Oct, 6:30 pm
in the Auditorium

\$5 FOR ADULTS
\$2 FOR KIDS
CASH ONLY!!

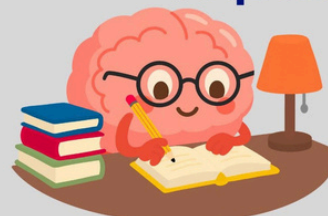
Snacks and Drinks Available



**NEED A TUTOR?
WE CAN HELP!**

Need help studying?
Want someone to read
over an essay?
Looking for help with an
assignment?

Scan the QR Code to
request a tutor.





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Ramapo School Store



OPEN AT LUNCH

Located in the Library Media Center

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CLOTHING:

- Short Sleeve T-Shirt \$15
- Long Sleeve T-shirt \$25
- Sweatshirt/Hoodie \$40

CANDY:

- Candy Bar \$2
- Gum 2 for \$1

SPECIALTY ITEMS:

- Lip Balm \$1
- Hair ties \$1
- Shout Stain Remover \$1
- Bracelet \$5
- Phone Pocket \$5
- Magnets \$5
- Spirit Sticks 2 for \$8



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🎷 Interested in Jazz Music? Join the Ramapo Jazz Band! 🎵
Do you play Trumpet, Trombone, Saxophone, Drums, Piano, Guitar, or Mallet Percussion? Are you a Vocalist interested in performing with a live jazz ensemble?

Come learn more about the Ramapo Jazz Band at our Interest Meeting on Wednesday, October 21st @ 3:15 PM in the Band Room, Room 414.

Please fill out the attached Google Form before the first meeting: <https://forms.gle/FFC28bRbx597Z9Q38>

Auditions:

The week of November 4th. Exact audition dates will be determined after the interest meeting based on the number of students auditioning for each instrument.

Regular Rehearsals:

Every Wednesday, starting November 11th, from 7-9 PM, unless otherwise noted.

Have questions? See Mr. Sloezen in Room 414 or email Esloezen@rih.org.

Can't make the interest meeting but still want to audition? Reach out!

Model UNITED NATIONS

Ramapo's Model UN team will hold its first official meeting of the year on Monday, October 19th in the Little Theater from 3:15-3:45 p.m.

Model United Nations is a great opportunity to develop your public speaking, research, and leadership skills while gaining valuable experience that will strengthen your college applications and prepare you for future success.

Join us to learn more about Model UN and the exciting events we have planned for this year.

SCHOOLLOGY CODE: 7ZP7-DZQJ-XS479

RAMAPO SCHOOL STORE

Improve people skills
Choose new merch
Help run and manage the store

Help Wanted

EARN COMMUNITY SERVICE HOURS

See Mrs. Eustice
in room 225 or
email oeustice@rih.org



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**Ramapo APTS Parent Memberships
2026-2027**

<https://my.cheddarcup.com/e/2026-2027-apt-memberships-copy-2627/items>

[Join the APTS! Click Here](#)

SEPTEMBER IS SUICIDE PREVENTION MONTH TEXT 988

988 Suicide & Crisis Lifeline

We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

It's okay to ask for help



Ms. Mantashian, SAC & Mrs. Cornell, SAC
jmantashian@rih.org & rcornell@rih.org

RIH SENIOR BUDDY PROGRAM SENIORS: BE A PART OF THIS LUNCHTIME PROGRAM DEDICATED TO BUILDING MEANINGFUL CONNECTIONS WITH SPECIAL EDUCATION STUDENTS!

Buddies will spend one or more lunch periods multiple times a month with students in our special education programs—building genuine connections, breaking down barriers, celebrating differences, and ensuring that every student feels seen, valued, and truly part of our school family.

♦ **Mission-** to create a culture where inclusion is not just encouraged, but lived- one friendship at a time!

[RIH Senior
Buddy Program
Survey](#)

Scan QR Code or go to link to fill out buddy form



REGISTER FOR BEST BUDDIES!

WHAT IS BEST BUDDIES?

