

COUNSELING SYLLABUS

Mrs. Brittany Farris

COURSE OVERVIEW

K-5th grade will receive classroom guidance lessons during the special areas rotation. Lessons will be whole group and focus on social, academic, and career standards.

6th-8th grades will participate in Paxton Patterson Career Labs. These will be college/career standard focused lessons. Classroom guidance lessons can be requested by teacher/admin.

GRADING POLICY

Classroom Guidance does not receive a grade. Classwork is completed based on skills and use of strategies.

Paxton Career Labs work is graded through the program. Students must complete online work in order to complete hands on activities and showcase skills learned.

LATE/PLAGIARISM WORK POLICY

Paxton Labs will be completed at student pace. If absent, they will pick up where they last worked to complete modules. Answers are gained through module work. Must be completed by student before completing activities. Students can be removed from Labs due to behavior or not completing work.

Guidance skills/work are completed in class and reviewed throughout the year.

EXPECTATIONS

- 1 Be respectful of everyone
- 2 Participate and engage in lessons/ Complete Paxton Labs work
- 3 Follow directions and maintain positive behavior throughout sessions
- 4 Return items and clean room as needed

SUPPLIES

Paxton Career Labs
Consumables Wishlist

Counseling Room Wishlist

CURRICULUM

Curriculum is a mixture of teacher chosen social-emotional books and hands-on activities. Program will consist of room transformations and lectures for classroom guidance. Paxton Patterson Career Labs are online programs facilitated/monitored by teacher. Each module focuses on a career pathway.

STANDARDS

Tennessee School Counseling Standards

Academic Standards	K-2	3-5	6-8
Attitudes:			
AA1. Improve academic self-concept	✓	✓	✓
AA2. Display positive attitude toward work and learning	✓	✓	✓
AA3. Develop high expectations for achievement	✓	✓	✓
AA4. Apply self-motivation and self-direction to learning	✓	✓	✓
AA5. Model a sense of belonging in the school environment	✓	✓	✓
AA6. Build aspirations for postsecondary education and training	✓	✓	✓
Knowledge:			
AK1. Evaluate personal learning styles		✓	✓
AK2. Specify high school graduation requirements, including pathway of study			✓
AK3. Describe the benefits of education for career, life management, and personal and professional satisfaction	✓	✓	✓
AK4. Articulate belief that postsecondary education and life-long learning are necessary for long-term career success	✓	✓	✓
Skills:			
AS1. Use test-taking, time management, organizational, and study skills to improve academic achievement	✓	✓	✓
AS2. Successfully work independently	✓	✓	✓
AS3. Develop and practice effective technology skills	✓	✓	✓
AS4. Utilize resources to overcome barriers to learning	✓	✓	✓
AS5. Exhibit creativity	✓	✓	✓
AS6. Set, evaluate progress toward, and achieve long and short term goals	✓	✓	✓
AS7. Demonstrate critical thinking and decision making skills to make informed decisions	✓	✓	✓
Experiences:			
AE1. Experience academic growth and success	✓	✓	✓
AE2. Engage and persevere in challenging coursework		✓	✓
AE3. Create a secondary educational plan that includes transition to postsecondary education and the workforce			✓
AE4. Participate in enrichment or extracurricular activities			✓

