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OCTOBER 16, 2026

THE FRIDAY FLYER

Weekly Newsletter of Freeman High School

509-291-3721

PRINCIPAL'S MESSAGE

Hello Scottie Parents/Guardians/Families!

Although our mornings have been a little chilly this week, Freeman students continue to bring the sunshine! From the athletic fields to the classroom and beyond, our Scotties are working hard, supporting one another, and finding success. All of our athletic teams continue to put in the work and achieve great success as regular season play winds down.

Our Knowledge Bowl team earned its first win of the season in an intense competition against Liberty and Valley Christian, and five of our FFA members participated in a new event for Freeman FFA: State FFA Rangeland Management Career Development. In this competition, students put their knowledge and skills to the test through hands-on activities involving range plant identification, rangeland conditions, ecological sites, and habitat suitability for livestock and wildlife. Competing against 12 teams from across Washington, our team earned an impressive fourth-place finish! A special congratulations to Connor Durrant, who placed seventh overall as an individual. We are proud of these students for representing Freeman so well!

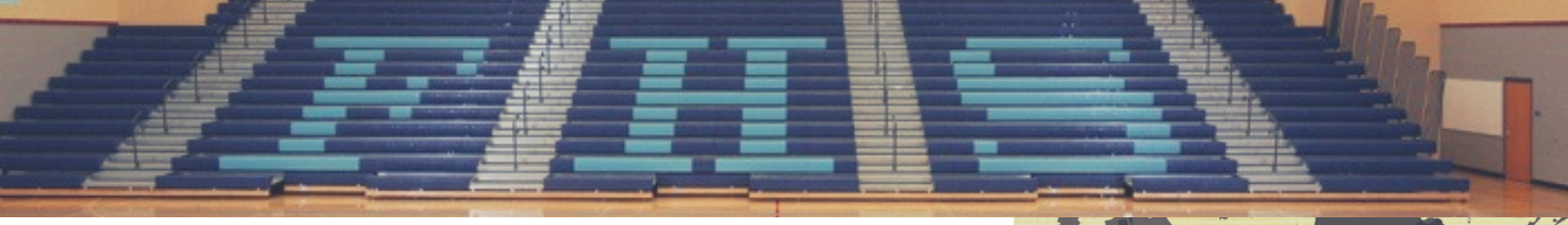
Looking ahead, student/parent/teacher conferences are coming up October 22 and 23! These conferences are an important opportunity to connect with your student's teachers, celebrate successes, ask questions, and discuss ways to support continued academic growth. I strongly encourage every family to schedule a conference and take advantage of this valuable time with our educators. It's not too late to get on the schedule!

Go Dawgs!
Jeff Smith, Principal

Freeman School District does not discriminate in any programs or activities on the basis of race, ethnicity, creed, religion, color, national origin, honorably discharged veteran or military status, sexual orientation, gender expression, gender identity, homelessness, immigration or citizenship status, the presence of any sensory, mental or physical disability, neurodivergence, or the use of a trained dog guide or service animal by a person with a disability and provides equal access to the Boy Scouts and other designated youth groups. The following employee has been designated to handle questions and complaints of alleged discrimination: Civil Rights, Title IX, and Section 504 Compliance Coordinator: Lisa Phelan, lphelan@freemansd.org, 509- 291-3695, 15001 S Jackson Rd. Rockford, WA 99030

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PARENT/TEACHER/STUDENT CONFERENCES ARE COMING

Parent-Teacher-Student Conferences will be held Thursday and Friday, October 22nd and 23rd. There will be NO SCHOOL on these days. This is an opportunity to meet with teachers about your student's academic progress, and regardless of whether you have a concern or just some questions about your student's progress, please consider meeting with teachers on one of these two days as partners in education. You can schedule individual teacher conferences now through Family Access. (Go to Conferences > All Conferences > Select a Time). Or, if you would like a group conference with all your students' teachers together, please use this link. If you have any questions regarding conferences, please email rclark@freemansd.org or call the office at 509-291-3721. If you'd like to sign up to bring meals for the staff, please see page 12 for details.

SENIORS - IT'S TIME TO ORDER YOUR GRADUATION CAP & GOWN

Jostens was here this last week to hand out order packets to all seniors. If your senior did not bring home a packet, we have more in the office.

Jostens will return on October 20th to collect the completed packets. You can also order your cap, gown and tassel online here.