BEST BUDDIES® IS A NONPROFIT 501 (C)(3) ORGANIZATION DEDICATED TO ESTABLISHING A GLOBAL VOLUNTEER MOVEMENT THAT CREATES OPPORTUNITIES FOR ONE-TO-ONE FRIENDSHIPS, INTEGRATED EMPLOYMENT AND LEADERSHIP DEVELOPMENT FOR PEOPLE WITH INTELLECTUAL AND DEVELOPMENTAL DISABILITIES (IDD).



BEST BUDDIES AT RAMAPO HS

THE BEST BUDDIES SCHOOL FRIENDSHIP PROGRAM IS A CLUB THAT PROMOTES INCLUSION ON CAMPUS BY PAIRING STUDENTS WITH AND WITHOUT INTELLECTUAL AND DEVELOPMENTAL DISABILITIES IN ONE-TO-ONE FRIENDSHIPS. EACH MONTH FEATURES FUN ACTIVITIES AND EVENTS, PLUS OPPORTUNITIES FOR LEADERSHIP, CREATIVITY, AND INCLUSION!



HOW CAN I JOIN?!

YOU CAN SIGN UP TODAY!
SCAN THIS QR CODE
OR VISIT WWW.BESTBUDDIES.ORG/JOIN



JOIN OUR SCHOOLGY GROUP!
USE THIS CODE TO JOIN:

WRH9 - RTMK-QTQ46



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2027 FACULTY ADVISORS & APTS PRESENT

CLASS OF 2027 SENIOR SUNRISE

OCTOBER 27, 2026

(RAINDATE OCTOBER 28, 2026)

7:00AM - 8:00AM

RAMAPO HIGH SCHOOL FOOTBALL FIELD

• DON'T FORGET TO WEAR YOUR SENIOR T-SHIRT •
OPEN TO ALL SENIORS.
LIGHT REFRESHMENTS WILL BE SERVED.

Ramapo High School APTS & Ramapo Class of 2029
present

AN EVENING WITH MEDIUM CATHERINE McCALL

JOIN PSYCHIC MEDIUM CATHERINE MCCALL FOR AN UPLIFTING AND INSPIRING GROUP READING EXPERIENCE. IN THIS GALLERY-STYLE EVENT, CATHERINE WILL CONNECT WITH LOVED ONES IN SPIRIT, DELIVERING MESSAGES FILLED WITH COMPASSION, HEALING, AND VALIDATION FROM THE OTHER SIDE. DRAWING ON OVER 17 YEARS OF EXPERIENCE AS AN INTUITIVE HEALER AND SPIRITUAL TEACHER, SHE CREATES A WARM, SUPPORTIVE SPACE WHERE ATTENDEES MAY RECEIVE PERSONAL CONNECTIONS AND FIND COMFORT IN THE MESSAGES SHARED. EACH MESSAGE IS DELIVERED WITH HEARTFELT LOVE AND SERVES AS A REMINDER THAT OUR LOVED ONES ARE ALWAYS NEAR.

ATTENDANCE DOES NOT GUARANTEE A READING.

THIS EVENT IS INTENDED FOR ADULT MEMBERS OF THE COMMUNITY. NO STUDENTS WILL BE PERMITTED TO ENTER.

Details:

Thursday, October 29th, 2026

Doors open 6:00 PM

Reading begins 6:30 PM

Ramapo High School Media Center

331 George Street

Franklin Lakes, NJ

\$50 Per Person

<https://my.cheddarup.com/c/an-evening-with-medium-catherine-mccall-parent-2244/items>



SIGN UP TO RACE

RAISE MONEY FOR CLASS OF 2030!

SUNDAY

DECEMBER | 6 | 9:30AM

RACE LOCATION: OVERPECK PARK
RIDGEFIELD PARK, NJ

\$10 PER ENTRY WILL GO TOWARDS
CLASS OF 2030

JOIN TEAM: RAMPAPOHS

*FIRST 20 GET A FREE PAIR OF SOCKS



PARENT STUDENT 5K TRAINING PROGRAM

RAISE MONEY FOR RAMAPO CLASS OF 2030

8 WEEK 5K TRAINING PROGRAM

BEGINS: OCT. 12, 2026

RACE DAY: DEC. 6, 2026 OVERPECK

PARK

\$20 PER SIGN FOR TRAINING PROGRAM, \$10 PER SIGN UP FOR RACE

REGISTRATION

BACK TO CLASS OF 2030

SIGN UP HERE

