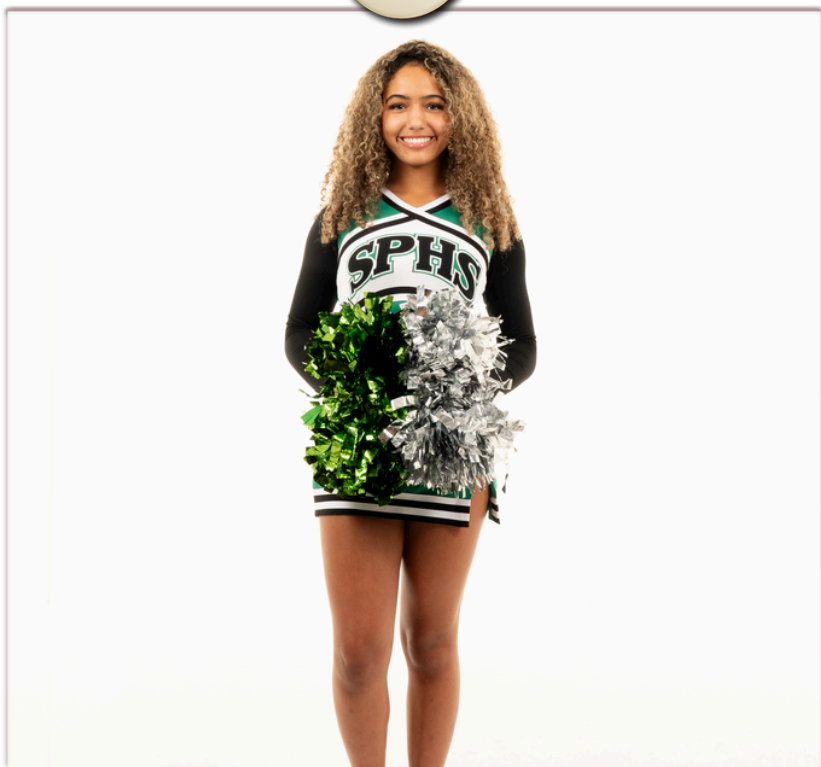


ATHLETE OF THE WEEK

Varsity Cheer



Kalani Butler

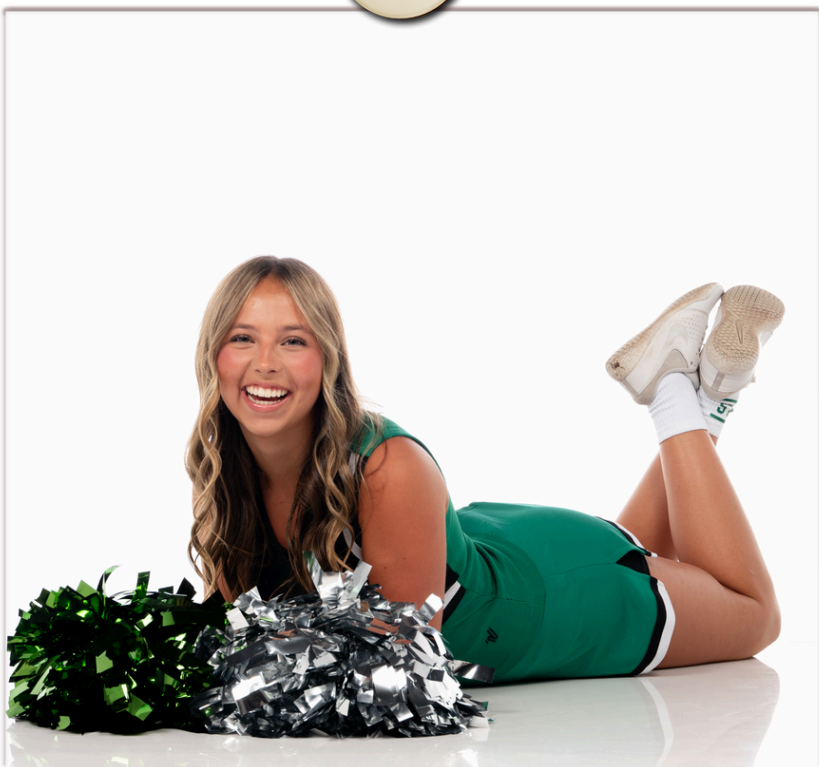
Kalani is one of our awesome back spots this year. She is so skilled at keeping things under control and in the air. She is supportive of her teammates and is always making sure the girls are having fun!

-Coach Anderson



ATHLETE OF THE WEEK

JV Cheer



Emma Fielding

Emma is very resilient and will push through adversity. She always has a positive attitude and keeps a smile on her face!

-Coach Liz



ATHLETE OF THE WEEK

Girls Cross Country



Lydia Kiper

Lydia has been working hard this season and her hard work shows on race day. She has made huge improvements to her 5k race time. Lydia demonstrates the highest standards of sportsmanship and never misses an opportunity to support a teammate. She is incredibly kind and encouraging to everyone around her (including her coaches). We are so grateful to have her on our team.

-Coach Dunn



ATHLETE OF THE WEEK

Band



Vivienne Nguyen

Viv works hard to make the band look great- whether it's online with our Instagram or helping with the backdrops or making her fellow seniors feel appreciated. She's a "behind the scenes" force for good on our team and we appreciate her so much!

-Mrs. Aucremann



ATHLETE OF THE WEEK

Swim & Dive



Amir Delbrune

Amir has truly embodied the meaning of team before self. After an outstanding freshman season in 2025, he entered 2026 with strong momentum from his offseason training. When a medical setback prevented him from contributing in the pool, Amir found other ways to make an impact. He remained committed to the team by attending practices, helping with operations and statistics, traveling to away meets, and consistently asking how he could support his teammates. Through his positivity, dedication, and selfless attitude, Amir has demonstrated exceptional character and what it means to put the success of the team ahead of individual circumstances.

-Coach Hansen



ATHLETE OF THE WEEK

Boys Cross Country



Sean Bailey

Sean is doing a great job being an example to hard work and perseverance. He is setting the tone during workouts and holding his teammates accountable to give their best effort. I am thankful to have him on the team.

-Coach Trunk