FHS ATHLETICS UNIFORM SALE!

Come out to the Senior Night Football Game tonight and grab a piece of Scottie history! FHS Athletics will be selling retired uniforms, including jerseys from baseball, soccer, volleyball, basketball, and track, along with basketball backpacks and cheer warm-up jackets and pants. All items are just $5 or $10 each! Cash, card, and checks will be accepted.



OCTOBER 21ST
PSAT Test 10th-11th Grade

OCTOBER 22ND - 23RD
Parent-Teacher Conferences - NO SCHOOL

NOVEMBER 4TH
LATE START FOR STUDENTS - 10:15am

NOVEMBER 10TH
Veteran's Day Program - 9:30am

NOVEMBER 11TH
NO SCHOOL - Veteran's Day

NOVEMBER 16TH
Winter Sports Begin

NOVEMBER 23RD-27TH
NO SCHOOL

DECEMBER 2ND
LATE START FOR STUDENTS
Winter Sports Team Photos

DECEMBER 14TH
Band/Choir Winter Concert - 7pm



WHAT'S UP?

Would you like to read about what's happening at the elementary or middle school? Get caught up with their Friday newsletters here:

FES
FREEMAN ELEMENTARY

FMS
FREEMAN MIDDLE SCHOOL



FREEMAN HIGH SCHOOL

ANNUAL VETERAN'S DAY *Assembly*

The Freeman Community and special guests are invited to join the Freeman School District for a program to honor those who have served our great country!

TUESDAY

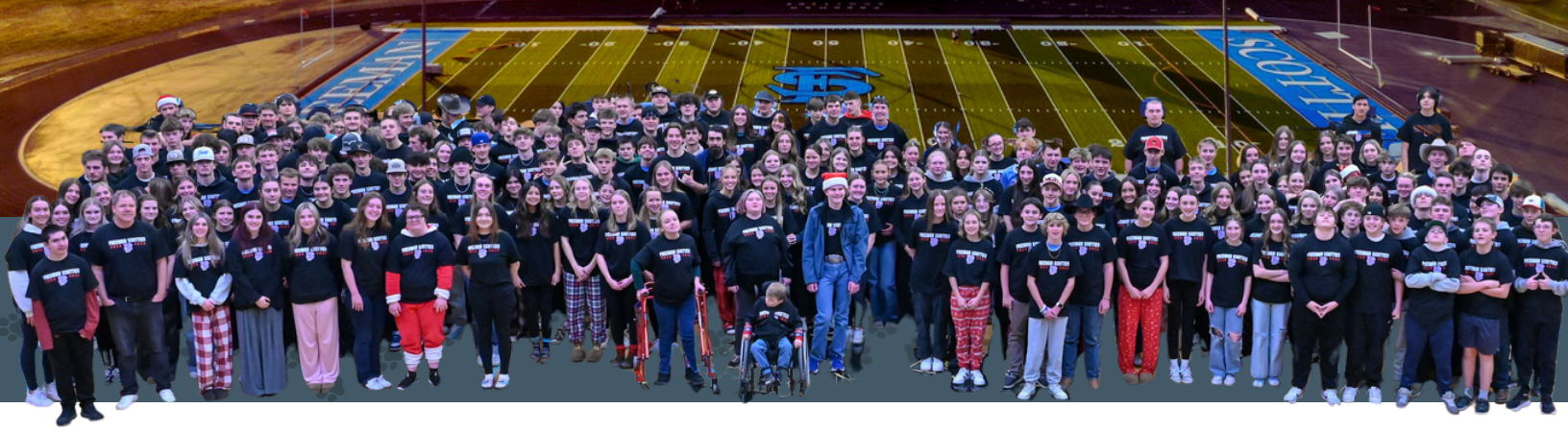
NOVEMBER 10TH, 2026

CONTINENTAL BREAKFAST:
8:45AM - 9:15AM

PROGRAM BEGINS:
9:30 AM

If you have pictures of your family members who have served in the military and would like them included in our slideshow, please send your submissions to:
emma.dreyer@goscotties.com,
briley.snyder@goscotties.com OR
kmonasmith@freemansd.org

Be sure to include the following information:
Name, Branch, Years Served, Relation to Freeman, Any Honors or Medals Received, Photo



Save the Date!

