November High School Lunch Menu

Meal Prices
Student: $0.00
Adult: $6.00
Milk: $0.75
Second Entree: $2.75
Second Meal: $4.25

Daily Offerings: • Beef, Chicken, and Vegetarian Nachos • Beef Teriyaki Bowls • Beef and Chicken Rice Bowls • Crispy or Spicy Chicken Sandwich • Cheese Stuffed Breadsticks with Marinara Sauce • Cheese, Beef Pepperoni ,or Specialty Pizza • Hamburger, Cheeseburger, or Vegan Patty •Peanut Butter and Jelly Sandwich • Variety of Deli Sandwich • Variety of Prepared Salads

Monday	Tuesday	Wednesday	Thursday	Friday
2 Turkey Kielbasa Orange Chicken Bowl with Brown Rice	3 Crispy or Spicy Popcorn Chicken with Waffle Fries General Tso's Chicken Bowl with Fried Rice	4 Cheese Quesadillas or Cheese and Chicken Quesadilllas Orange Chicken Bowl with Brown Rice	5 **Monthly Featured Entree** Columbia River Steelhead with Waffle Fries General Tso's Chicken or Tofu Bowl with Fried Rice	6 Beef Bulgolgi Bowl with Brown Rice Orange Chicken Bowl with Brown Rice
9 Toasted Cheese Sandwich Orange Chicken Bowl with Brown Rice	10 Beef Gyro or Falafel Bowl with Wafffle Fries and Flatbread General Tso's Chicken Bowl with Fried Rice	11 No School Today	12 Chicken Parmesan Pasta Bowl General Tso's Chicken or Tofu Bowl with Fried Rice	13 Korean Chicken Bowl with Brown Rice Orange Chicken Bowl with Brown Rice
16 Chicken Corn Dog Orange Chicken Bowl with Brown Rice	17 Brunch for Lunch French Toast with Chicken Bites General Tso's Chicken Bowl with Fried Rice	18 Lemongrass Chicken or Tofu Orange Chicken Bowl with Brown Rice	19 Cheesy Pesto Pasta or Chicken Pesto Pasta General Tso's Chicken or Tofu Bowl with Fried Rice	20 Fish Sandwich with Waffle Fries Orange Chicken Bowl with Brown Rice
23 No School Today	24 No School Today	25 No School Today	26 No School Today	27 No School Today
30 Crispy or Spicy Chicken Tenders Orange Chicken Bowl with Brown Rice				

= Vegetarian Item =Vegan Item

=Pork Item

Lunch includes one entree, choice of milk and a variety of unlimited fruits and vegetables. Students **must** choose at least 1/2 cup fruit or vegetable.

Menu is subject to change.

To manage your student's meal account and to access nutrition and allergy information, log onto:
https://www.schoolcafe.com/BEAVERTONSD

This institution is an equal opportunity provider.