

October 16th, 2026

SHMS Friday Flyer

We Believe & You Belong



"Today's laughter, tomorrow's leaders. The little moments are shaping big futures!"

Principal Message

Grizzly Families,

It was great seeing the families who attended conferences this week. Following Homecoming with a professional development day and conferences, things have been busy around here!

Today we reviewed some common classroom norms that are relatively consistent across schools (i.e. safety, raising hands, focusing on the subject matter). We will continue to do this so that learning remains the purpose for classes and as the focus for our students and staff.

As always, reach out to our office with any questions, concerns, or feedback. Thank you!

-Tony Moser, (509) 447-2426 mosertony@newportgriz.com

Athletic Avenue

[Football](#) [Softball](#) [Cross Country](#)

Athletic Director: [Brandon McDaniel](#)

Events

Thurs., Oct 22:

- Class Pictures & Retakes- Picture ID: EVTH7X26Q
- New Health Dental Bus: [Mobile Dental Registration Form](#) Register online today!
- 6th-8th school Dance, 3-5 pm

Wed., Nov. 10: K-12 Veterans Day Assembly

Wed., Dec. 9: Band Concert @ 6pm

Fri., Dec. 11: Grandparents' Day (times TBD)

NEW  Health

MOBILE DENTAL CARE - RIGHT AT SCHOOL

The NEW Health Mobile Dental Clinic is coming to your school!

Newport School District

Thursday, October 22nd

Services on the Mobile Clinic



Tooth Cleanings



X-Rays



Tooth Exams

To schedule your Child for convenient dental care on the mobile, please complete the form by scanning the **QR Code** or visit newhealth.org/MobileDentalForms

Forms are also available at your school.



509.935.6004 Option #2

Counselors Corner

The SHMS Student Support [Website](#) is updated monthly with resources and fun activities for students and families.



Grizzly Photos of the Week



Other Flyers

2nd Annual Community STEM Event

PEND OREILLE EVENTS

SCIENCE FAIR

LOCATED AT STRATTON ELEMENTARY SCHOOL

Open to all Pend Oreille County & Idaho students (Grades K-12)

October 23, 2026

PUBLIC VIEWING FROM 3:00PM - 6:00PM

TRUNK OR TREAT IN THE PARKING LOT!
Hosted By STRATTON PTO!

INSPIRING YOUNG MINDS THROUGH SCIENCE!

FREE EVENT

- For signing up and full details, please visit: www.pendoreillevents.com/science-fair
- Final sign-ups by October 5, 2025
- Awards per grade band: K-1, 2-4, 5-8, 9-12
- Grand Prize Winner!

Project Ideas:

- Chemistry experiments
- Engineering builds
- Environmental studies
- Robotics or coding
- Biology research
- Physics demonstrations

LIVE SCIENCE SHOW at 4:30pm!
Don't miss your opportunity to participate!

Questions or want to help: www.pendoreillevents.com
PROJECT PRE-APPROVAL REQUIRED

Science Fair

CONFIDENCE IS A SKILL.

WE TEACH GIRLS HOW TO BUILD IT.

Register for FREE access

USE CODE: [girls.org/register](https://www.girls.org/register)
GROWTHMINDSET100

A CONFIDENCE PROGRAM FOR MIDDLE SCHOOL GIRLS

The ZGIRLS Confidence Program is a 4-week online confidence-building course led by Olympic and pro female athletes. Girls ages 11-14 learn to:

- Develop a growth mindset
- Build self-worth
- Take on challenges
- Advocate for themselves

"ZGIRLS taught me I don't always have to be perfect."
Leah, age 14

THE ZGIRLS IMPACT

- 90% of girls gain a more positive self-image
- 6K+ girls supported nationwide
- 50+ Olympic & pro female athlete mentors

ZGirls Ages 11-14

YOUTH ADVISORY COUNCIL

YES is looking to put together a representative group of young people, designed to empower youth to voice their perspectives, advise decision-makers, and develop leadership skills!

WHO CAN JOIN?

We are looking for 5-7 students, ranging in ages from 12-16, who attend Sade Halstead Middle School, Newport High School, & Pend Oreille River School.

TIME & PLACE

Students will meet at least once a month at the District Office to discuss civic engagement & explore ways to participate in local decision making that impacts their communities.

YES'S ROLE

YES Advocates will act as advisors, supporting youth as they navigate the systems and services they are working with.

WHY SHOULD YOU JOIN?

- Want to make a difference in the world?
- Want to use your voice to create change?
- Start local! Join YAC!

INTERESTED? CONTACT YES!

- 509.447.1125
- YES@POC
- YES of Pend Oreille County
- www.yesteensupport.com
- 229 N. Calispel Ave. Newport, WA 99156
- Monday-Friday 9:00 am - 4:30 pm

Daybreak Health

When Going to School Feels Hard

Simple ways to support your child through difficult school mornings.

Some children may cry at drop-off, complain of stomachaches, ask to stay home, or become upset as the school day gets closer. These behaviors can sometimes be connected to anxiety or worries they don't yet know how to explain.

In this short video, a licensed Daybreak clinician shares **practical ways to help your child feel supported** while building confidence going to school.

In this short video you'll learn how to:

- Get to the root causes of school avoidance
- Validate feelings while setting expectations
- Take small steps that makes going to school easier
- Recognize when extra support may help

Click or scan to watch!

[Watch video](#)



Daybreak Teletherapy for Families

Our district is proud to partner with Daybreak Health to **offer teletherapy for students ages 5-19 at no cost to families**

[Submit a Care Request](#)

<https://care.daybreakhealth.com/patient/login>

Part of Daybreak's Monthly Parent Bite-Sized Parent Education Series

Daybreak Health

When Your Teen Is Struggling to Go to School

Simple ways to support your teen when school feels overwhelming.

School can feel overwhelming for many reasons – academics, friendships, social pressure, a particular class, or anxiety that may be hard for your teen to put into words.

This month, a licensed Daybreak clinician shares **practical strategies for helping teens get back to feeling confident in going to school**.

In this short video, you'll learn how to:

- Get to the root causes of school avoidance
- Validate feelings while setting expectations
- Work with your teen to provide support
- Recognize when extra support may help

Click or scan to watch!

[Watch video](#)



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Part of Daybreak's Monthly Parent Bite-Sized Parent Education Series



Sadie Halstead October 2026 Events



Sun	Monday	Tuesday	Wednesday	Thursday	Friday	Sat
				1 Softball @ Riverside 4:00	2	3
4	5 Dress up as a meme	6 Baby VS. Senior Citizen dress up Football VS. Highland 4:00	7 8th Grade Unlock Your Future Field Trip @ the HUB Dress as a celebrity Softball @ Medical Lake 4:00 PTO meeting 2:45	8 Dress for your future career or suits and ties Softball vs. Northwood @ 4:00	9 Dress in Grizzly gear or Red & Black Homecoming parade & game	10
11	12 No School PD Day	13 Scholastic Book Fair Begins Football @ Medical Lake 4:00 Cross Country @ Mountainside 4:00 Softball @ Colville 4:00	14 SHMS conferences 3:15-7:15	15 SHMS conferences 3:15-7:15 Softball vs. Riverside 4:00	16	17
18	19	20	21 Football VS. Deer Park 4:00	22 Class pictures & Photo Retakes Picture ID: EVTH7X26Q	23 Aces Assembly 9:13-9:35	24
25	26	27	28	29	30	31 Halloween