FSD

CURRICULUM AND INFORMATION FAIR

4:30- 6:30 PM
Thursday, October 22

Join us in the K-8 MPR and the FHS Library for an open house to preview curricula that are of interest to our community including:

- Freeman Connect Ed (6-12)
- Social-Emotional Learning (K-12)
- Sexual Health and Education (4-12)
- Suicide Prevention (6-12)
- Bullying Prevention (TK-12)
- Title/ LAP Reading Intervention (K-3)







WSU INSTANT DECISION DAY RECAP

October 9th was WSU Instant Decision Day. These seniors filled out their application and found out they were accepted right on the spot! Thank you WSU & congratulations!













IMPORTANT COLLEGE & CAREER READINESS DATES:

- FAFSA is now open for the 2027-28 school year
- October 28: Arizona State University here at lunch
- November 19: EWU Instant Decision Day 12:15 - 1:15pm

COLLEGE CAREER readiness



Upcoming Sports

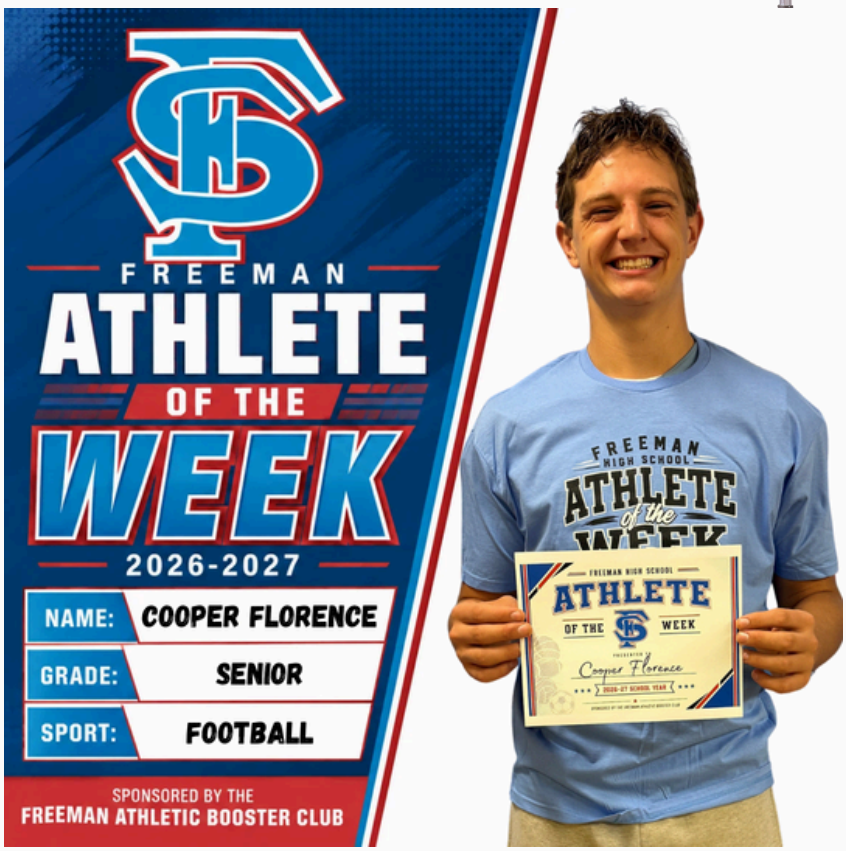
10/16 - Varsity vs. Kettle Falls 7pm (SENIOR NIGHT)
10/19 - JV @ Medical Lake 5pm
10/23 - Varsity @ Newport 7pm