Social and Emotional Standards	K-2	3-5	6-8
Attitudes:			
SA1. Develop positive attitudes toward self as a unique and worthy person	✓	✓	✓
SA2. Develop positive attitudes toward others as unique and worthy people	✓	✓	✓
SA3. Respect diversity in culture, perspectives, values, and experiences	✓	✓	✓
SA4. Recognize each person is a part of a diverse local and global community	✓	✓	✓
Knowledge:			
SK1. Develop and articulate personal values, attitudes, and beliefs	✓	✓	✓
SK2. Compare and contrast healthy and unhealthy behaviors	✓	✓	✓
SK3. Distinguish appropriate behaviors for a variety of settings and situations	✓	✓	✓
Skills:			
SS1. Make ethical decisions and practice social responsibility		✓	✓
SS2. Advocate for self in multiple settings using assertiveness skills	✓	✓	✓
SS3. Demonstrate empathy toward others	✓	✓	✓
SS4. Effectively collaborate with others, cooperate with diverse perspectives, and communicate effectively in a variety of situations	✓	✓	✓
SS5. Exercise personal safety skills, including refusal skills	✓	✓	✓
SS6. Assume responsibility for choices and consequences	✓	✓	✓
SS7. Positively manage behavior and choices by applying self-discipline and self-control	✓	✓	✓
SS8. Persevere through challenges to achieve goals	✓	✓	✓
SS9. Select and utilize appropriate coping skills in the face of a specific challenge	✓	✓	✓
SS10. Appropriately and effectively utilize social media to enhance learning, develop positive relationships, communicate, and engage in age appropriate entertainment		✓	✓
Experiences:			
SE1. Participate in service projects, service learning, and/or philanthropic activities	✓	✓	✓
SE2. Work effectively in diverse groups by developing, and employing, leadership and teamwork skills	✓	✓	✓
SE3. Explore cultural, ethnic, philosophical, or demographical differences in a safe, positive, and nurturing environment	✓	✓	✓
SE4. Create and sustain positive, supportive, and appropriate relationships with peers and adults that support success	✓	✓	✓

College and Career Readiness Standards	K-2	3-5	6-8
Attitudes:			
CA1. Develop and articulate postsecondary education and career aspirations	✓	✓	✓
CA2. Articulate that career development occurs across the lifespan	✓	✓	✓
CA3. Self-reflect on progress toward goals, display a growth mindset, and accept feedback to improve knowledge, skills, and abilities in order to meet goals	✓	✓	✓
Knowledge:			
CK1. Research and appraise characteristics of a variety of traditional and nontraditional occupations	✓	✓	✓
CK2. Articulate how personal abilities, skills, interests, and motivations influence values, choices, and plans	✓	✓	✓
CK3. Articulate the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace	✓	✓	✓
CK4. Research and summarize the education and training needed to achieve specified career goals		✓	✓
CK5. Examine and utilize resources for college affordability planning			✓
CK6. Research, select, and participate in postsecondary admissions and scholarship applications processes			✓
Skills:			
CS1. Develop skills to locate, evaluate and interpret career information	✓	✓	✓
CS2. Balance school, home, and community activities effectively			✓
CS3. Utilize internal and external resources to manage transitions and adapt to changing situations/responsibilities	✓	✓	✓
CS4. Communicate effectively using oral, written, and listening communications skills	✓	✓	✓
CS5. Set clear, ambitious, and obtainable postsecondary goals			✓
Experiences:			
CE1. Participate in career exploration activities	✓	✓	✓
CE2. Participate in postsecondary institution exploration activities	✓	✓	✓
CE3. Assess and modify educational plan to support changes in educational and career goals		✓	✓
CE4. Pursue and develop competency in areas of career interest	✓	✓	✓
CE5. Participate in college and career assessments	✓	✓	✓
CE6. Complete the FAFSA			✓

CONTACT INFO

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Counseling Referral Link

School Number: 423-626-3067

IMPORTANT DATES

- Sept. Suicide Prevention Month
- Oct. Bullying Prevention Month
- Oct. 5-11 Fire Prevention Week
- Jan. College and Technology Education Month
- Feb. 2-6 National School Counselor Week
- March American Red Cross Month
- April Stress Awareness Month
- May 4-8 Teacher Appreciation Week
- May Mental Health Awareness Month

Thank you so much for your assistance and cooperation during your child's educational journey. Please review this syllabus with your child and sign below. Feel free to contact me if you have questions. Please sign and return this portion. Thank you.

"I have reviewed this syllabus with my child and understand the requirements of the course."

Student's Name: _____

Student's Signature: _____ Date: _____

Parent's Name: _____

Parent's Signature: _____ Date: _____