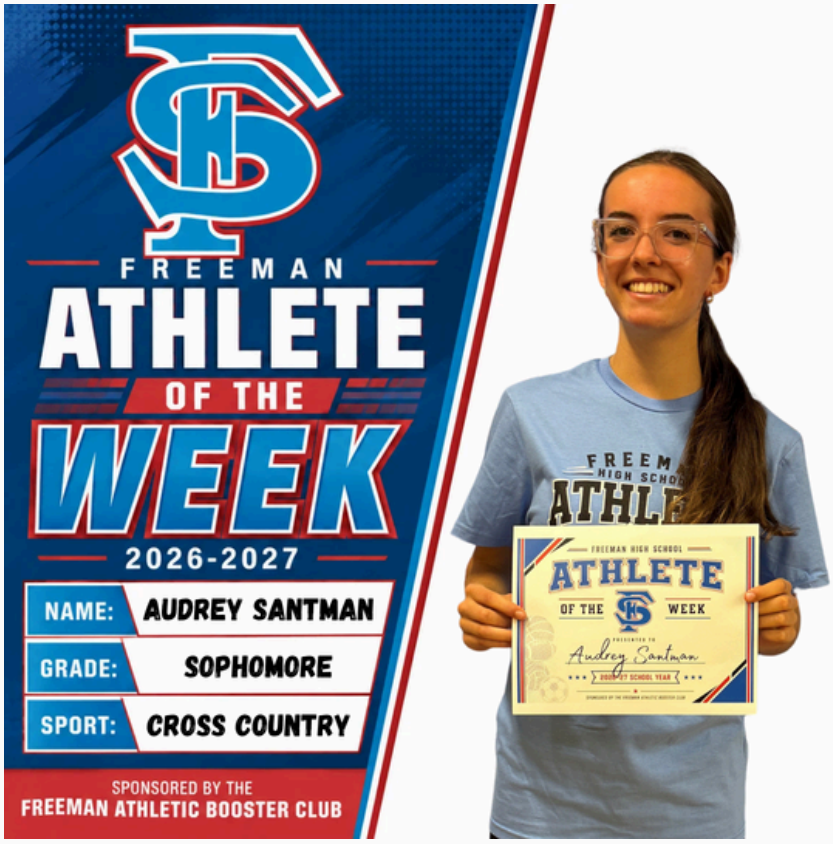
10/20 - @ NWC 3pm
10/22 - @ The Hub vs. Chesterton 4:30pm

10/19 - @ Gar/Pal JV/C-4:30pm, Var - 6:30pm

CROSS COUNTRY

10/17 - League Championships in Chewelah 11am
10/24 - JV League Race @ Liberty 11am





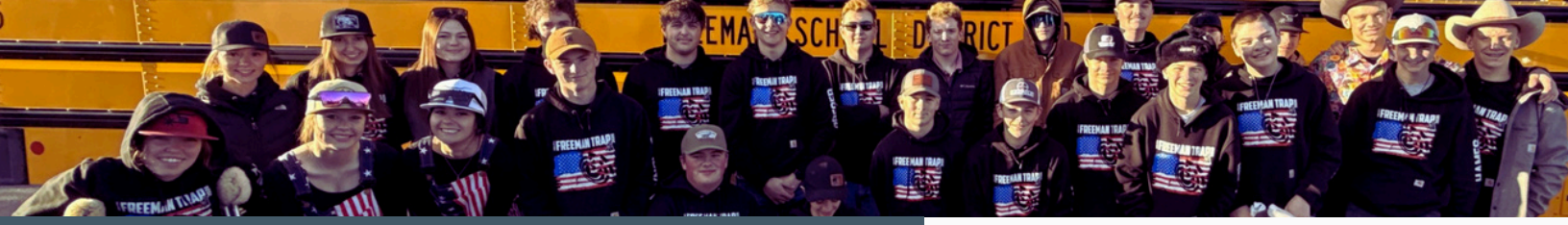
Sports Links:

FINALFORMS
CLICK HERE
to Complete Your Online Forms

GOFAN

Pay Fines/Fees

goscotties.org
athletics website



Daily Happenings & General Information

We understand that communication is key. Our primary form of communicating with you as parents/guardians is through this Friday Flyer each week. Here is some basic FHS details...

BELL SCHEDULES

Every Friday

Regular Schedule		
1	8:15 -- 9:02	47 min
2	9:06 – 9:53	47 min
SCOTTIE BREAK	9:53 – 10:01	8 min
3	10:04 – 10:51	47 min
4	10:55 – 11:42	47 min
5	11:46 – 12:33	47 min
LUNCH	12:33 – 1:03	30 min
6	1:07 – 1:54	47 min
7	1:58 – 2:45	47 min

AM Activity Schedule		
1	8:15 – 8:57	42 min
2	9:01 – 9:43	42 min
SCOTTIE BREAK	9:43 – 9:51	8 min
3	9:55 – 10:37	42 min
4	10:41 – 11:23	42 min
5	11:27 – 12:09	42 min
ACTIVITY	12:13-12:43	30 min
LUNCH	12:43-1:13	30 min
6	1:17 – 1:59	42 min
7	2:03 – 2:45	42 min

Late Start Schedule		
1	10:15 – 10:46	31 min
2	10:50 – 11:21	31 min
3	11:25 – 11:56	31 min
4	12:00 – 12:31	31 min
LUNCH	12:31 – 1:01	31 min
5	1:05 -1:36	30 min
6	1:40 – 2:11	31 min
7	2:15 – 2:45	30 min

ATTENDANCE LINE

Please email fhsoffice@freemansd.org or call our main phone line at 291-3721 if your student will be absent/tardy or leaving early on any given day. If we do not receive an email, note, or a call your student's absence will remain unexcused.

BREAKFAST/LUNCH

We are operating under the standard National School Lunch guidelines, which means students pay for meals unless qualifying for Free/Reduced prices. The application is included in your online registration for returning students so please complete all forms ASAP. Instructions on how to apply here.

SCOTTIE BREAK We offer Scottie Break at the High School. A light snack will be available for students to purchase from 9:53am - 10:01am. Cost: $2.50

LUNCH - served at the High School in the MPR. Cost: $4.20. Click image for menus.

Menu

ACTIVITY BUS

We have an Activity Bus that runs after sports M-F for the first two weeks of Middle School Sports Seasons and then M-Th the rest of the year. Bus departs at 5:25pm. Questions on more details, call the Transportation Department at 291-5555.

FREEMAN SCHOOL DISTRICT #358

Culture and Climate Student Survey Information

October 16, 2026

Dear Freeman Families,

As part of our ongoing commitment to providing a safe, supportive, and engaging learning environment for every student, our school district will soon be administering the FSD Culture and Climate Survey to students in grades 4 through 12.

Purpose of the Survey

The FSD Culture and Climate Survey gathers valuable insights directly from our students regarding their experiences, sense of belonging, and feelings of safety and support at school. Results from this survey will be analyzed alongside data from corresponding parent and staff surveys to provide a complete picture of our school environment.

Together, this information helps us ensure our practices directly align with our district's three strategic goals:

1. Strengthen a cohesive TK-12 system by aligning our practices, expectations, and student experiences across all schools.
2. Build a culture of belonging through strong relationships, collaboration, and respectful communication.
3. Strengthen our Multi-Tiered System of Supports (MTSS) to ensure every student receives the academic, behavioral, and social-emotional support they need to thrive.

Survey Details

- ***Time Commitment:*** The survey is brief. It will be given in class the week of October 26-30, 2026. It will take students no more than 15 minutes to complete.
- ***Privacy & Anonymity:*** All responses are completely anonymous. No individual student responses or identifying information will ever be connected to the results.
- ***Preview the Survey:*** A copy of the survey questions are available digitally for your review.

Questions or Opt-Out Information

Student participation is highly valued as we continuously work to make our schools a better place for all learners. However, taking the survey is voluntary. **If you have any questions, would like to preview the survey or if you prefer that your student not participate in the FSD Culture and Climate Survey, please contact your Stacey Rawson, FSD Student Services Director at 509-291-4791 or srawson@freemansd.org prior to October 26, 2026.**

Thank you for your partnership, support, and dedication to our Freeman community!

Lisa Phelan
Superintendent
Freeman School District

Student HIGHLIGHTS









NACAC NATIONAL college fair

On October 13th, our juniors and seniors headed to the Spokane Convention Center for the NACAC National College Fair to explore college options, connect with admissions representatives and learn about opportunities beyond high school. We love seeing our students take steps toward their futures and discover what's possible.

Student HIGHLIGHTS







On Tuesday, October 13th, five students traveled to Ellensburg to compete in the State FFA Rangeland Management CDE. The team placed 4th out of 12 teams and Connor earned 7th as an individual. They qualified for the National FFA competition on November 4th in Utah. Congratulations to the team!

Student HIGHLIGHTS

FBLA

Future Business Leaders of America



32 Freeman H.S. FBLA members attended the NE Region's Fall Conference on Thursday. Students had the opportunity to hear from various business leaders around the Spokane area, network with over 300 other students from NE Region schools, and start to plan for the upcoming competition season!

FREEMAN SCOTTIES PTSG

CONFERENCE MEALS

OCTOBER 22 & 23

Help us treat our amazing teachers & staff!

Every donation helps us provide a wonderful conference meal.





SCAN TO DONATE

COMMUNITY MEAL PARTNERS

Dave's Hot Chicken and Hops n Drops are generously providing discounted meals, helping every donation go further!



DAVE'S HOT CHICKEN

HOPS n DROPS
A Neighborhood Gathering Place

